## Resources –

## Saint Germain's New World

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## Activities & Organizations to Help Establish the Foundation of the Aquarian Age

#### - Past & Present

- Agni Yoga Society (Nicholas & Helena Roerich)
- Association for Research and Enlightenment (Edgar Cayce)
- Brotherhood of the White Temple (Dr. Maurice Doreal)
- "I AM" Activity / Saint Germain Foundation (Guy & Edna Ballard)
- *IDEAL Society* (Natacha Kolesar)
- *Isha Foundation* (Sadhguru)
- *Philosophical Research Society* (Manly P. Hall)
- Questhaven Retreat & Christward Ministry (Flower & Lawrence Newhouse)
- Radiant Rose Academy (Samuel / "Usa")
- Self-Realization Fellowship (Paramahansa Yogananda)
- *The Bridge to Freedom* (Geraldine Innocente)
- The Hearts Center (David Christopher Lewis)
- *The Infinite Way* (Joel S. Goldsmith)
- The Ringing Cedars of Russia (Vladimir Megré)
- The Summit Lighthouse (Mark & Elizabeth Clare Prophet)
- *The University of Science and Philosophy* (Walter & Lao Russell)
- *Theosophical Society* (Helena Blavatsky)
- *Thrive Movement* (Foster & Kimberly Gamble)
- Universal White Brotherhood (Peter Deunov & Omraam Mikhaël Aïvanhov)
- White Eagle Lodge (Grace & Ivan Cooke)

#### **Recommended Architecture**

- Bahá'í House of Worship (Wilmette, Illinois USA)
- BAPS Shri Swaminarayan Mandir (Bartlett, Illinois USA)
- Byodo-In Temple (Kaneohe, Hawaii USA)
- Duomo di Milano (Milan, Italy)
- *Florence Cathedral* (Florence, Italy)
- *Notre-Dame* (Paris, France)
- Palace of Versailles (Versailles, France)
- *Parthenon* (Athens, Greece)
- Sacré-Cœur Basilica (Paris, France)
- St. Patrick's Cathedral (New York City, USA)
- Swaminarayan Akshardham (Gandhinagar, India)
- *Taj Mahal* (Agra, India)
- Temple Expiatori del Sagrat Cor (Barcelona, Spain)
- *Wat Benchamabophit Dusitvanaram* (Bangkok, Thailand)

### **Recommended Artists**

- Akiane Kramarik
- Albrecht Dürer
- Ananda Vdovic
- Auriel Bessemer
- Boris Olshansky
- Charles Sindelar
- Claude Mellan
- David Keil
- Duccio di Buoninsegna
- Edmund Blair Leighton
- Fra Angelico
- Gustave Doré
- Hermann Anton Stilke
- Jon McNaughton
- Leonardo da Vinci
- Lisa Delaney
- Louis C. Tiffany
- Mario Duguay

- Marius Michael-George
- May DaCamara
- Michelangelo
- Nicholas Roerich
- Norman Rockwell
- Norman Thomas Miller
- Paolo Veronese
- Peter & Birgitte Fich Christiansen
- Raphael
- Rembrandt
- Ruth Hawkins
- Sandro Botticelli
- Tatiana F. Light
- Thomas Cole
- Thomas Kinkade
- Titian
- Vladimir Suvorov
- Warner Sallman

## Recommended Illustrations / Paintings / Sculptures / Statues

(Below are just a few examples; it is not a comprehensive list.)

#### **Illustrations & Paintings**

- Akiane Kramarik Prince of Peace & Jesus
- Albrecht Dürer Feast of the Rosary & Praying Hands
- Ananda Vdovic Devi Darshan & Oval Madonna
- Auriel Bessemer Man's Choice & The Merging of Twin Flames
- Charles Sindelar Jesus Christ & Saint Germain
- Daniel Maclise The Spirit of Chivalry & The Spirit of Justice
- Edmund Blair Leighton *The Accolade & God Speed*
- Gustave Doré The Ascension & The Triumph of Christianity Over Paganism
- Hermann Stilke The Life of Joan of Arc Triptych
- Jon McNaughton One Nation Under God & Peace Is Coming
- Leonardo da Vinci The Last Supper & Salvator Mundi
- Lisa Delaney Divine Director & Clare de Lis and Lanello
- Mario Duguay *Moving Towards the Light & Creator*
- Marius Michael-George Sanat Kumara at Shamballa & Shamballa
- May DaCamara The Magic Presence & Saint Germain
- Michelangelo Doni Tondo & Sistine Chapel Ceiling
- Nicholas Roerich Mother of the World & Madonna Oriflamma
- Norman Rockwell Four Freedoms & Golden Rule
- Norman Thomas Miller The Spirit of Love & Chart of Your Buddha Nature
- Paolo Veronese The Wedding at Cana & The Feast in the House of Levi
- Raphael *The School of Athens & Transfiguration*
- Ruth Hawkins Sanat Kumara & Lady Venus
- Sandro Botticelli Madonna of the Magnificat & Madonna of the Book
- Tatiana F. Light Sign of the Cross & Age of the Mother of the World
- Thomas Cole The Architect's Dream & The Voyage of Life Series
- Thomas Kinkade Walk of Faith & Spirit of Christmas
- Warner Sallman Head of Christ & Christ at Heart's Door

#### **Sculptures & Statues**

- Abraham Lincoln (Washington, D.C., USA)
- Adiyogi Shiva (Coimbatore, India)
- Amitabha Buddha (Jiujiang City, China)
- *Christ the Redeemer* (Rio de Janeiro, Brazil)
- Christ the Redeemer of the Andes (on the border between Argentina & Chile)
- *Ecstasy of Saint Teresa* (Rome, Italy)

- *Great Sphinx* (Giza, Egypt)
- *Guanyin of Nanshan* (Sanya, China)
- *Mount Rushmore National Memorial* (Keystone, South Dakota USA)
- *National Monument to the Forefathers* (Plymouth, Massachusetts USA)
- *Padmasambhava* (Rewalsar, India)
- *Spring Temple Buddha* (Zhaocun Township, China)
- Statue of David (Florence, Italy)
- *Statue of Liberty* (New York City, USA)
- *The Great Buddha of Phuket* (Karon, Thailand)
- *Xuan Wu* (Kaohsiung, Taiwan)

## **Books / Booklets for Health & Living Naturally**

(Below are just a few examples; it is not a comprehensive list.)

#### **Anthony William**

• The Medical Medium – (series)

#### **Bruce H. Lipton**

• The Biology of Belief: Unleashing the Power of Consciousness, Matter & Miracles

#### **Charlotte Gerson**

• The Gerson Therapy: The Proven Nutritional Program for Cancer and Other Illnesses

#### **Corinne Heline**

- Healing and Regeneration Through Color and Music
- Magic Gardens

#### **Dianne Robbins**

- Messages from the Crystal Kingdom: With Poems from the Elementals
- The Call Goes Out from the Cetacean Nation
- Tree Talk

#### **Don Tolman**

• Farmacist Desk Reference: Encyclopedia of Whole Food Medicine

#### **Grace Cooke**

• Heal Thyself

#### Ilza Veith & Linda L. Barnes

• The Yellow Emperor's Classic of Internal Medicine

#### Jacob Liberman

• Light: Medicine of the Future

#### **Janine Benyus**

• Biomimicry: Innovation Inspired by Nature

#### Joel D. Wallach

• Dead Doctors Don't Lie

#### **Leslie Fisher**

• The Clinical Science Of Mineral Therapy

#### **Maria Treben**

• Health Through God's Pharmacy

#### Mark & Elizabeth Clare Prophet

• Violet Flame to Heal Body, Mind and Soul

#### **Mary Baker Eddy**

• Science and Health with Key to the Scriptures

#### Masaru Emoto

- The Hidden Messages in Water
- The True Power of Water: Healing and Discovering Ourselves

#### **Maurice Blackmore**

• Mineral Deficiencies in Human Cells

#### Michio Kushi

• The Macrobiotic Way: The Complete Macrobiotic Diet and Exercise Book

#### Morihei Ueshiba

• The Essence of Aikido

#### **Muriel Urech**

• Peter Deunov's Paneurhythmy - Dance Movements and Musical Scores

#### Omraam Mikhaël Aïvanhov

- Golden Rules for Everyday Life
- Harmony and Health
- The Living Book of Nature
- The Yoga of Nutrition

#### **Peter Deunov**

• The Law of Nutrition

#### **Peter Kelder**

• Ancient Secret of the Fountain of Youth

#### **Steven Acuff**

• Eating the Wu Way: For a Longer, Healthier Life

#### Vladimir Megré

• The Ringing Cedars of Russia – (series)

#### **Walter Russell**

• Caring for Your Physical and Spiritual Health

#### William A. McGarey

• The Edgar Cayce Remedies

## Books / Booklets for Material & Spiritual Creativity, Happiness, Success, & Supply

(Below are just a few examples; it is not a comprehensive list.)

