

Vital Keys –

Pillar 2: *Service to Life*

The Golden Rule

- Universal Moral / Spiritual Principle
 - “Do unto others as you would have them do unto you.”

The Two Great Commandments

- Matthew 22:35-40
 - 1) “You shall love the Lord your God with all your heart and with all your soul and with all your mind.”
 - 2) “You shall love your neighbor as yourself.”

The Four Commons

Being “Common” Is Extraordinary!

* * * NOTE * * *

The Golden Rule is THE simplest Universal Moral / Spiritual Principle, and the world could be changed very quickly if everyone applied it daily and in all situations. The same can be said about *The Four Commons*, for they demonstrate the **PSTU Standard** established by the *Thrust of Light* Activity (i.e., *Practical, Simple, Timeless, Universal*). Anything “common” is usually thought of as being “ordinary” / “average”. The Four Commons are “Extraordinary” because of how easy they are to remember and to apply in people’s lives . . . and how powerful they can be to transform the world into an Earthly Paradise!

Common Sense – (good & practical judgment)

Common Courtesy – (polite attitude & behavior)

Common Decency – (morality & dignity)

Common Good – (benefit & interests of All)

Live a Meaningful Life

Give Meaning to your Life, or it will have no Value.

The Greatest Value comes from Purpose.

Life is meaningless without Purpose.

The Three Pillars of Purpose bring Meaning & Value to our Lives.

Selfless Service

- We are striving for the **“Will of Man”** to become the **“Will of God”**.
- It is our Hope for the **“Heart of Man”** to become the **“Heart of God”**.
- This takes place through the *Path of the Ruby Ray*.
 - **Sacrifice**
 - **Surrender**
 - **Selflessness**
 - **Service**
- **“The Four S’s”** (listed above) are Individual & also intertwined as One . . . creating a **“Rose Cross”** by which Man can express the Divine Love of God.
- **“Service”** will be an even greater focus for Mankind during the Aquarian Age than during previous Ages, including the Piscean Age. It is a Sacred Activity that includes Sacrifice, Surrender, & Selflessness. People will rise higher in consciousness & spend more time on Spiritual Development & Service to Life.
- **“Communities of the Holy Spirit”** will be established around the world, and people’s primary focus will be on Glorifying God, Serving Each Other, & Nurturing All of Life.
- People will be **United**, not **Divided**. There will be a Greater Oneness among Mankind than at any other time in recorded history. We will build a Golden Age Civilization, and this will be done through our Selfless Service.
- *The New Jerusalem* is Above; *The City Foursquare* is Below. It is the Cosmic Figure-Eight Flow of making Heaven & Earth One . . . As Above, So Below.
- The **“West Gate”** of The City Foursquare has been said to be the **“Gate of the Future”**. That Future is NOW . . . the Age of Aquarius. It is the Special Time when the “Saints” / “Great Multitude”, as “Christed Ones”, will outpicture the Mother Aspect of God & the Holy Spirit . . . and will work together in Love, Joy, Peace, & Harmony. They will

strive to BE Pure, to raise their Souls & merge with their Holy Christ Selves, to BE One with their Individual I AM Presence, & to bring the Light of God into the Earth.

“After this I beheld, and, lo, a great multitude, which no man could number, of all nations, and kindreds, and people, and tongues, stood before the throne, and before the Lamb, clothed with white robes, and palms in their hands;

And cried with a loud voice, saying, Salvation to our God which sitteth upon the throne, and unto the Lamb.”

- Revelation 7:9-10

“Selfless acts are seeds planted in the soul of a planet . . . a compelling momentum for Love as the foundation of a new age.”

“. . . that you might render service, knowing that every act that is selfless is a seed that is planted in the soul of a planet and that that seed will mature and wax strong and then blossom as a floral adornment for those who come after.

This is the meaning of the blooming of Aaron’s rod.”

- Ascended Master Lanello (*Cosmic Consciousness*)

- When we freely choose to Serve Life as a Selfless Expression of Divine Love, our Pure thoughts / feelings / words / deeds are directly & indirectly achieving positive results in the Present . . . but they will also achieve positive results in the Future.
- Everything is Energy, and it cannot be created or destroyed . . . it simply changes form. Therefore, ALL the Energy of our Pure Expressions will continue long after we are gone (from this lifetime or from reincarnating altogether); however, our Compassion / Kindness / Love will remain. People will feel our Beautiful Energies and be inspired to live Good Lives & engage in Good Works as well. This is the **“momentum for Love”** that Lanello spoke about, which will lead to establishing a Golden Age Civilization.
- People should study *Ich Dien*, a book by Clara Louise Kieninger. It means **“I Serve”** and provides a truly wonderful example of living a Life of Service.

