

**Thirty-three Sacred Steps or Landmark Initiations  
on the Path of the Ascension  
Serapis Bey through David Christopher Lewis  
November 10, 2021**

1. Experience the baptism by water—a sacred cleansing of past karmic records
2. Exhibit immediate and complete obedience to your just parents, teachers and gurus
3. Believe in God—the Creator, the Source of all life
4. Study to show yourself approved unto God (2 Timothy 2:15)
5. Be willing to leave your family to follow a guru or spiritual teacher
6. Fast to rid self of lesser desires
7. Consecrate your life to a High Ideal
8. Have loving personal and family relationships as an adult
9. Enter a co-creative relationship and state with God
10. Breathe with the Holy Spirit the breath of life; engage in pranic or solar breathing
11. Quiet your monkey mind and master the art of meditation
12. Balance and become the master of your four lower bodies and the four elements
13. Balance your three-fold flame
14. Fulfill your mission in life—your dharma or divine plan
15. Master your psychology, resolving all subtle emotional and mental issues
16. Forgive everyone and everything on a continual basis
17. Love all life freely
18. Transmute at least 51% of your karma and preferably 100%
19. Let go of the world and all its illusions
20. Cleanse and master your vision center and hold the immaculate image for all life
21. Enter and remain in the non-dual state of oneness and non-judgment
22. Release all human attachments and desires
23. Experience the Holy Spirit's baptism by fire
24. Realize/master the twelve (12) major virtues (as shared in the cosmic clock teachings)
25. Surrender completely to God's Holy Will and surrender the lesser self or human ego
26. Confront evil head-on. Follow Jesus by declaring: "Get thee behind me, Satan!"
27. Completely cast out your dweller on the threshold
28. Pass on to others a mantle of light and divine consciousness
29. Consciously develop your Merkabah, your deathless solar body or eternal light body
30. Become sun-like and experience the transfiguration
31. Allow the crucifixion of the human self
32. Overcome death through the resurrection
33. Experience the ascension and complete union with God