Vital Keys –

Pillar 3: Co-Creating a New World

Animals & Elementals

- Humane Treatment of Animals
- Man will Love & Respect Animals. The Consciousness of Animals will increase as the Consciousness of Man increases.

"And even the imprisoned elementals and angels also who have been imprisoned by black magic, they follow after you because they hope to be liberated by your fire."

- Elohim of Purity

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / July 2, 1976)

- Man will understand that certain Animals are extremely important for the Spiritual Development of Man and in holding a Great Balance of Light for the Earth (e.g., Bears, Bees, Birds, Cows, Dogs, Dolphins, Elephants, Goats, Horses, Lions, Whales).
- Animals will be "Friends" and "Helpers" of Man . . . even the so-called "wild" ones, as mentioned in *The Ringing Cedars of Russia* book series (e.g., Bears & Eagles).
- No Animals will be killed for food, other materials, or sport.
- No Animals will kill other Animals for food / survival. They will be vegetarian and/or absorb nutrients by breathing pollen in the air as well as from Prana & Sunlight.
- Not all Animals / Creatures are God's Creation; only those which are will live among Man in a Golden Age.
- Man will see some "Old" Sacred Animals return from previous Golden Ages as well as "New" Animals not seen in the Past.
- Man's "Third Eye" will be open, and we will "See" the Elementals / Nature Spirits at the Level of the Etheric Plane (e.g., Salamanders, Sylphs, Undines, & Gnomes).

"The wolf also shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fatling together; and a little child shall lead them.

And the cow and the bear shall feed; their young ones shall lie down together: and the lion shall eat straw like the ox.

And the sucking child shall play on the hole of the asp, and the weaned child shall put his hand on the cockatrice' den.

They shall not hurt nor destroy in all my holy mountain: for the earth shall be full of the knowledge of the LORD, as the waters cover the sea."

- Isaiah 11:6-9

Architecture

- "Architecture of the Spirit" / "Cosmic Architecture"
- Modeled after the Sacred Architecture on the Etheric Plane of the planet Venus and the Retreats of the Ascended Masters over the Earth, other Planets, & Stars / Suns
- Beautiful & Magnificent (i.e., "Heavenly") Colors, Designs, Materials, Positioning
- "Homes / Temples / Cities of Light"
- "Crystalline Homes / Temples / Cities"
- Similar to the worthy examples from Earth's Past & Present (e.g., Lemuria, Atlantis, Ancient Egypt, Ancient Greece, Ancient Rome, The Renaissance, Washington, D.C.)
- Similar to beautiful Churches / Palaces / Shrines / Temples from the Past & Present.

Examples

- Bahá'í House of Worship (Wilmette, Illinois USA)
- o BAPS Shri Swaminarayan Mandir (Bartlett, Illinois USA)
- Byodo-In Temple (Kaneohe, Hawaii USA)
- o Duomo di Milano (Milan, Italy)
- *Florence Cathedral* (Florence, Italy)
- *Notre-Dame* (Paris, France)
- *Palace of Versailles* (Versailles, France)
- Parthenon (Athens, Greece)
- Sacré-Cœur Basilica (Paris, France)
- St. Patrick's Cathedral (New York City, USA)
- o Swaminarayan Akshardham (Gandhinagar, India)
- o Taj Mahal (Agra, India)
- *Temple Expiatori del Sagrat Cor* (Barcelona, Spain)
- Wat Benchamabophit Dusitvanaram (Bangkok, Thailand)

- Biomimicry
- In Harmony w/ Nature (e.g., Feng Shui)
- Natural Materials (e.g., different types of Stone & Crystal)
- In Harmony w/ Astronomy (e.g., the Pyramids of Egypt)
- Maintaining important Old Ley Lines & creating New Ones
- "Sacred Mathematics" / "Spiritual Engineering"
- "Esoteric Geometry" / "Divine Symmetry"
- "Sacred Geometry" (e.g., Fibonacci Sequence & The Golden Ratio)
- Platonic Solids
- Cylinders, Pyramids, Spheres, & Rectangular w/ The Golden Ratio
- Study, Emulate, & Transcend Sacred Structures used for Spiritual Initiations (e.g., Great Pyramid of Giza).
- Study, Emulate, & Transcend Buddhist & Hindu Architecture (e.g., Vastu Shastra).
- Study, Emulate, & Transcend "Monolithic Architecture".
- Study, Emulate, & Transcend "Classical Architecture".