“I Live to Serve, I Love to Serve, I Serve to Set Life Free!”

- The Summit Lighthouse

(Invocations to the Hierarchy of the Ruby Ray – “Ich Dien!”)

- People should also study the Greek Legend of **Damon & Pythias**. This story illustrates the Qualities of True Friendship as well as “The Four S’s” . . . including Sacrifice & Selfless Service. The way that we treat our closest friends (& family) is the way that

we should strive to treat EVERYONE. We should Honor & Serve God within All of Life. We should follow *The Golden Rule* in all situations. We should love “our neighbors” as ourselves. We should be working to develop a Noble Character, and this can be achieved when we devote our lives to *The Three Pillars of Purpose*.

- It would be beneficial to have a “**Praying Hands**” picture on the wall or one’s personal Altar at home. This famous painting by Albrecht Durer is an excellent symbol of our dedication to God’s Will & to Holy Service. Through Prayer, we may offer our lives to God . . . for our Hearts / Heads / Hands to BE Instruments for His Heart / Head / Hands. It is the Balanced Expression of The Threefold Flame within us, as a Spark of Divinity from God’s Threefold Flame . . . As Above, So Below. We hope to BE Pure Chalice / Vessels for The Creator . . . as Father, Mother, Son, & Holy Spirit.

Sensitivity of the Soul

- The Purer we become, the more Light we can contain. The more Light we contain, the more Sensitive we become. Our Sensitivity expands as we rise higher on The Path. It allows us to “Feel” / “Sense” things that are more subtle in nature through increasing our Attunement / Intuition. It also includes feeling more Energies around us. Souls with Greater Attainment & Purity experience things that most others do not and can even “Hear” / “See” / “Smell” things that are beyond the normal Five Senses.
- This **Spiritual Ability** of **Magnified Sensitivity** can be used for Great Purposes:
 - Being more specific when Praying
 - “Feeling” what is taking place anywhere in the world (or on Inner Levels)
 - Healing animals / people / the environment
 - “Hearing” the *Music of the Spheres* when composing songs
 - Knowing if a situation is safe or not
 - Knowing if someone has pure motives or not
 - Knowing if someone is telling the truth or not
 - Knowing the “Right Thing” to say or do in order to help someone
 - “Reading” / “Seeing” Auras
 - “Seeing” Etheric / Heavenly Images when drawing / painting
- However, this increased Sensitivity can make some people feel like a “raw nerve”. It can be very challenging to feel so many intense Energies, which often makes people feel “heavy” & tired. It can affect people’s concentration, diet, sleep, and so on. Some people become anxious or “emotional”; they feel the suffering around the world, and the pain is too overwhelming. When we “Feel” ourselves more, we can “Feel” others more as well . . . because it is ALL Energy & we are ALL Connected.
- Sensitivity can be wonderful; it can also be a burden. We should pray for the protection & strengthening of our own Souls . . . and our entire Consciousness, Being, & World. We should pray for our I AM Presence & the Ascended Masters to illumine us on how to better carry our burden, which is a Selfless Sacrifice on behalf of Humanity.

- Another suggestion is that we should turn our attention away from our own Sensitivity and remain focused on the Sensitivities of others. Meaning, we can “forget ourselves” when we focus on the suffering of others through the mindset of Practical Action to help them. We must remember to have Empathy, not Sympathy. We should not allow the Pure & Selfless Sensitivity of Our Higher Self to become the Impure & Self-Centered Sensitivity of Our Human Ego.

- **The Two Greatest Gifts from God**
 - 1) **Life**
 - 2) **Free Will**
 - We must develop a genuine **“Reverence for Life”**. We must always respect people’s Free Will. We ALL have a God-Given Right to *Life, Liberty, & the Pursuit of Happiness*. We should focus our Sensitivity on ways to Assist / Nurture / Support ALL aspects of Life. We should **“sensitize our Souls to world need”** & have the courage to take Loving Action to help others improve their own lives.
 - It is about giving people a **“Hand Up”**, not a **“Hand Out”**. **Marxism** (i.e., Socialism & Communism) are the opposite of True Charity / Generosity that was developed by the Fallen Ones to establish tyrannical governments & make Lightbearers misuse their own God-Love through the “human mind” instead of the “Christ Mind” . . . and “human emotions” instead of “Christ Compassion”.

- We should study & practice the Great Wisdom within the **“Prayer of Saint Francis”**. It helps us to learn how to focus on the needs of others instead of focusing so much on ourselves. This is not to suggest that we should never focus on ourselves, because our work on *Self-Perfectionment* is absolutely necessary. This is in reference to our focus on the human ego and, for some people, their “over-sensitivity” . . . by instead focusing on how we can help others through *Service to Life & Co-Creating a New World*.