#### **Anthony Robbins**

Unlimited Power

#### **Compiled by Werner Schroeder**

• Manifesting Victorious Accomplishment

#### **David Christopher Lewis**

• Saint Germain on Advanced Alchemy – Volumes 1 & 2

#### **Donald T. Phillips**

- Lincoln on Leadership
- Martin Luther King, Jr. on Leadership
- The Founding Fathers on Leadership

#### **Guy Ballard**

• The "I AM" Discourses on Supply – Volume 19

#### Jeffrey A. Barnes

• The Wisdom of Walt

#### **Lao Russell**

• God Will Work With You But Not For You

#### Mark & Elizabeth Clare Prophet

- Access the Power of Your Higher Self
- Creative Abundance: Keys to Spiritual and Material Prosperity
- How to Work with Angels
- Saint Germain On Alchemy: Formulas for Self-Transformation
- Understanding Yourself: Opening the Door to the Superconscious Mind

#### **Mark Thurston & Christopher Fazel**

• The Edgar Cayce Handbook for Creating Your Future

#### **Morihei Ueshiba**

• The Art of Peace

#### Napoleon Hill

- The Law of Success
- Think and Grow Rich

#### Napoleon Hill & W. Clement Stone

• Success Through a Positive Mental Attitude

#### **Norman Vincent Peale**

• The Power of Positive Thinking

#### **Og Mandino**

- The Greatest Salesman In the World
- University of Success

#### Omraam Mikhaël Aïvanhov

- Golden Rules for Everyday Life
- The Powers of Thought
- The Seeds of Happiness
- True Alchemy or the Quest for Perfection

#### **Stephen R. Covey**

- The 7 Habits of Highly Effective People
- The 8th Habit: From Effectiveness to Greatness

#### **The Hearts Center**

• The Magic of Tithing: The Alchemy of Abundance through Gratitude and Givingness

#### **Thomas Printz**

• The Seven Mighty Elohim Speak On: The Seven Steps to Precipitation

#### Vladimir Megré

- Parables
- Tales from the Future
- The Ringing Cedars of Russia

#### **Walter Russell**

- Genius Inherent in Everyone
- The Meaning and Acquisition of Wealth
- The Secret of Working Knowingly With God
- The Self-Multiplication Principle
- Think: The First Principle of Business Success

#### **Werner Schroeder**

• The Law of Precipitation

# **Books for the Foundation** of the Aquarian Age

(Below are just a few examples; it is not a comprehensive list.)

#### **David Christopher Lewis**

- Advanced Studies of the Human Aura: How to Charge Your Energy Field with Light and Spiritual Radiance
- Angels, Angels! Messages for Today from Heavenly Friends
- Jesus' Jewels of Joy: New Revelations from the Prince of Peace
- Living a Soulful Life: Afra's New Teaching on Love, Brotherhood, and Freedom –
   Volume 1
- Mother Mary's Messages: Holiness, Healing and Hope for the New Age Volume 1
- Saint Germain on Advanced Alchemy Volumes 1 & 2
- Wisdom Teaching of the Lords of the Seven Rays with The Maha Chohan

#### **Grace Cooke**

- Beautiful Road Home
- Golden Harvest
- Heal Thyself
- Meditation
- Morning Light
- Path of the Soul
- Spiritual Unfoldment Volumes 1 4
- Sunrise
- The Best of White Eagle
- The Illumined Ones
- The Light Bringer
- The Living Word of St. John
- The Quiet Mind
- The Still Voice
- White Eagle on Divine Mother: The Feminine and the Mysteries
- White Eagle on Living in Harmony with the Spirit
- White Eagle on the Intuition and Initiation
- Wisdom in the Stars

#### **Guy Ballard**

- Beloved Saint Germain's Talks Volume 13
- *The "I AM" Discourses* Volume 3
- The "I AM" Discourses on America Volume 18
- The "I AM" Discourses on Supply Volume 19
- *The Magic Presence* Volume 2
- *Unveiled Mysteries* Volume 1

#### **Helena Blavatsky**

- Isis Unveiled
- The Secret Doctrine

#### Mark & Elizabeth Clare Prophet

- Access the Power of Your Higher Self (pocket guide)
- *Age of the Divine Mother*
- *Alchemy of the Heart* (pocket guide)
- *Climb the Highest Mountain* (series)
- Community: A Journey to the Heart of Spiritual Community
- Corona Class Lessons
- Cosmic Consciousness
- *Creative Power of Sound* (pocket guide)
- Dossier on the Ascension
- Fire from Heaven: The New Age of the Holy Spirit
- How to Work with Angels (pocket guide)
- *How to Work with Your Chakras* (pocket guide)
- Inner Perspectives A Guidebook for the Spiritual Journey
- Kabbalah: Key to Your Inner Power
- *Karma and Reincarnation* (pocket guide)
- *Keys to the Kingdom* (pocket guide)
- Lords of the Seven Rays
- Mysteries of the Holy Grail
- Opening of the Seventh Seal
- Prayer and Meditation
- Quietly Comes the Buddha
- Saint Germain: Mystery of the Violet Flame
- Saint Germain On Alchemy: Formulas for Self-Transformation
- Soul Mates and Twin Flames (pocket guide)
- The Answer You're Looking for Is Inside of You
- The Chela and the Path: Keys to Soul Mastery in the Aquarian Age
- The Great White Brotherhood
- The Human Aura
- *The Lost Teachings of Jesus* Volumes 1 & 2
- The Lost Years of Jesus

- The Masters and Their Retreats
- The Science of the Spoken Word
- *The Story of Your Soul* (pocket guide)
- Understanding Yourself: Opening the Door to the Superconscious Mind
- Violet Flame to Heal Body, Mind and Soul (pocket guide)
- Your Seven Energy Centers (pocket guide)

#### **Nicholas Roerich**

- Agni Yoga
- Brotherhood
- Leaves of Morya's Garden Volumes 1 & 2
- New Era Community
- Shambhala: In Search of the New Era

#### Omraam Mikhaël Aïvanhov

- A Philosophy of Universality
- Cosmic Balance The Secret of Polarity
- Cosmic Creation Union of the Masculine and Feminine
- Creation: Artistic and Spiritual
- Freedom, the Spirit Triumphant
- Golden Rules for Everyday Life
- Harmony and Health
- Man, Master of his Destiny
- Sons and Daughters of God
- The Egregor of the Dove or the Reign of Peace
- The Living Book of Nature
- The Path of Silence
- The Wellsprings of Eternal Joy
- The Zodiac, Key to Man and to the Universe
- Toward a Solar Civilization
- True Alchemy or the Quest for Perfection

#### Vladimir Megré

- Parables
- Tales from the Future
- *The Ringing Cedars of Russia* (series)

#### **Walter Russell**

• *The Message of the Divine Iliad* – Volumes 1 & 2

### **Books on a New Civilization / New World**

(Below are just a few examples; it is not a comprehensive list.)

