

Important Reminders for The Path

Choose to serve God and do His Will each day.

- Do not blindly follow everyone else. Follow your own heart and allow God to illumine and guide you to Truth & Freedom instead of Untruth & Slavery.
- Surrender all human desires, expectations, and attachments.
- Always flow with the Holy Spirit by being detached, flexible, and free in a joyful and peaceful space.
- Fully accept the Will of God no matter what happens, and always be grateful.
- Be as a little child, and let God surprise you!

Live harmoniously with the Purity, Perfection, & Rhythm of God's Creation.

- Mankind
- Animals
- Mother Nature
- Earth
- Solar System
- Galaxy
- Universe
- Cosmic Cycles / Time
- Cosmic Beings / Ascended Masters

Let them come and find you empty.

(i.e., Fallen Ones, Satanists, their wicked seed, and those who are still “of the world”)

- Surrender the carnal mind and stay in the heart.
- Maintain peace and harmony by persistently working to clear and calm the solar plexus.
- Do not tolerate ANY impure energies in the chakras.
- Observe every thought, feeling, word, and deed that brings attention to the human ego and then surrender it.
- Always have a pure motive.
- Be selfless and self-effacing.
- Cleanse the Four Lower Bodies of everything that is less than God's Purity.

Remember these ideas to “see” more clearly.

- The Matter Universe acts like a Mirror and reflects back to us the very energies that we express . . . positive or negative / pure or impure.
- Everything is *Energy / Vibration / Light / Consciousness*.

- To change our “Outer World”, we need to change our “[Inner World](#)” first.
- The only “Real” aspect of the world around us is Mother Nature, and even that is impermanent. Our five senses are extremely limited and only experience a fraction of Reality and God’s Creation.
- Our physical bodies are “biological machines”; we are not our bodies, our thoughts, or our feelings. [We are Infinite Consciousness](#). We are Spiritual Beings who are living on Earth in the three-dimensional world to individually progress and to help others do the same.
- We need to keep our bodies healthy and strong, but they are only Vessels and are not our True Selves. We should not spend too much time focusing on them. It is similar to keeping our vehicles in good condition so that we can drive them whenever we need to go somewhere. We do not spend all of our time focusing on the vehicles; they are just “instruments” for our use to do greater things.
- We must surrender ALL of our beliefs, opinions, limiting ideas, negative habits, addictions, and old momentums in order to rise higher on the Spiritual Path. We must remain detached, open-minded, and always in search of Truth.
- The Old World is dying (and will soon be gone forever). A New World is already beginning. Everything is going to change, so we cannot allow ourselves to hang on to anything. We must let go and simply flow with the Holy Spirit into the [New Age of Love & Freedom](#).
- The New World will be based in the Heart, whereas the Old World was based in the human mind / emotions. We must surrender the human intellect with its duality and limitation by going within the Heart to follow our intuition and flow with the Unlimited Potential of Infinite Consciousness.
- We must also be willing to say, “I do not know.” It is fear, doubt, pride, ignorance, and/or attachment that will not allow people to say it. Beliefs bring false comfort and stop the search for Truth. We should be so “on fire” to know the Truth that we cannot eat or sleep and do not even want to live unless we get it. Mere curiosity or wanting information in order to sound intelligent to others is not a part of the Path of the Seeker of Truth. To say, “I do not know.” means that we are honest, humble, childlike, and open to the wonderful Mysteries of God & Creation. Forming beliefs (and being attached to them) hinders The Path. This is especially true when we have no idea what we are even talking about . . . when we are using limited, biased, and/or inaccurate information to draw conclusions . . . or because other people tell us that something is true and we blindly accept it. It also makes us look foolish . . . even if we do not realize it. A Cup that is already full cannot be filled with something new, higher, and better. We must let it all go, and God will bless us with Truth!

The world currently around us is an illusion; it is “Unreal”.

- The artificial, superficial, technocratic society around us is nothing more than a “complex system of control” that is designed to prevent us from BEing in alignment with God’s Will, living in harmony with His Creation, BEing who we truly are, fulfilling our Spiritual Missions, and establishing a Golden Age Civilization. We are NOT free; we are slaves! It is very much like the movie called *The Matrix*. Nothing is “Real” except for that which God created. **The only True Freedom is *Permanent Freedom*** . . . and that means being free from the human ego, continual cycles of rebirth / reincarnation, the three-dimensional world, and Maya (illusion).
- We are meant to be living the “**Abundant Life**”. That means having whatever we need in order to support ourselves and our families so that we can spend our time working to spiritually develop and to selflessly serve others. We must learn the difference between *want* and *need*; they are not the same thing. The Fallen Ones want us to be so busy, distracted, entertained, and/or slaving just to earn a living that we do not have Time / Energy to focus on God, the Spiritual Path, helping others, or building a Golden Age Civilization. We are here to *thrive* and not merely to *survive*. (There is an excellent documentary about this concept by Foster & Kimberly Gamble.)