- It would also be beneficial to read *The Story of the Other Wise Man*, a book by Henry van Dyke, and/or to watch the movie based on the book called *The Fourth Wise Man*. It is a wonderful story depicting “The Four S’s”, especially Selfless Service. Adults & Children will find it quite inspiring and can use the main character’s Spiritual Journey as a beautiful example of how they can behave in their own lives.

“I WILL!” / “WE WILL!”

- We (and future generations) must strive to become the type of people who want to BE Vessels for God and help make the world better. God respects our Free Will and waits for His Children to offer themselves as **“Instruments for Transformation”**. We often hear people ask very important questions . . . out of concern and/or fear:

- **“Who is going to fix our corrupt government?”**
 - **“Who is going to change our fraudulent economic system?”**
 - **“Who is going to bring ‘justice’ back into our justice system?”**
 - **“Who is going to support peace instead of conflict & war?”**
 - **“Who is going to courageously speak the Truth about current events?”**
 - **“Who is going to save our precious children from the attack upon them?”**
 - **“Who is going to stop this terrible decline of society?”**
 - **“Who is going to turn things around?”**
- With the **Power of the Holy Spirit** flowing within us & with the **Strength of Hercules**, we must boldly respond (Individually & as a Sacred Community of Lightbearers) . . .

“I WILL!”

“WE WILL!”

- We must BE the **“Heroes”** & **“Heroines”** that we are waiting for!
- This powerful expression of Selfless Service is spoken aloud, spoken silently to oneself, or spoken by the Soul. It is done from a Space of Love & Humility. It comes from the Heart of those who are in Higher States of Consciousness & embody Higher Degrees of Oneness with their Holy Christ Self.
- One of THE most important Bible Verses, which does not receive the attention that it deserves, is **Isaiah 6:8**. The Message is the “Motto” of True Servants of God. It will resonate within the entire Being of those who dedicate their lives to Serving Life. The Bible Verse, as well as the powerful song by Dan Schutte (**“Here I Am, Lord”**), should be meditated upon regularly for continued inspiration.

**“Also I heard the voice of the Lord, saying, Whom shall I send, and who will go for us?
Then said I, Here am I; send me.”**

- It is also worth meditating upon three (of countless) examples of Great Beings stepping forward to volunteer for a Sacred Mission.
 - 1) One account was a VERY long time ago when Helios & Vesta (the Hierarchs of Our Sun) wanted to create a New System with habitable planets for Souls to Spiritually Evolve. They needed the Assistance of the Mighty Elohim, as the “Builders of Form”. Elohim Hercules asked the other Elohim **Who** would like

to help Manifest the Divine Plan of Helios & Vesta. It is said that the Elohim were full of Love & Gratitude for the Opportunity to engage in Cosmic Service . . . and they each declared, **“I WILL!”** As the Spokesman for the Elohim, Hercules returned to speak with Helios & Vesta. He lovingly stated that their Collective Response to being asked to help was, **“WE WILL!”**

- Ascended Master Teaching Foundation
(*The Seven Elohim Speak*)

- 2) Another very special account, which is even more well-known among Students of the Ascended Masters, also took place a long time ago. The Earth was in a Dark Period with nobody focusing on God, maintaining The Threefold Flame, or embodying the Christ Consciousness. The Cosmic Council made the decision to “dissolve” the Evolutions of Earth. It was Sanat Kumara who stepped forward and volunteered to leave his home planet, Venus (“The Love Star”), in order to hold a Balance of Light & maintain the Focus of The Threefold Flame within the Earth until others would begin to do so themselves. He wondered **Who** was able to try one last time to save the Earth & Its Evolutions and responded within himself, **“I WILL!”**

Countless Great Beings of Light offered their Love & Support after hearing that Sanat Kumara was given permission to help the Evolutions of Earth. Along with Sanat Kumara, there were 400 Sons & Daughters of God (and later 144,000) who also Selflessly Sacrificed to be exiled on the Dark Earth. All of these Great Beings were filled with Love & Gratitude for the Sacred Opportunity to engage in Cosmic Service. They may not have been formally asked to do it; however, when they recognized that something needed to be done and thought about **Who** would help Sanat Kumara with such a difficult Mission . . . they most certainly would have responded (within themselves), **“I WILL!”**