#### **Daniel H. Shubin**

• Helena Roerich: Living Ethics and the Teaching for a New Epoch

#### **David Christopher Lewis**

• Mother Mary's Messages: Holiness, Healing and Hope for the New Age – Volume 1

#### **Eckhart Tolle**

• A New Earth

#### **Francis Bacon**

New Atlantis

#### **Grace Cooke**

- Earth Healer: Use Your Own Spirituality in the Service of the Planet
- Group Consciousness
- *Healing the World*
- White Eagle on Divine Mother: The Feminine and the Mysteries

#### **James Redfield**

• *The Celestine Prophecy* 

#### Mark & Elizabeth Clare Prophet

- A New Heaven and A New Earth
- Age of the Divine Mother
- Community: A Journey to the Heart of Spiritual Community
- Fire from Heaven: The New Age of the Holy Spirit

#### Nicholas Roerich

- Brotherhood
- New Era Community
- Shambhala: In Search of the New Era

#### Omraam Mikhaël Aïvanhov

- A Philosophy of Universality
- Hope for the World: Spiritual Galvanoplasty
- Sons and Daughters of God
- The Egregor of the Dove or the Reign of Peace
- Toward a Solar Civilization

#### **Peter Deunov**

• The Second Coming

#### **Plato**

• Republic

#### **Thomas More**

• Utopia

#### Vladimir Megré

- Parables
- Tales from the Future
- The Ringing Cedars of Russia (series)

#### **Walter Russell**

- The Dawn of a New Day in Human Relations
- The Fifth Kingdom Man
- The Message of the Divine Iliad Volumes 1 & 2

#### **Books on Various Civilizations**

(Below are just a few examples; it is not a comprehensive list.)

#### Carl P. Munck

- The Code
- Whispers from Time: The Pyramid Bible

#### **David Hatcher Childress**

- Lost Cities of Ancient Lemuria & the Pacific
- Lost Cities of Atlantis, Ancient Europe & the Mediterranean
- Lost Cities of China, Central Asia & India
- Lost Cities of North & Central America
- Lost Cities & Ancient Mysteries of Africa & Arabia
- Lost Cities & Ancient Mysteries of South America
- Lost Cities & Ancient Mysteries of the Southwest
- Lost Continents & the Hollow Earth

#### **Dianne Robbins**

- Messages from the Hollow Earth
- Telos: Original Transmissions from the Subterranean City beneath Mt. Shasta
- Telos: The Call Goes Out from the Hollow Earth and the Underground Cities

#### **Edgar Evans Cayce**

• Edgar Cayce on Atlantis

#### **Etelka Holt**

• The Sphinx and the Great Pyramid

#### Frederick Spencer Oliver & Phylos the Tibetan

• A Dweller on Two Planets

#### **Grace Cooke**

- Memories of Reincarnation
- Sun-Men of the Americas

#### **Guy Ballard**

- The Magic Presence
- Unveiled Mysteries

#### **Ignatius Donnelly**

• Atlantis: The Antediluvian World

#### **James Churchward**

- The Children of Mu
- The Cosmic Forces of Mu
- The Lost Continent of Mu
- The Sacred Symbols of Mu
- The Second Book of The Cosmic Forces of Mu

#### **John Anthony West**

- Serpent in the Sky: The High Wisdom of Ancient Egypt
- The Traveler's Key to Ancient Egypt: A Guide to the Sacred Places of Ancient Egypt

#### John Michell

- New Light on the Ancient Mystery of Glastonbury
- The New View Over Atlantis: The Essential Guide to Megalithic Science, Earth Mysteries, and Sacred Geometry

#### **Judy Satori**

• Sunshine Before The Dawn

#### **Lewis Spence**

• The History of Atlantis

#### **Maurice Doreal**

• The Emerald Tablets of Thoth-The-Atlantean

#### **Phoebe Marie Holmes**

• *My Visit to the Sun* 

#### R. A. Schwaller de Lubicz

• The Temple of Man

#### Radu Cinamar

- Forgotten Genesis
- *Inside the Earth: The Second Tunnel*
- Mystery of Egypt: The First Tunnel
- The Secret Parchment: Five Tibetan Initiation Techniques
- Transylvanian Moonrise: A Secret Initiation in the Mysterious Land of the Gods
- Transylvanian Sunrise

#### **Raymond Bernard**

• The Hollow Earth: The Greatest Geographical Discovery in History

#### **Richard Shaver**

• I Remember Lemuria

#### **Robert Stacy-Judd**

- Atlantis: Mother of Empires
- The Ancient Mayas: Adventures in the Jungles of Yucatan 1934

#### Satguru Sivaya Subramuniyaswami

• Lemurian Scrolls: Angelic Prophecies Revealing Human Origins

#### **Taylor Caldwell**

• The Romance of Atlantis

#### **Therese Emmanuel**

• The Legend of the Ancient of Days

#### Vladimir Megré

• The Ringing Cedars of Russia – (series)

#### **Willis George Emerson**

• The Smoky God, or A Voyage Journey to the Inner Earth

#### Wishar S. Cervé

• Lemuria: The Lost Continent of the Pacific

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#### **The Summit Lighthouse**

- Information on "Golden Age Civilizations"
  - o https://encyclopedia.summitlighthouse.org/index.php/Golden\_age

## **Books Worth Studying**

(Below are just a few examples; it is not a comprehensive list.)

The following Individuals wrote or "dictated" many truly incredible books that can change the lives of everyone on Earth in countless ways. No single Religion can fulfill the Spiritual Needs of ALL people in the world, and no single Book could do so either. We must Pray, Meditate, & Follow Our Own Hearts while Walking the Spiritual Path . . . and this includes our Individual Choices of what books we Study.

We will ALL be guided to various resources, depending on what our Souls need at different stages of our lives. We must remember that reading books is not done to acquire information alone . . . but rather to apply that information through practical action. We must also remember that reading books is the "Outer Path" that is one day intended to lead us to the "Inner Path" where we will receive Direct Illumination from our Higher Self, the Ascended Masters, the Akashic Records, & by "tapping into the Mind of God".

However, books can be extremely valuable for Souls at many different stages on The Path. The books by the Individuals just below are among THE most beneficial that we can Study, but they are only a fraction of the examples that could be given. Nevertheless, the list below will provide people with amazing books that contain life-altering information.

ALL of the books by these Individuals are absolutely worth Studying, so there is no need to list them all here. They are ALL great! People can simply go to their official websites and/or various booksellers to find the many books that these Great Souls published.

- Anthony William
- Corinne Heline
- David Christopher Lewis
- Dianne Robbins
- Eckhart Tolle
- Emanuel Swedenborg
- Flower A. Newhouse
- Francis Bacon
- Franz Bardon
- Geraldine Innocente
- Grace Cooke
- Gregg Braden
- Guy & Edna Ballard
- Helena Blavatsky
- Joel Osteen
- Joel S. Goldsmith
- Maria Montessori

- Mark & Elizabeth Clare Prophet
- Nicholas & Helena Roerich
- Og Mandino
- Omraam Mikhaël Aïvanhov
- Paramahansa Yogananda
- Peter Deunov
- Peter Mt. Shasta
- Vladimir Megré
- Walter & Lao Russell
- Yogiraj Gurunath Siddhanath

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<u>Below are some examples of fascinating books by other Authors</u> – (not already mentioned in this section of "Resources"):

- *Adiyogi: The Source of Yoga* (Sadhguru)
- Alchemy: Science of the Cosmos, Science of the Soul (Titus Burckhardt)
- Alchemy: The Secret Art (Stanislas K. de Rola)
- *All and Everything* (George Gurdjieff)
- Being Peace (Thich Nhat Hanh)
- Bhagavad Gita
- Bodhisattva of Compassion: The Mystical Tradition of Kuan Yin (John Blofeld)
- *Brother of the Third Degree* (Will L. Garver)
- *City of Revelation* (John Michell)
- Cosmic Consciousness (Richard Maurice Bucke)
- Dakini Teachings: A Collection of Padmasambhava's Advice to the Dakini Yeshe Tsogyal (Translated by Erik Pema Kunsang)
- Dhammapada
- Edgar Cayce: The Sleeping Prophet (Jess Stearn)
- *Embraced by the Light* (Betty J. Eadie)
- Enduring Grace: Living Portraits of Seven Women Mystics (Carol Lee Flinders)
- Essays (Ralph Waldo Emerson)
- *Holy Spirit: The Boundless Energy of God* (Ron Roth)
- How to Know God: The Yoga Aphorisms of Patanjali (Translated by Swami Prabhavananda & Christopher Isherwood)
- I Ching (Book of Changes)
- *Ich Dien* (Clara Louise Kieninger)
- *In Search of the Miraculous: Fragments of an Unknown Teaching* (P. D. Ouspensky)
- *Initiation* (Elisabeth Haich)
- *Interior Castle* (Teresa of Avila)
- Joan of Arc (Mark Twain)
- Kuan Yin: The Princess Who Became the Goddess of Compassion (Maya Van Der Meer)
- Light on the Guru and Disciple Relationship (Swami Satyasangananda Saraswati)
- Lives of the Saints: For Every Day in the Year (Alban Butler)
- *Mary MacKillop Unveiled* (Lesley O'Brien)