"Noble and grand architecture, never before brought forth, will be a thing of reality in this world, not only within the souls of men but also as it is outpictured in their lives. The nobility of cosmic architecture within the domain of the individual is of more concern to us than beautiful buildings. Yet we know the effect and the influence upon mankind of beautiful buildings, of beautiful thoughtforms, of beautiful ideas."

- Saint Germain

(Dictation through Mark L. Prophet / The Summit Lighthouse / October 29, 1966)

<u>Art</u>

- God's Creation is Indescribably Beautiful. Man must follow God's Divine Example and create only Beautiful Things as well.
- "Beauty" is NOT "in the Eye of the Beholder". *Beautiful* IS *Beautiful* ... Ugly IS Ugly!

- A Golden Age Civilization will consist of only THE MOST BEAUTIFUL of God's & Man's Creations. The Higher we rise in Consciousness, the More Beautiful our Creations will be!
- Art must Retain & Radiate Light.
- "Heavenly Colors"
 - o bright / intense / rich
 - o soft / gentle / pastel
- Inspirational Carvings, Drawings, Illustrations, Paintings, & Sculptures
- "Magical Portraits & Scenes" images that are animated & move like a video but are actually paintings. Similar to what is depicted in the *Harry Potter* movies.
- We must never forget **"The Power of Images"** when it comes to raising or lowering the Consciousness of Man. Civilizations rise or fall depending (a great deal) on Culture, including Art. We must focus on The Divine (within & without), if we hope to become One with The Divine.
- **<u>Powerful Images</u>** (e.g., Adepts, Angels, Ascended Masters, Elementals, Mandalas, Sacred Geometry, Sages, Saints, Yantras, Yogis)

"Thus take care, beloved. Rather treasure a blank wall for meditation than any imperfect piece of artwork or a piece of artwork that serves no purpose. For remember, all things within the household can be distractions of the mind's eye, capturing you in this or that mandala that is not scientific or holy but simply the design of some artist who has painted something that might attract your fancy but does not have the matrix to charge the soul and uplift the interior being.

Understand, then, that your surroundings are extensions of your body and your aura. Let the temple be free of encumbrances and let there be space for the mind to go through the walls and beyond to contact the stars and other realms of being that you are a part of."

- Maitreya

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / July 3, 1993)

• Study, Emulate, & Transcend the "Masterpieces" of the Past & Present.

Examples of Illustrations & Paintings

- Akiane Kramarik Prince of Peace & Jesus
- Albrecht Dürer Feast of the Rosary & Praying Hands
- o Ananda Vdovic Devi Darshan & Oval Madonna
- o Auriel Bessemer Man's Choice & The Merging of Twin Flames
- Charles Sindelar Jesus Christ & Saint Germain

- Daniel Maclise The Spirit of Chivalry & The Spirit of Justice
- Edmund Blair Leighton The Accolade & God Speed
- o Gustave Doré The Ascension & The Triumph of Christianity Over Paganism
- o Hermann Stilke The Life of Joan of Arc Triptych
- o Jon McNaughton One Nation Under God & Peace Is Coming
- o Leonardo da Vinci The Last Supper & Salvator Mundi
- Lisa Delaney Divine Director & Clare de Lis and Lanello
- Mario Duguay Moving Towards the Light & Creator
- o Marius Michael-George Sanat Kumara at Shamballa & Shamballa
- May DaCamara The Magic Presence & Saint Germain
- Michelangelo Doni Tondo & Sistine Chapel Ceiling
- Nicholas Roerich Mother of the World & Madonna Oriflamma
- Norman Rockwell Four Freedoms & Golden Rule
- o Norman Thomas Miller The Spirit of Love & Chart of Your Buddha Nature
- Paolo Veronese The Wedding at Cana & The Feast in the House of Levi
- Raphael The School of Athens & Transfiguration
- o Ruth Hawkins Sanat Kumara & Lady Venus
- o Sandro Botticelli Madonna of the Magnificat & Madonna of the Book
- Tatiana F. Light Sign of the Cross & Age of the Mother of the World
- Thomas Cole *The Architect's Dream & The Voyage of Life Series*
- o Thomas Kinkade Walk of Faith & Spirit of Christmas
- Warner Sallman Head of Christ & Christ at Heart's Door