It was the Great Being whom we call Gautama Buddha, as the Spokesman for “The Great Multitude”, who stepped forward to announce that Sanat Kumara would not have to go alone but that they would provide him whatever assistance was needed for such a Noble Cause. In yet another incredibly Special Moment in “Cosmic History” (currently unknown to most people), something of Great Importance had to be done. Lightbearers were **Prepared, Purified, & Ready** to leave their homes (and a Golden Age Civilization) to Serve with Sanat Kumara. In this instance, Gautama spoke for ALL and declared their Pure Intentions to help by saying, **“WE WILL!”**

- The Summit Lighthouse
(*The Story of Sanat Kumara*)

- 3) Another very special account of this **“Willingness to Serve”**, regardless of the Sacrifices involved, has been well-known by people around the world for over 2,000 years . . . and that is when Jesus was praying in the Garden of Gethsemane. The story references the Agony that Jesus experienced knowing the torture & crucifixion that were going to take place and making the Selfless Decision to

Surrender to God's Will . . . to complete his Sacred Mission & to achieve what was intended on behalf of Humanity. There may not be a historical recording of Jesus saying, **"I WILL!"**, but what is recorded in The Bible is the same Noble Character of knowing that something important must be done & to be willing to do it . . . especially knowing that it is God's Will.

"...Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done."

- Luke 22:42

- What would have happened (with just the three examples above) if those Great Beings responded to a world need for Selfless Service by saying, **"I / WE WILL NOT."**? Everything would be drastically different today; in fact, we would probably not even be here today and would be Living / Spiritually Evolving on another planet (or more). The Sacrifices of the "Few" have always benefited the "Many".
- That is how we should ALL feel. We may not be called to accept huge Responsibilities right now, because we must work to increase our Levels of Consciousness as well as our Self-Realization & Self-Mastery. We will be provided with Greater Opportunities for Greater Service as we continue to Purify ourselves . . . Balance our Threefold Flame . . . demonstrate that we are "Willing & Able" to BE "Servants of the Light" . . . and desire God's Will above all else.

Christmas & Valentine's Day

- **Christmas**
 - It is a Special Period when one yearly cycle comes to an end & a new one begins. The "turning of cycles" provides us with more opportunities for *Transcendence* . . . Individually & Planetarily.
 - It is a "Magical Time" that makes us feel good & fills us with a Sense of Hope. We feel so Joyful & Free! Why should we wait until December to experience what we do at Christmas Time and then go back to "normal" when it is over? We should be filled with **"The Christmas Spirit"** all year round!
 - It is not about shopping (i.e., "commercialism") or over-eating. It is about Love, Joy, & Peace . . . spending time with family & loved ones . . . showing Kindness & Generosity to others . . . and expressing sincere Gratitude to God for our Lives & our countless Blessings.
 - It is, of course, the Special Time when we celebrate the Birth of Jesus & Honor Him, as a Magnificent Example of "Christhood". We should also use Christmas to focus on the **"Birth of The Christ Within Us"** & follow in Jesus' Footsteps by becoming "Christed Ones" like Him.

- **Valentine's Day**
 - One day each year, many people make an effort to be Kinder & more Loving than usual . . . especially to family, friends, & other loved ones.
 - While this is certainly a nice tradition, it is also worth asking why we need a Special Holiday to treat others so well. Every day can be Valentine's Day! We can share our Light & Love with family, friends, & strangers every single day.
 - It is not just about chocolates, flowers, jewelry, & romance. It is an important part of our *Service to Life* by Lovingly & Selflessly Serving others without wanting or expecting anything in return. The world could be transformed very quickly if everyone Freely & Generously shared their Unconditional Love with All of Life!

God is *Love*.

We are *Love*.

What else needs to be said?!

Dharma / Divine Plan / Sacred Labor

- Our *Service to Life* consists of the countless Positive Things that we think, feel, say, & do throughout our lives that benefit animals / other people / the environment. It can take place publicly or privately and in big or small ways, depending on our focus and what we hope to achieve. It is ALL important . . . when it is done with a Pure Motive! A “small & private” Humble Expression of Divine Love to help Humanity (e.g., praying in one's home) is more pleasing to God than a “big & public” prideful display of human love that may be for “A Good Cause” . . . but just brings attention to the human ego.
- The different types of Service that we engage in are based on dharma, karma, personal interest, personality / individuality, & recognizing what needs to be done . . . and then doing it. We can Serve every day in countless ways . . . individually and/or with others.
- No matter what assistance we are trying to provide, we should be overflowing with Love & Joy (at least within ourselves) . . . for it may be inappropriate to be laughing & “having fun” in certain situations. Nevertheless, our Joy will help others to become more Joyful themselves . . . which is especially important when people are dealing with very difficult circumstances.
- Our motivation for Serving Life is to give Love & Hope. No matter what we are trying to do for other people, we want to inspire them & help them to find their Freedom. That

“Freedom” may be Spiritual, Mental, Emotional, and/or Physical; however, it is the **“Freedom of the Soul”** that we are truly focused on. Similarly, it has been said:

“Many can feed the Body; Few can feed the Soul.”