- Memories of God and Creation: Remembering from the Subconscious Mind (Shakuntala Modi)
- *Memories of Mark: My Life with Mark Prophet* (Annice Booth)
- *My Life & Times with The Prophets* (Tom Miller)
- *Mystical City of God* (Mary of Jesus of Ágreda)
- Nimrod: A Discourse on Certain Passages of History and Fable (Algernon Herbert)
- *No Greater Love* (Mother Teresa)
- Popol Vuh
- Prophet for Our Times: The Life & Teachings of Peter Deunov (David Lorimer)
- Ramakrishna and His Disciples (Christopher Isherwood)
- *Saved by the Light* (Dannion Brinkley)
- Sister Aimee: The Life of Aimee Semple McPherson (Daniel Mark Epstein)
- Something Beautiful for God: The Classic Account of Mother Teresa's Journey into Compassion (Malcolm Muggeridge)
- Songs from the House of Pilgrimage (Stephen Isaac)
- Spiritual Lives of the Great Composers (Patrick Kavanaugh)
- Story of a Soul: The Autobiography of St. Thérèse of Lisieux
- *Strength to Love* (Martin Luther King, Jr.)
- Tao Te Ching
- *The Alchemist* (Paulo Coelho)
- The Analects of Confucius
- The Ancient Secret of the Flower of Life Volumes 1 & 2 (Drunvalo Melchizedek)
- The Book of Virtues: A Treasury of Great Moral Stories (William J. Bennett)
- The Collected Works of St. John of the Cross (Translated by Kieran Kavanaugh & Otilio Rodriguez)
- *The Essene Gospel of Peace* (Edmond Bordeaux Szekely)
- *The Essential Confucius* (Thomas Cleary)
- The Forgotten Books of Eden (Rutherford Platt)
- The Gathas
- The Gnostic Gospels (Elaine Pagels)
- The Golden Ratio: The Story of Phi, the World's Most Astonishing Number (Mario Livio)
- *The Gospel of the Redman: An Indian Bible* (Ernest Thompson Seton)
- The Great Cryptogram: Francis Bacon's Cipher in the So-Called Shakespeare Plays (Ignatius Donnelly)
- The Greatest Power in the World (Kathryn Kuhlman)
- *The Holographic Universe* (Michael Talbot)
- The Holy Science (Sri Yukteswar Giri)
- *The Imitation of Christ* (Thomas à Kempis)
- The Life of a Master in the West: The Biography of Omraam Mikhaël Aïvanhov (Louise-Marie Frenette)
- *The Little Flowers of St. Francis* (Raphael Brown)
- *The Lost Books of the Bible* (William Hone)
- *The Lotus-Born: The Life Story of Padmasambhava* (Yeshe Tsogyal & Translated by Erik Pema Kunsang)
- *The Masters and the Path* (C.W. Leadbeater)
- The Most Holy Trinosophia (Comte de St. Germain)
- The Mystery of the Hidden City (Donald John Fern)

- *The Nag Hammadi Library* (James M. Robinson)
- The New Path: My Life with Paramhansa Yogananda (Swami Kyriyananda)
- *The Rise and Progress of Religion in the Soul* (Philip Doddridge)
- *The Rosicrucian Cosmo-Conception* (Max Heindel)
- *The Rosicrucians* (Hargrave Jennings)
- *The Science of Mind* (Ernest Holmes)
- The Secret Power of Music (David Tame)
- The Secret Teachings of All Ages (Manly P. Hall)
- *The Shakespeare Code* (Virginia M. Fellows)
- The Story of Civilization (Will & Ariel Durant)
- The Tibetan Book of the Great Liberation: The Method of Realizing Nirvana Through Knowing the Mind (W. Y. Evans-Wentz)
- The True Saint Nicholas: Why He Matters to Christmas (William J. Bennett)
- The Unknown Life of Jesus Christ (Nicolas Notovitch)
- The Way of the Essenes: Christ's Hidden Life Remembered (Anne & Daniel Meurois-Givaudan)
- *The Wisdom of St. Patrick* (Greg Tobin)
- The Wisdom of the Ancient Greeks: Timeless Advice on the Senses, Society, and the Soul (Steven Stavropoulos)
- The Zen Teaching of Bodhidharma (Translated by Red Pine)
- The Zoroastrian Tradition: An Introduction to the Ancient Wisdom of Zarathustra (Farhang Mehr)
- *Tibet's Great Yogi Milarepa* (W.Y. Evans-Wentz)
- Upanishads
- Vedas
- Warrior of Light: The Life of Nicholas Roerich (Colleen Messina)
- Zanoni (Edward Bulwer-Lytton)

## **Communities of the Holy Spirit**

- Agni Yoga Society
- Babaji & His Disciples
- Benedictines
- Brotherhood at Gibraltar
- Brotherhood at Karnak
- Brotherhood of Mount Shasta (Lemuria)
- Camelot (w/ Merlin & King Arthur)
- Carmelites
- Confucius & His Disciples
- Essenes
- Franciscans
- Freemasons
- Gautama Buddha & His Disciples
- "I AM" Activity
- IDEAL Society
- Isha Foundation
- Jesus & His Disciples
- Kauai's Hindu Monastery
- Knights of the Helmet (w/ Francis Bacon)
- Knights Templar
- Lord of Hosts Church (w/ Hank Kunneman)
- Monastic Community of Mount Athos
- Omraam Mikhaël Aïvanhov & His Disciples
- Peter Deunov & His Disciples
- Plato's Academy of Athens
- Pythagorean Community / School at Crotona
- Questhaven Retreat
- Radiant Rose Academy
- Rosicrucians
- Saint Patrick & His Disciples
- Samye Monastery
- Self-Realization Fellowship
- Shaolin Monastery
- Sons of Liberty
- Sons of the Solitude
- Sparta (w/ King Leonidas & the 300)
- Taoist Community in the Wudang Mountains
- The Bridge to Freedom
- The Hearts Center
- The Ringing Cedars of Russia Eco-Villages

- The Summit Lighthouse / Church Universal and Triumphant
- The University of Science and Philosophy at Swannanoa
- Theosophical Society
- White Eagle Lodge
- Zarathustra & His Disciples

## **Recommended Holy Youth**

- Jesus
- Lúcia dos Santos, Francisco Marto, & Jacinta Marto
- Mother Mary
- Saint Barbara
- Saint Bernadette
- Saint Catherine of Siena
- Saint Clare of Assisi
- Saint Elizabeth of Hungary
- Saint Francis of Assisi
- Saint Joan of Arc
- Saint Padre Pio
- Saint Patrick
- Saint Philomena
- Saint Teresa of Avila
- Saint Thérèse of Lisieux
- Shadrach, Meshach, & Abednego

### **Recommended Inventors & Scientists**

- Albert Einstein
- Alexander Graham Bell
- Baron Karl von Reichenbach
- Benjamin Franklin
- Bruce DePalma
- Eugene Mallove
- Francis Bacon
- Galileo Galilei
- Georges Lakhovsky
- Hans Jenny
- James Watt
- Johannes Gutenberg
- John Ernst Worrell Keely
- John Hutchison
- Leonardo da Vinci
- Masaru Emoto
- Michael Faraday
- Nikola Tesla
- Roger Bacon
- Royal Raymond Rife
- Sandra Rose Michael
- Stanley Meyer
- Walter Russell
- Wright Brothers

## **Recommended Mathematicians**

- Albert Einstein
- Archimedes
- Carl Friedrich Gauss
- Euclid
- Fibonacci
- Hypatia
- Isaac Newton
- Johannes Kepler
- Leonhard Euler
- Pythagoras
- Srinivasa Ramanujan

## **Recommended Movies**

(Below are just a few examples; it is not a comprehensive list.)

