

**Babaji:**  
**A Teaching on Self-Fulfillment, Self-Actualization,  
Self-Realization, and Self-Mastery**

(The Hearts Center)

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**F.A.R.M.**

Self . . . *Fulfillment, Actualization, Realization, Mastery*

**Fulfillment**

Karma, Divine Plan, Work through Giving, Vows

**Actualization**

Talents, Gifts, Love Practically Applied, Light

**Realization**

True Self, Higher Self, Sonship, Buddha Nature, Oneness

**Mastery**

Thoughts, Feelings, Words, Deeds, Bodies, Memory