- This is not to suggest that people should stop trying to help feed the homeless / poor. It is absolutely essential that our basic needs are met. We know that Jesus often fed people before speaking to them, which was demonstrated in the story of him multiplying the fish and the loaves. He understood that people must have the necessary nourishment for their bodies & minds so they can concentrate on listening to Spiritual Teachings about how to improve their individual lives, their families, & their communities.
- However, that also demonstrates that the core of our Service is to **“Nourish the Soul”**. If that means nourishing the body first, then we must do so. We must find ways to nourish ALL aspects of Life. We cannot expect to raise up “Third World Countries” if the people are starving and do not have their basic needs met. (**NOTE:** The Fallen Ones / Globalists do not want to end global poverty, which is proven by how so many nations that receive aid & charity are still living in terrible conditions today.)
- We must always remember that our Goal is Freedom! We want people to be FREE from the limitations of their own human ego, from their own negative karma, from negative planetary karma, from the diabolical “counterfeit creation” of the Fallen Ones, & even from the need to continue reincarnating. We want ALL of the Sons & Daughters of God to become **“Christed Ones”** like **Jesus . . .** and **“Buddhas”** like **Gautama**.
- This means that our countless expressions of Service must always be focused on giving the Soul what it NEEDS to move in that direction & to rise higher in consciousness. Our Purpose in Serving Others is to help people to help themselves! We do not want them to be dependent on anyone but their own I AM Presence & God. We definitely do not want them dependent on the government or even on the never-ending generosity of family, friends, & other compassionate people. We want everyone to be as Independent, Self-Sufficient, & Strong as possible . . . for that is what God / the Ascended Masters / our own I AM Presence want for us.

“Give a man a fish, and you feed him for the day. Teach a man to fish, and you feed him for a lifetime.”

- Ancient Proverb

- We want to **“Set Hearts on Fire”**! What does that mean? It means we want to provide the necessary assistance so that people can take back control of their Lives & Spiritual Paths (by giving Control to their I AM Presence & God). We just want them to live the way that God Envisioned . . . in Perfect Happiness, Harmony, Health, Joy, Love, & Peace. We want others to be inspired by the Selfless Service that was given to them,

or at least witnessed by them, and their Hearts will be Blazing with Divine Love to spend every day looking for ways to Serve Life.

- “Service” is what makes the Earth a planet worth Spiritually Evolving upon. If we all just focused on our own selfish human desires, the entire world would experience countless atrocities & quickly become consumed in Darkness. Our Dear Beloved Earth is a “**Planet of Selfless Service**” that leads to the Freedom of Mankind & the Earth! We continue striving for Greater Degrees of *Self-Perfectionment* so we can continue providing Greater Expressions of *Service to Life* . . . all of which helps us to become *Co-Creators of a New World!*

“And now abideth faith, hope, charity, these three; but the greatest of these is charity.”

- 1 Corinthians 13:13

Examples of Charity / Kindness / Love

- **Donations / Tithes**
 - Give **without** it being a “tax deductible donation”.
 - Tithe regularly – (Four Levels of Tithing).
- **Good Deeds**
- **Good Thoughts & Feelings**
- **Good Words**
- **Prayer** – (i.e., *Science of the Spoken Word*)
 - Pray “in secret” and/or with a Group of Lightbearers with Pure Motive.
 - Always finish by asking that our Prayers be adjusted according to God’s Will.

Dharma / Divine Plan / Sacred Labor

- Our *Service to Life* may also be very specific, depending on what our Souls volunteered to achieve in this Lifetime. While it is great to express our Love in many different ways, we may be needed (by our Higher Self & Ascended Masters) to pour our Light & Love into a specific Sacred Mission. For example, we may want to help the homeless or feed the poor but must focus our Energy & Time on holding a Balance of Light by getting married and raising children. Perhaps, we are “Called” to focus on being a Great Artist, Musician, Politician, Scientist, or Teacher. This is our “Dharma” / “Divine Plan”.
- No matter what Service we are involved with, it is good to remember that we are ALL:
 - *Defenders of the Helpless & Innocent*
 - *Emissaries of Light*
 - *Guardians of World Freedom & World Peace*
 - *Helpers of The Divine Helper*
 - *Liberators of Souls*
 - *Ministering Servants*

The Refiner's Fire

- It was mentioned regarding Pillar 1 how important “**The Refiner's Fire**” is for our Spiritual Development. In order to BE our True Selves, we must BE Pure. It cannot be said more simply than that. This means the Spiritual Path is a “**Path of Refinement**”. We are striving daily to Refine our thoughts, feelings, words, & deeds. We are Refining our entire Consciousness, Being, & World. We are working to Surrender into the Sacred Fire everything that is less than the Beauty, Purity, & Perfection of God within us.