#### **Inspirational Stories / Characters**

- A Man for All Seasons (1966)
- *Amazing Grace* (2006)
- Baahubali: The Beginning & The Conclusion (2015 & 2017)
- *Becket* (1964)
- *Ben-Hur* (1959)
- *Brigadoon* (1954)
- *Confucius* (2010)
- Crouching Tiger, Hidden Dragon (2000)
- First Knight (1995)
- Florence Nightingale (1985)
- *Heidi* (1993)
- *I Am David* (2003)
- *It's a Wonderful Life* (1946)
- *Joan of Arc* (1999)
- *Little Buddha* (1993)
- *Lost Horizon* (1937)
- *Mother Teresa* (2003)
- *Mr. Smith Goes to Washington* (1939)
- *Padre Pio: Miracle Man* (2000)
- Peaceful Warrior (2006)
- *Saint Rita* (2004)
- *Seven Years in Tibet* (1997)
- St. Patrick: The Irish Legend (2000)
- The Agony and the Ecstasy (1965)
- *The Blue Bird* (1940)
- The Celestine Prophecy (2006)
- *The Count of Monte Cristo* (2002)
- *The Fourth Wise Man* (1985)
- *The Song of Bernadette* (1943)
- *The Sound of Music* (1965)
- *The Staircase* (1998)
- *The Ten Commandments* (1956)
- *The Ultimate Gift* (2006)
- The Wizard of Oz (1939)
- Thérèse: The Story of Saint Thérèse of Lisieux (2004)
- Zen (2009)

#### **Exposing the Fallen Ones / Globalists & Their Sinister Tactics**

- *Chain Reaction* (1996)
- *Enemy of the State* (1998)
- *Instinct* (1999)
- *It's a Wonderful Life* (1946)
- *Mr. Smith Goes to Washington* (1939)
- *The Giver* (2014)
- *The Island* (2005)
- *The Matrix* (1999)
- *The Skulls* (2000)
- *The Truman Show* (1998)
- *They Live* (1988)

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#### **Uplifting for Younger Children**

- *Bambi* (1942)
- *Cinderella* (1950)
- *Fantasia* (1940)
- *Heidi* (1993)
- *Peter Pan* (1953)
- *Pinocchio* (1940)
- *Sleeping Beauty* (1959)
- *Snow White and the Seven Dwarfs* (1937)
- *The Blue Bird* (1940)
- *The Sound of Music* (1965)
- *The Sword in the Stone* (1963)

## **Recommended "Composers of Light"**

- Antonio Vivaldi
- César Franck
- Charles Gounod
- Dmitri Shostakovich
- Edvard Grieg
- Edward Elgar
- Felix Mendelssohn
- Franz Liszt
- Franz Schubert
- Frédéric Chopin
- George Frideric Handel
- Giacomo Puccini
- Giuseppe Verdi

- Gustav Mahler
- Jean Sibelius
- Johann Pachelbel
- Johann Sebastian Bach
- Johann Strauss I & II
- Johannes Brahms
- John Philip Sousa
- Ludwig van Beethoven
- Nikolai Rimsky-Korsakov
- Pyotr Ilyich Tchaikovsky
- Richard Wagner
- Sergei Rachmaninoff
- Wolfgang Amadeus Mozart

## **Keynotes & Meditations**

## (The Summit Lighthouse)

Keynotes & Meditations	Song	Composer
Amaryllis	"Londonderry Air"	Unknown
Angel of Restoration	"Rose of England"	Novello
Archangel Gabriel	"Intermezzo" from Cavalleria Rusticana	Mascagni
Archangel Michael	"Eternal Father, Strong to Save"	Dykes
Archangel Raphael	"Messiah Overture"	Handel
Archangel Uriel	"Lullaby"	Brahms
Archangel Zadkiel	"Magic Fire Music"	Wagner
Ascension Flame	"Triumphal March" from <i>Aida</i>	Verdi
Causal Bodies of the Messengers	All Music	Franck
Chakra – Base of Spine (drum sounds)	"Chorus of Angels"	Gounod
Chakra – Base of Spine (drum sounds)	"Apotheosis" from Faust	Gounod
Chakra – Base of Spine (drum sounds)	"Triumphal March" from Aida	Verdi
Chakra – Crown (string sounds)	"One Fine Day"	Puccini
Chakra – Heart (harp sounds)	"Thine Is My Heart Alone"	Lehar
Chakra – Seat of Soul (woodwind sounds)	"Blue Danube"	Strauss II
Chakra – Solar Plexus (organ sounds)	"One Alone"	Romberg
Chakra – Third Eye (piano sounds)	"Piano Concerto #2 in C Minor"	Rachmaninoff
Chakra – Throat (brass sounds)	"Pomp and Circumstance #1"	Elgar
Chakra – Throat (brass sounds)	"Sousa Marches"	Sousa
Clara Louise	"Calm as the Night"	Bohm
Confucius	"The Lark Ascending"	Williams
Djwal Kul	"Air on G String"	Bach

El Morya	"Pomp and Circumstance	Elgar
Elizabeth Clare Prophet	#1" "Beautiful Dreamer"	Foster
Elohim Astrea	"Piano Concerto in A Minor"	Grieg
Elohim Hercules	"Symphony #5"	Beethoven
Etheric Retreat – Archangels	"Bridal Chorus"	Wagner
Etheric Retreat – Ascension Temple	"Liebestraum #1"	Liszt
Etheric Retreat – Banff	"Soldier's Chorus"	Gounod
Etheric Retreat – Cave of Symbols	"Radetzky March"	Strauss I
Etheric Retreat – Darjeeling	"Song of India"	Rimsky-Korsakov
Etheric Retreat – Eriel Retreat for Children	"To a Wild Rose"	MacDowell
Etheric Retreat – Rakoczy	"Tales from the Vienna	Strauss II
Mansion	Woods"	
Etheric Retreat – Resurrection Temple	"Come, Sweet Death"	Bach
Etheric Retreat – Resurrection Temple	"Sleepers, Awake"	Bach
Etheric Retreat – Royal Teton	"Song to the Evening Star" from <i>Tannhauser</i>	Wagner
Etheric Retreat – Shamballa	"Symphony #6" (5 <sup>th</sup> Movement)	Beethoven
Etheric Retreat – Temple of God's Will	"Panis Angelicus"	Franck
Etheric Retreat – Temple of Hope	"Prelude Act 1" from Parsifal	Wagner
Etheric Retreat – Temple of Illumination	"Canon in D Major"	Pachelbel
Etheric Retreat – Temple of the Golden Lotus	Invisible City of Kitezh	Rimsky-Korsakov
Etheric Retreat – Titicaca	"Golden Days"	Romberg
Gautama Buddha	"Ode to Joy"	Beethoven
Gnomes	"In the Hall of the Mountain King"	Grieg
God Harmony	"Anvil Chorus"	Verdi
God of Divine Order	"Adagio in G Minor"	Albinoni
Godfre	"Nimrod" from <i>Enigma</i> Variations	Elgar
Great Divine Director	"Hungarian Rhapsody No. 15" ("Rakoczy March")	Liszt
Helios	"Helios Overture"	Nielson
Hierarchs of Aquarius	"War March of the Priests"	Mendelssohn
Hilarion	"Onward, Christian Soldiers"	Sullivan
Himalaya	"Intermezzo" from Carmen	Bizet
Holy Spirit	"At Dawning"	Cadman