God is Pure, so we must also BE Pure.

The Purer we become, the more of our True Selves we become.

The more of our True Selves we become, the more One with God we become.

The more One with God we become, the more of “Co-Creators with God” we become.

The more of “Co-Creators with God” we become, the Purer our Creations become.

The Purer our Creations become, the more They reflect the Purity of God.

The more They reflect the Purity of God, the more God's Purity Manifests.

The more God's Purity Manifests, the more our Purity must also Manifest.

The more our Purity Manifests, the Purer we will BE.

We must BE Pure, for God is Pure.

- It is not just Us who must endure “The Refiner's Fire” . . . EVERYTHING should as well. The Spiritual Path is about *Transcendence*, so even our Plans / Projects must pass the “**Baptism by Fire**” to be free of imperfections / impurities. When we choose to dedicate ourselves to Selfless Service, we want to make sure that our efforts will be Effective / Efficient. We want to succeed, because we want our Sacred Labor to achieve Great Things for All of Life . . . and we seek to Glorify God in everything that we do.
- We must “**put our affairs in order**”. This can involve many different things, for we are all unique Individuals with varying circumstances. What is important to understand is that we will need Greater Levels of Preparation as we seek Greater Levels of Service. Part of “**Sacrificing**” requires “**Organizing**”.
 - **BE Healthy**. Our ability to Serve Others will be influenced by our overall health / well-being. The Stronger we are Spiritually, Mentally, Emotionally, & Physically, the better our *Service to Life* will be.

“Physician, heal thyself.”

- Ancient Proverb

- We must organize our lives so that we are no longer **“Living to Survive”** but are **“Living to Thrive”**. It is difficult to focus on the needs of others when we are still so focused on our own (genuine) needs. We can Selflessly Serve even if we are dealing with our own challenges, including financial difficulties. However, it is easy to understand that any time spent focusing on OUR problems is less time that could have been spent focusing on helping others with THEIR problems.
- It is definitely not selfish to take care of ourselves, because we cannot help others (above the bare minimum) when we are still living in “survival mode”. Our hope is to organize our lives so that we can put more of our attention on BEing Instruments for God (e.g., to clothe, feed, & provide shelter for others) instead of having to spend so much time doing such things for ourselves.
- People who want to dedicate more of their lives to Service must create a lifestyle that will support such a Noble Path. This means that we should examine all aspects of our lives in order to figure out how we can have MORE Energy, Money, Resources, & Time that can be used in our *Service to Life*. **Giving Something** is absolutely better than **Giving Nothing** in Donations, Service, & Tithes. However, we will need to BE **Prepared, Purified, & Ready** in a completely different way if we hope to go “Above & Beyond” in our Givingness!

Brothers & Sisters of Humanity

- When we Serve Others, we are Serving God. The Creator is within The Creation, and The Threefold Flame within Lightbearers is the “Spark of Divinity”. Lightbearers are Sons & Daughters of God . . . and, therefore, Brothers & Sisters of Humanity. We want to BE **“Good Samaritans”** who provide valuable assistance that benefits the Spiritual, Mental, Emotional, & Physical aspects of people’s lives. This is Our Motto:

“I AM My Brother’s / Sister’s Keeper.”

- Our *Service to Life* requires **“Sacrifice”**, which can take place in many different ways. All Service requires us to Sacrifice our Energy / Light / Time. Depending on what type of Service we would like to engage in, we may need to Sacrifice our Material Goods / Money / Resources. We would usually prefer to **“Live & Serve”** . . . not due to fear or selfishness, but so that we can continue Living & Serving without having to leave our Loved Ones and spend years with the necessary process of having to reincarnate, go through childhood, mature, & finally start Serving again in our next embodiment . . . (as a “New Person” with a “New Life”). However, we may be called upon to make **“The Ultimate Sacrifice”** . . . to give our very Lives to help Others and/or for the

Greater Good. That is a powerful expression of Pure & Selfless Love. It is an incredible Sacrifice that demonstrates **“The Ultimate Act of Service”**.

“Greater love hath no man than this, that a man lay down his life for his friends.”