Jesus Christ	"Hallelujah Chorus" from Messiah	Handel
Jesus Christ	"Joy to the World"	Handel
Kuthumi	"Kashmiri Song"	Woodforde-Finden
Lanello	"Fantasia on Greensleeves"	Williams
Leto	"The Heather on the Hill"	Powell & Merrill
Liberty	"La Marseillaise"	Berlioz
Maha Chohan	"Homing"	Del Riego & Salmon
Maitreya	"Ah! Sweet Mystery of	Herbert
	Life"	
Meditation – Central	"Benediction of God in the	Liszt
Temple of Ascension Flame	Solitude"	
Meditation – Circle &	"Concerto #1 in A Minor"	Grieg
Sword of Elohim Astrea		
Meditation – Creation of the	"Adagio from Spartacus and	Khachaturian
Universe	Phrygia"	
Meditation – Divine	"Hungarian Rhapsody No.	Liszt
Direction	15" ("Rakoczy March")	
Meditation – Easter	"Joy to the World"	Handel
Meditation – Elohim &	The Nine Symphonies	Beethoven
Initiations on the Path		
Meditation – Energies of	"Leonore Overture No. 3"	Beethoven
Alpha & Omega		
Meditation – Five Secret	"Etude Op. 10 No. 5 in G-	Chopin
Rays	Flat Major"	-
Meditation – Flame of Peace	"The Holy City"	Adams
Meditation – Flame of Peace	"Laudate Dominum"	Mozart
Meditation – Flame of Peace	"Amen" from "Pater	Tchaikovsky
	Noster"	•
Meditation – Flame of Peace	"Laudi Alla Vergine Maria"	Verdi
Meditation – Gentle Raising	"Symphony #5"	Mahler
of Kundalini	J 1 J	
Meditation – Great Central	"Toccata and Fugue in D	Bach
Sun	Minor"	
Meditation – I AM Presence	"Christus"	Liszt
Meditation – Immaculate	"O Holy Night"	Adam
Conception	, 1	
Meditation – Luxor	"Liebestraum #3"	Liszt
Meditation – Purity Flame	"Symphony #9" (3 <sup>rd</sup>	Beethoven
	Movement)	200110,011
Meditation – Purity Flame	"Faust Symphony" (2 <sup>nd</sup>	Liszt
	Movement)	Liset
Meditation – Resurrection	"Sleepers, Awake"	Bach
Flame	oropois, rimano	Buen
Meditation – Resurrection	"Russian Easter Overture"	Rimsky-Korsakov
Flame	rassian Laster Overture	Timony Ixoroakov
Meditation – Resurrection	"Spring" from The Four	Vivaldi
Flame	Seasons	vivalui
1 mile	Seasons	

Maditation Degramation	"C1	Mohlon
Meditation – Resurrection	"Symphony #2"	Mahler
Flame Meditation – Secret	"Piano Concerto No. 1 in E	Chanin
Chamber & 3FF	Minor"	Chopin
Meditation – Seraphim	"Rêve Angelique"	Rubinstein
Meditation – Thousand Petal	"Etude in A Minor 'Winter	Chopin
Lotus	Wind' Op. 25 No. 11"	Chopin
Meditation – Twin Flames	"Indian Love Call"	Rose-Marie
Meditation – Union of Twin	"Isolde's Transfiguration"	Wagner
Flames	isolde s Transfiguration	w agner
Meditation – Violet Flame	"Mysterious Mountain"	Hovhaness
Meditation – Violet Flame	"Der Rosenkavalier	Richard Strauss
Wieditation Violet Flame	Waltzes"	Richard Strauss
Meditation – Violet Flame	"Symphony #4 in D Minor"	Schumann
Meditation – Violet Flame	"Trepak" from <i>The</i>	Tchaikovsky
Wicditation Violet Flame	Nutcracker	Tenanovsky
Meditation – Violet Flame	"Ride of the Valkyries"	Wagner
Mother Mary	"Ave Maria"	Schubert
Raphael & Mother Mary	"Whispering Hope"	Winner
Nada	"Mattinata"	Leoncavallo
Orion	"Symphony #2"	Sibelius
Peace & Aloha	"18 <sup>th</sup> Variation"	Rachmaninoff
Portia	"Radetzky March"	Strauss I
Ray – Blue	"The Heavens are	Beethoven
Thuy Blue	Sounding"	Beemsven
Ray – Blue	"Symphony #9"	Bruckner
Ray – Blue	"St. Michael, Archangel"	Respighi
Ray – Blue	"Karelia Suite" –	Sibelius
	Intermezzo	
Ray – Blue	"Die Moldau"	Smetana
Ray – Blue	"Entrance of the Gods into	Wagner
-	Valhalla''	
Ray – Blue	"Prelude Act 3" from	Wagner
	Lohengrin	
Ray – Illumination	"Morning Mood"	Grieg
Ray – Illumination	"Gigue in D Major"	Pachelbel
Ray – Illumination	"Praise God, from Whom	Hymn
	All Blessings Flow"	
Ray – Love	"Polovtsian"	Borodin
Ray – Love	"Caprice Viennois"	Kreisler
Ray – Love	"The Lord Now Victorious"	Mascagni
	from Cavalleria Rusticana	
Ray – Love	"Intermezzo" from Suor	Puccini
	Angelica	~
Ray – Love	"Musette Waltz"	Puccini
Ray – Love	"The Swan"	Saint-Saens
Salamanders & Sylphs	"Anitra's Dance"	Grieg
Sanat Kumara	"Finlandia"	Sibelius
Serapis Bey	"Celeste Aida" from Aida	Verdi

Surya	"Aloha 'Oe"	Lili'uokalani
Venus	"Symphony #2" (3 <sup>rd</sup>	Rachmaninoff
	Movement)	
Victory	"Symphony #5" ("Victory	Beethoven
•	Symphony")	
Zarathustra	"Symphony #9 in C Major"	Schubert

# **Music of the Spheres on The Cosmic Clock**

## (The Summit Lighthouse)

Line	Song	Composer
12-Line	"O My Beloved Daddy"	Puccini
	"One Fine Day"	Puccini
1-Line	"War March of the Priests"	Mendelssohn
	"Wedding March" "Symphony No. 41 in C Major" ("Jupiter")	Mendelssohn Mozart
	"Ave Maria"	Schubert
2-Line	"Polonaise Op. 53 in A-Flat Major"	Chopin
	"Hallelujah Chorus" from Messiah	Handel
	"See, the Conquering Hero Comes!"	Handel
3-Line	"Jesu, Joy of Man's Desiring"	Bach
	"Magnificat in D Major"	Bach
	"Passacaglia in C Minor"	Bach
	"Sleepers, Awake"	Bach
	"Toccata and Fugue in D Minor"	Bach
	"Ave Maria"	Bach / Gounod
	"Hymn to the Sun" from <i>The Seasons</i>	Haydn
	"Concerto No. 2 in C Minor"	Rachmaninoff
	"Rhapsody On A Theme Of Paganini – 18 <sup>th</sup> Variation"	Rachmaninoff
	"Song of India"	Rimsky-Korsakov

4-Line	"Lullaby"	Brahms
	"Thine Is My Heart Alone"	Lehar
	"Piano Concerto No. 1 in B- Flat Minor"	Tchaikovsky
5-Line	"Andante" from "Concerto for Harp and Orchestra"	Eichner
	"Pomp and Circumstance No. 1"	Elgar
	"Benedictus"	Gounod
	"Sanctus"	Gounod
	"Soldiers' Chorus"	Gounod
	"Concerto in A Minor"	Grieg
	"I Love Thee"	Grieg
	"In the Hall of the Mountain King"	Grieg
	"Morning Mood"	Grieg
	"Traumerei"	Schumann
	"Bridal Chorus"	Wagner
	"Entrance of the Gods into Valhalla"	Wagner
	"Good Friday Spell" from Parsifal	Wagner
	"Magic Fire Music"	Wagner
	"Prelude Act 3" from Lohengrin	Wagner
	"Song to the Evening Star" from Tannhauser	Wagner
6-Line	"Beautiful Dreamer"	Foster
3 255	"Overture" from <i>Orfeo ed</i> Euridice	Gluck
	"So I Mourn Her Death" from <i>Orfeo ed Euridice</i>	Gluck
	"Symphony #2"	Mahler
7-Line	"O Holy Night"	Adam
	"I Love You Truly"	Jacobs-Bond
	"Golden Days"	Romberg
	"One Alone"	Romberg
8-Line	"Canon in D Major"	Pachelbel
	"The Pope Marcellus Mass & Missa Brevis"	Palestrina

	"Dance of the Hours" from La Gioconda	Ponchielli
9-Line	"The Swan"	Saint-Saens
	"Celeste Aida" from Aida	Verdi
	"Triumphal March" from <i>Aida</i>	Verdi
	The Four Seasons	Vivaldi
	"Fantasia on a Theme by Thomas Tallis"	Williams
	"Fantasia on Greensleeves"	Williams
	"The Lark Ascending"	Williams
10-Line	"Benediction of God in the Solitude"	Liszt
	"Christus"	Liszt
	"Hungarian Rhapsody No. 15" ("Rakoczy March")	Liszt
	"Liebestraum #3"	Liszt
	"Intermezzo" from Cavalleria Rusticana	Mascagni
	"Meditation" from <i>Thais</i>	Massenet
	"Blue Danube"	Strauss II
	"Emperor Waltz"	Strauss II
	"Tales from the Vienna Woods"	Strauss II
	"Vienna Blood"	Strauss II
11-Line	"Symphony #9"	Beethoven
	"Panis Angelicus"	Franck
	"Finlandia"	Sibelius
	"Die Moldau"	Smetana
	"Vysehrad"	Smetana

## **Recommended "Powerful Songs"**

- "Allegro" from *Winter* Antonio Vivaldi (A song to represent the transition from Winter to Spring and from the Old World to the New World "The Transition Stage")
- "America the Beautiful" Samuel A. Ward & Katharine Lee Bates (A Keynote for the Land of America & the "I AM Race" The Summit Lighthouse)
- "Ave Maria" Bach / Gounod & sung by Charlotte Church (An Angelic Song of devotion to Mother Mary)
- "Battle Hymn of the Republic" Julia Ward Howe (A song of Courage, Strength, Perseverance, Freedom, & Victory)
- "Beautiful Savior" / "Fairest Lord Jesus" (One of the most Powerful & Devotional Christian Hymns)
- Beethoven's Nine Symphonies (Important for Harmony, especially during the ninemonth period of pregnancy for the mother & the unborn baby; contains the power of the "three-times-three" to counteract Rock Music; can help re-create the DNA chain; is Great "Music of Freedom"; & is the "Sound of Elohim" -The Summit Lighthouse)
- "Clair de Lune" Claude Debussy (A song that represents the Sacred Guru / Chela Relationship, especially when the Chela has been prepared for his or her Dharma / Divine Plan / Mission and must leave The Beloved Guru)
- "Come, Holy Dove! Mystical Union through the Names of God" Dorothy Lee Fulton (A song from the "Music of the Spheres" that has not been heard on the Earth since the time of Ancient Atlantis The Summit Lighthouse)
- "Devi Prayer" Ananda Vdovic (A song that is Beautiful, Devotional, & Sacred that focuses on the "Mother Goddess" and is truly wonderful to use when meditating on the "Mother Aspect of God")
- "Finlandia" Jean Sibelius (It is said that during the Nazi occupation, the playing of this song was prohibited because of the unbelievable power it had in stirring up an immense zeal for freedom among the prisoners. The Summit Lighthouse)
- "Here I Am, Lord" Dan Schutte (A song about Selfless Service that is based on Isaiah 6:8 "Also I heard the voice of the Lord, saying, Whom shall I send, and who will go for us? Then said I, Here am I; send me.")
- "Home! Sweet Home!" Henry Bishop & John Howard Payne (A song that focuses on how wonderful it is to be "Home", which can be used at different Levels to represent

- the Importance & Power of Our Holy Family; Our Kin's Domain / "Space of Love"; Patriotism / "Love of Country"; the Earth as Our Home; the Solar System as Our Home; the Milky Way Galaxy as Our Home; Our "I AM Presence"; & the "Great Central Sun")
- "How Great Thou Art" (A wonderful Christian Hymn focused on the Glory of God)
- "Hungarian Rhapsody No. 15" ("Rakoczy March") Franz Liszt (A song in which each note, the intensity of the note, and the octave in which the note is played indicate a point of initiation the sense of perpetual initiation...perpetual testing up and down the scales of life. The Summit Lighthouse)
- "Keep the Home-Fires Burning" Ivor Novello & Lena Guilbert Ford (A song that focuses on brave soldiers having to fight while dreaming of "Home" & the importance of their families maintaining things while they are away, which can also relate to anyone who must leave their Family / Home & the importance of their Loved Ones holding a "Balance of Light" until they return)
- "Ne Li Doumah" Peter Deunov & sung by The Vera Choir of Canada (A Beautiful Song that Musically & Lyrically represents *The Three Pillars of Purpose*)
- "Nella Fantasia" Ennio Morricone & Chiara Ferraù (A song of Imagination, Joy, Freedom, Justice, Peace, & a New World)
- "Nimrod" from *Enigma Variations* Edward Elgar (A song to symbolize Hope; the Reformation of Civilization; & Co-Creating a New World)
- "O Holy Night" Adolphe Adam & sung by Charlotte Church as well as The Summit Lighthouse Choir (One of the most Sacred & Powerful Songs ever written)
- "Ode to Joy" (9th Symphony) Ludwig van Beethoven (One of the Greatest Songs of Joy, Freedom, & Victory)
- "Overture" from *Carmen* Georges Bizet (A song that excellently represents the "Can-Do Spirit" to overcome obstacles, challenges, & all opposition in order to have a "Mighty Victory")
- "Paloma Blanca" George Baker (A song that wonderfully represents Joy, Freedom, & The Holy Spirit)
- "Panis Angelicus" César Franck (A song that focuses on the "Bread of Angels" / "Fruit of the Spirit" from God, as the Universal Christ, that nourishes the Soul and was referenced in **John 6:48-51**)
- "Rêve Angélique" Anton Rubinstein (A song that reflects the musical rhythm & harmonies that are in the centre of our Cosmos The Summit Lighthouse)
- "Sailors' Chorus" from *Flying Dutchman* Richard Wagner (A song of Victory overcoming the Human Ego & the Fallen Ones / Globalists)

- "Sleepers, Awake" Johann Sebastian Bach (A song to represent the Awakening of Mankind into Higher States of Consciousness & Spiritual Development)
- "Somewhere Over the Rainbow / What a Wonderful World" Israel Kamakawiwo'ole (A song of Beauty, Freedom, Harmony, Joy, Love, & Peace)
- "Stout-Hearted Men" Sigmund Romberg / Oscar Hammerstein II & sung by Nelson Eddy (A song of Brotherhood, "Can-Do Spirit", Fearlessness, Freedom, Honor, Selfless Service, & Strength)
- "Symphony No. 7 in A Major, Op. 92 II. Allegretto" Ludwig van Beethoven (An Incredible Movement that profoundly depicts the "Path of Initiation" with all of Its lows & highs / failures & victories as Our Soul strives to overcome all obstacles within & without in order to Ascend into Holy Union with Our I AM Presence & regain Our Oneness with God & Creation)
- "The Holy City" Michael Maybrick & Frederic Weatherly (A song that is used to show respect for the Old / Present City of Jerusalem & is also used in the Aquarian Age to meditate on the "Golden Age" / "New Jerusalem" spoken of in **Revelation 21**)
- "The Lark Ascending" Vaughan Williams (A song to represent the Soul on the Spiritual Path of Transcendence)
- "The Lord's Prayer" in Aramaic (A truly beautiful rendition of this Sacred Prayer / Song in the language that Jesus spoke)
- "The Sons of Liberty" from the *Johnny Tremain* Disney movie (A song about Faith, Freedom, Liberty, the Rights of Man, & challenging tyrants that is very important for America & every other Nation in the World)
- "Triumphal March" from Aida Giuseppe Verdi (A song to represent the Victory of our Souls Ascending into Oneness with our I AM Presence & for God's Children rising Higher in Consciousness to return to the "Garden of Eden")
- "Wellington's Victory" / "Battle of Vitoria" Ludwig van Beethoven (A song that is also known as the "Victory Symphony" & contains the "Spirit of Victory" in Sound The Summit Lighthouse)

#### \* \* \* NOTE \* \* \*

• There are MANY other Powerful Songs that were not specifically listed above. These include the Keynotes of Ascended Masters / Flames & Rays of God / Spiritual Retreats as well as the incredible songs by Peter Deunov, The Hearts Center, & The Summit Lighthouse. The music videos that are on this website (*Saint Germain's New World*) were chosen to correspond with the specific topics that were discussed in each section, and so they are also Powerful Songs.