- John 15:13

- We are striving to help Animals & the Environment, as very important aspects of God’s Creation. We are striving to help Lightbearers, as Children of God. Our Vision is that ALL Lightbearers will merge with their Holy Christ Selves, earn their Ascensions by becoming fully One with their own I AM Presence, fulfill their Divine Plans, & win their Freedom from having to continually reincarnate in “physical bodies”.
- Also, we are working for the Earth Itself to Ascend in emulation of other planets (e.g., Venus) that maintain a Golden Age Civilization at Higher Levels of Consciousness / Dimensions . . . and which the Earth experienced as well before “The Fall” (i.e., the descent of the Fallen Angels and their negative influence upon God’s Children . . . leading to the descent of Consciousness and causing us to embody at the Level of the Physical Plane instead of remaining at the Level of the Etheric Plane).
- It is true that Fallen Angels do exist and took on “human form” a very long time ago. We certainly do not want to support their sinister agenda for Mankind & the Earth, but not everyone has developed the ability to know who is a Lightbearer and who is a Fallen One. As a result, we often “Serve” the Fallen Ones without realizing it. That is what they wanted, because they falsely believe they are “superior” to the Sons & Daughters of God and want to make us their slaves while they act like our “gods”.
- We do not want to give Our Light to the Fallen Ones, because they have no Light of their own and want to take Ours in order to survive. We want to Serve Others, but we must also be mindful that Our Light is going to Activities / Individuals that are worthy of Our Light. We do not want to knowingly or unknowingly support the Fallen Ones, because they use Our Light to sustain Themselves & to enslave Us. They use Our Goodness against Us! We must be vigilant so that Our Sacred Hearts remain Pure, and we only give Our Light to The Creator . . . through His Creation & His Children.

A Few Keys

- Understand & Accept that Fallen Ones are among us.
- Learn to “know them by their fruits”. – (Matthew 7:16-20)
- Develop Discernment.
- Understand God’s Will for Humanity & the Earth – (to wisely use Our Light).

“We are Selfless Servants, not Slaves.”

Inspiring Examples

- **William & Catherine Booth**
 - Founders of *The Salvation Army*. Its charity work & humanitarian efforts help people around the world without discrimination. We should behave in a similar way . . . by witnessing people in need and doing something to help them. We should take the initiative in making the world better instead of waiting for others to do it. It can all begin with one idea that builds over time to become something that is capable of reaching every corner of the globe. It takes Love, Wisdom, & a proper use of Power to become a Great Leader / Selfless Servant who makes a Positive & Lasting Difference.

- **Edward J. Flanagan**
 - Founder of *Boys Town*. The story of Father Flanagan is world-famous. What began as a small orphanage for boys turned into a large Community / Village that provides care for boys / girls & families across the United States and has inspired other nations to establish similar organizations that use Boys Town as a model for creating positive change. Many years after his incredible life of Selfless Service, Father Flanagan was given the title “Servant of God”. Two classic movies were made about Father Flanagan & Boys Town. Its Logo of an older boy carrying a younger boy on his back was recognized around the world. A song with a similar title as the Boys Town Slogan became a worldwide hit.

“He ain’t heavy, Father. He’s my brother.”

- Boys Town

Path of a Bodhisattva

- When our Entire Being is focused on *Service to Life*, our many embodiments / lifetimes will consist of different types of “Sacred Missions”. We will achieve various things that help Animals / People / The Environment . . . and do so in various roles within society. The time will come when a Soul can remain on the Etheric Plane and no longer has to reincarnate in physical bodies, because It fulfilled the requirements for the Ascension. This includes balancing at least 51% of one’s negative personal karma . . . balancing one’s Threefold Flame . . . and fulfilling one’s “Divine Plan”.
- Many Souls will choose to Ascend once they have reached the 51% mark, because there is no guarantee that the Earth will remain a suitable environment for Spiritual Growth or that Souls can find suitable parents to properly raise / educate them. When Darkness spreads, all of society can become corrupted . . . and this causes many Souls to decide that they can best Serve Life “from Heaven” (i.e., the Etheric Plane) instead of coming

back into embodiment with the risk of their Souls “getting lost” or “trapped” or at least negatively influenced to the point of descending in Consciousness and losing Oneness with their I AM Presence. This is always a valid concern.

- However, some Souls choose to forgo their hard-earned Victory in the Light. These are the “**Bodhisattvas**”. They are the Great Beings who could rise to Higher Levels of Cosmic Service and “do other things”, but they choose to remain with the Earth and help the Evolutions that are embodying on this planet until everyone has earned their Ascension and the Fallen Ones have been removed (i.e., sent to other planets or have gone to their “Second Death”).
- We should study the Great Life of **Babaji**, for example. This Indian Guru / Saint / Yogi is probably the most well-known Bodhisattva that people in both the East & the West know about. He is also referred to as an “Unascended Master”.
- We should study *The Song of Hiawatha*, a famous epic poem by Henry Wadsworth Longfellow (an embodiment of the Ascended Master Lanello). It beautifully depicts the “Path of a Bodhisattva”.

The Summit Lighthouse Glossary

- **Bodhisattva** – (Sanskrit, “a being of *bodhi* or enlightenment.”) A being destined for enlightenment, or one whose energy and power is directed toward enlightenment. A Bodhisattva is destined to become a Buddha but has forgone the bliss of nirvana with a vow to save all children of God on earth. An ascended master or an unascended master may be a bodhisattva.

The Hearts Center Dictionary

- **Bodhisattva** – A *bodhisattva* (Sanskrit) is a being who, having reached the point of full liberation, vows to refrain from entering the highest levels of Nirvana or progressing to cosmic levels of existence in order to remain on the Earth to assist all sentient beings to become fully enlightened and reach their liberation. Some bodhisattvas like beloved Kuan Yin are ascended and others remain unascended, embodying upon the earth to serve mankind at a very physical level.

The Sacred Yaks of Tibet

- When we look for inspiration, we normally look for people who have done Great Things and can be used as Wonderful Examples for us to follow. It is excellent (and wise) to do so, because we should always be looking to learn from others (who are worthy of being emulated). This applies to EVERY aspect of society (e.g., Artists & Musicians). Life is about *Transcendence*; we should learn from those who are “better” than us at something, and others can then learn from us. The Guru / Chela Relationship is a very special example of this Powerful Process. When we are inspired by others, or we ourselves inspire others, then Society improves. Eventually, a Golden Age Civilization can be established. This is the “**Upward Spiral of Spiritual Evolution**”.

- Even though we are usually inspired by the lives of other people, we can also be inspired by the lives of certain Animals. The Yaks of Tibet are incredible! They embody many of the Qualities that we strive on the Spiritual Path to embody. Their lives are amazing examples of *Service to Life*.
- Elementals want to Serve Mankind, because we are Sons & Daughters of God . . . and they are grateful for the opportunity to assist us on our Spiritual Paths. They seek to do so with Love & Joy (especially when they are treated respectfully and given Love & Joy by us). They can also earn a Threefold Flame after they meet certain requirements through Selfless Service.
- The Yaks of Tibet, in particular, are vital to the survival of many Tibetans. There are physical reasons for using the Yaks, such as their milk, size / strength, & thick hair. Yet spiritually-speaking, they are wonderful in representing **The Four S's** . . . *Sacrifice*, *Surrender*, *Selflessness*, & *Service*. While they may not have “Free Will”, they still demonstrate a **“Path of Divine Love”**.
- These Sacred Animals also display a “Noble Behavior” that we can certainly emulate – (e.g., Harmonious, Peaceful, & Pure). The most well-known “Essential Attributes” are their incredible Stamina & Strength. Anyone who has seen Yaks (in person or in videos) is always amazed at their unbelievable ability to be a “large animal” and yet can thrive at a high altitude while carrying heavy loads and climbing steep mountains. It is truly inspiring for even Mankind to witness, as the Yaks show us the Characteristics that we need for the *Spiritual Path* . . . which are similar to what the Yaks need for their life of *Service to Man*.

Yaks are “Beasts of Burden”.

We are “Bodhisattvas of Burden”.

Examples to Emulate

- While we can certainly be inspired by amazing animals, like Yaks, when it comes to our Spiritual Path . . . there is still no better inspiration than to learn from those who came before us. This is why we study the Great Lives of Great People, so that we can try to follow in their Footsteps.
- There are so many wonderful examples that could be provided here of Beautiful Souls from around the world (and throughout history) who demonstrated “Noble Characters” and excellently embodied various Qualities of God. Such Individuals lived trying to bring more Light into the world, and they did so through *Service to Life*. We must do the same in our own way, because we are unique Individualizations of God. Below are just a few names & some video clips of amazing Selfless Servants for us to emulate:

- Florence Nightingale
 - Flower A. Newhouse
 - Mother Teresa
 - Omraam Mikhaël Aïvanhov
 - Peter Deunov
 - St. Elizabeth of Hungary
 - St. Nicholas of Myra
 - St. Padre Pio of Pietrelcina
 - St. Patrick of Ireland
 - St. Rita of Cascia
 - St. Thérèse of Lisieux
 - Walter & Lao Russell

 - **“Messengers of the Great White Brotherhood”** – (only a few examples)
 - Grace Cooke
 - Guy & Edna Ballard
 - Mark & Elizabeth Clare Prophet
 - Nicholas & Helena Roerich
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