## **Recommended Special Instruments**

- Aeolian Harp
- Carillon
- Esraj
- Flute
- Handbell
- Harp
- Harpsichord
- Organ
- Pan Flute
- Piano
- Sitar
- Violin
- Zither

## **Uplifting Singers**

- Amira Willighagen
- Ananda Vdovic
- Andrea Bocelli
- Andy Williams
- Charlotte Church
- Chloe Agnew
- David Hobson
- Delta Goodrem
- Dimash Qudaibergen
- Doris Day
- Engelbert Humperdinck
- Hayley Westenra
- Helmut Lotti
- Israel Kamakawiwo'ole
- Jim Reeves
- Josh Groban
- Judith Durham
- Julie Andrews
- Krishna Das
- Libera

- Luciano Pavarotti
- Lucy Thomas
- Maria Callas
- Marina Prior
- Mario Lanza
- Matt Monro
- Matteo Bocelli
- Mirusia Louwerse
- Mormon Tabernacle Choir
- Nana Mouskouri
- Neil Diamond
- Nelson Eddy
- Oleg Atamanov
- Olivia Newton-John
- Pat Boone
- Perry Como
- Slim Whitman
- Suzan Erens
- Vera Choir of Canada
- Vera Lynn

## **Uplifting Types of Music**

- Buddhist Chants
- Celtic
- Christian Hymns
- Christmas
- Gregorian Chants
- Indian Bhajans
- Indian Classical Raga
- New Age / Spiritual Music
- Renaissance / Baroque / Classical / Romantic
- Russian Bards
- Samaveda
- Taoist
- Tibetan
- Zoroastrian

### **Recommended Operas / Plays / Poems / Stories**

(Below are just a few examples; it is not a comprehensive list.)

#### Adventure / Courage / Freedom / Illumination / Love / Service / Victory

- *A Prophet in Wisconsin* (Mark L. Prophet)
- American Revolution & The Founding Fathers
- Bhagavad Gita
- Davy Crockett: Not Yours to Give
- King Arthur, Knights of the Round Table, & Camelot
- King Leonidas, the 300 Spartans, & the Battle of Thermopylae
- Life and Teaching of the Masters of the Far East (Baird T. Spalding)
- My Visit to the Sun (Phoebe Marie Holmes)
- *Saved by the Light* (Dannion Brinkley)
- Summer with the Leprechauns (Tanis Helliwell)
- *Sunshine Before the Dawn* (Judy Satori)
- *The Celestine Prophecy* (James Redfield)
- The Greatest Salesman in the World and The Greatest Salesman in the World, Part II: The End of the Story (Og Mandino)
- The Mystery of the Hidden City (Donald John Fern)
- *The Pilgrim's Progress* (John Bunyan)
- The Ringing Cedars of Russia (Vladimir Megré)
- *The Romance of Atlantis* (Taylor Caldwell)
- The Story of the Other Wise Man (Henry van Dyke)
- The 12 Labors of Hercules
- "Trials of Job" (Bible / Book of Job)
- Way of the Peaceful Warrior (Dan Millman)

#### Fables / Parables / Tales

- Aesop's Fables
- "Jack and the Beanstalk" (Lightbearers overcoming Fallen Ones / Globalists)
- *Jonathan Livingston Seagull* (Richard Bach)
- "Little Red Riding Hood" (Communism disguised to fool America / Lightbearers)
- One Thousand and One Nights
- Parables and Tales from the Future (Vladimir Megré)
- *Pollyanna* (Eleanor H. Porter)
- *The Empty Pot* (Demi)
- "The Golden Goose"
- "Three Couples Searching for Hope" (Revised Edition / 2019 / Thrust of Light: The Reformation of Civilization Through a Revolution in Education)

#### **Operas**

- *Aida* (Giuseppe Verdi)
- Richard Wagner's Operas
- The Magic Flute (Mozart's "Masonic Opera")

#### **Plays**

• Plays by "William Shakespeare" – (i.e., Francis Bacon / embodiment of Saint Germain)

#### **Poems**

- *A Servant of All* (Travis Adam Bradach)
- *Brotherhood* (Edwin Markham)
- *Dark Night of the Soul* (St. John of the Cross)
- Geoffrey Chaucer Poems
- Henry Wadsworth Longfellow Poems
- *Idylls of the King* (Alfred, Lord Tennyson)
- *Iliad* and *Odyssey* (Homer)
- John Keats Poems
- Omar Khayyam Poems
- Rumi Poems
- *The Hymn of the Pearl* (Apostle Thomas)
- *The Prophet* (Kahlil Gibran)
- *The Song of Hiawatha* (Henry Wadsworth Longfellow)
- William Wordsworth Poems

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### **Exposing the Fallen Ones / Globalists & Their Sinister Tactics**

- "Allegory of the Cave" from *The Republic* (Plato)
- "Allegory of the Garden of Eden" (Bible)
- *Animal Farm* and *Nineteen Eighty-Four* (George Orwell)
- *Brave New World* (Aldous Huxley)
- The Emperor's New Clothes (Hans Christian Andersen)
- *The Screwtape Letters* (C. S. Lewis)

### **Pilgrimages & Excursions**

(Below are just a few examples; it is not a comprehensive list.)

#### **Mother Nature**

- *Alps* (South-Central Europe)
- *Amazon Rainforest* (Bolivia, Brazil, Ecuador, Peru, etc.)
- Andes (Western Coast of South America)
- Gobi Desert (Northern China & Southern Mongolia)
- *Grand Canyon* (Arizona, USA)
- *Great Barrier Reef* (Northeastern Coast of Australia)
- *Himalayas* (Bhutan, China, India, Nepal, Pakistan)
- *Lake Louise* (Alberta, Canada)
- Niagara Falls (New York State, USA & Ontario, Canada)
- *Norwegian Fjords* (Norway)
- Red Rock State Park (Arizona, USA)
- Redwood National & State Parks (California, USA)
- Sahara Desert (Northern Africa)
- *Uluru* (Northern Territory, Australia)
- Yellowstone National Park (Montana & Wyoming, USA)
- *Yosemite National Park* (California, USA)
- o Autumn Leaves in New England (USA)
- o Cherry Blossoms in Japan
- o Green Mountains, Lava, Ocean, Rainbows, & Waterfalls in Hawaii
- Northern Lights in Scandinavia
- Snowfall in the Rocky Mountains
- Vineyards in Italy

#### **Sacred Places / Sites**

- Dolmens (e.g., Russia)
- Islands (e.g., Hawaii, USA / "Island of the Sun" Lake Titicaca in Bolivia)
- Megaliths (e.g., Cusco, Peru / Montana, USA / Tiahuanaco, Bolivia)
- Mountains (e.g., Croagh Patrick / Grand Teton / Kailash / Shasta)
- Pyramids (e.g., Giza, Egypt / Yucatán, Mexico)
- Sphinxes (e.g., Bucegi Mountains of Romania / Giza, Egypt)
- o Bethlehem in Palestine
- o Delphi in Greece
- o Fátima in Portugal
- Garabandal in Spain
- o Jerusalem in Israel

- o Lourdes in France
- o Machu Picchu in Peru
- o Medjugorje in Bosnia and Herzegovina
- o *Mont-Saint-Michel* in France
- o Potala Palace in Tibet
- o Sacsayhuamán in Peru
- o Sistine Chapel in Vatican City
- o Stonehenge in England
- o Taj Mahal in India
- o Tiger's Nest Monastery in Bhutan