Examples of Sculptures & Statues

- Abraham Lincoln (Washington, D.C., USA)
- Adiyogi Shiva (Coimbatore, India)
- Amitabha Buddha (Jiujiang City, China)
- Christ the Redeemer (Rio de Janeiro, Brazil)
- Christ the Redeemer of the Andes (on the border between Argentina & Chile)
- *Ecstasy of Saint Teresa* (Rome, Italy)
- *Great Sphinx* (Giza, Egypt)
- o Guanyin of Nanshan (Sanya, China)
- Mount Rushmore National Memorial (Keystone, South Dakota USA)
- o National Monument to the Forefathers (Plymouth, Massachusetts USA)
- o Padmasambhava (Rewalsar, India)
- Spring Temple Buddha (Zhaocun Township, China)
- Statue of David (Florence, Italy)
- Statue of Liberty (New York City, USA)
- The Great Buddha of Phuket (Karon, Thailand)
- Xuan Wu (Kaohsiung, Taiwan)

"The law is that wherever the ascended masters' pictures are, that is where they focus their Electronic Presence. So it's not just paper and ink, it becomes the vibrating frequency of the ascended masters..."

- Elizabeth Clare Prophet

(https://store.summitlighthouse.org/saint-germain-by-sindelar)

"Whosoever proclaims Beauty shall be saved!"

"Remember, Art is the one vital medium of the coming culture. Through Beauty will you approach."

- El Morya (dictated through Nicholas Roerich / Agni Yoga) (https://www.reversespins.com/agnibeauty.html)

Bedding & Clothing

- Only natural materials will be used.
- No harm will be done to Animals.
- Excellent quality & ethically-produced
- Made by individuals for themselves and their families. Also, made by people who love the craft, have great knowledge / skills, & barter / sell / share within the Community.
- Use of Silk
 - "A Holy Cloth" (The Summit Lighthouse)
 - "Secret-Ray Fabric" (The Hearts Center)
 - o "Sacred Substance"
 - Special Ability (like certain gemstones) to "hold Light". Vibrations are different based on the Color & the Purpose (e.g., the 12 Rays 7 Primary & 5 Secret).
 - Blue / Protection
 - Yellow / Illumination
 - Pink / Love
 - White / Purity
 - Green / Healing
 - Purple & Gold / Service
 - Violet / Freedom
 - Rainbow / All the Qualities of the 7 Rays
 - Pastels & Combinations of Different Colors / Qualities of the 5 Secret-Crystal Rays
 - o Ahimsa Silk Production / "Peace Silk"

"Remember the focalization of silk. Remember the use of silk. It holds light. And it must be kept as a personal and a holy cloth, not given to other uses or to another lifestream."

- Archangel Raphael

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / January 18, 1981)

- One day, people will be able to "Materialize" / "Precipitate" whatever they need (such as clothing) without having to "make it" or "buy it".
- Specific Diet & Self-Mastery can lead to being unaffected by hot or cold temperatures (e.g., *Lemurian Scrolls* book, various Adepts / Sages / Saints / Yogis, & the Siberian Mystic, Anastasia).
- The Higher the Consciousness of Man (and the greater the Wisdom & Self-Mastery), the better the Weather / Climate will be due to Harmony with Mother Nature & Man's ability to Create & Sustain beautiful temperatures while working with Elementals. Only basic clothing will be needed when Man is living in areas that are semi-tropical all year.

Celebrations & Festivals

- It is wonderful to enjoy various Celebrations & Festivals with family, friends, & others who are like-minded. They can be Special Occasions & Activities of Light overflowing with so much Love & Joy!
- Such Activities can be for a Family, a Community of the Holy Spirit, a Nation, & even the entire World.
- They can be current Celebrations & Festivals that people already experience, and they can be Purified & Transcended (i.e., raised to Higher Levels of Consciousness). They can also be completely New Activities for the New Age.

Examples

- Commemorating Great Victories
 - Independence / Freedom
 - Success of Important Projects / Spiritual Missions
- Cycles
 - Planetary Alignments in our Solar System
 - Positioning of our Moon & Sun
 - Special Alignments of Moons / Planets / Stars in the Galaxy & Universe
 - The New Year
- Honoring Adepts / Sages / Saints / Yogis
 - All Hallows' Eve
 - All Saints' Day
 - Christmas
 - Easter
 - Feast Days for Saints
 - Wesak
- Honoring Angels & Elementals
 - Michaelmas

- Remembering their incredible Service to Mankind & the Earth
- Honoring Ascended Masters
 - "Ascension Days" when they earned their Ascension
 - Remembering their incredible Service to Mankind & the Earth
- o Mother Nature
 - Equinoxes & Solstices
 - Harvest
 - The Four Seasons
- o Prayer & Remembrance for the Faithful Departed
 - All Souls' Day
- o Spiritual Flames & Rays of God
 - Celebrate ALL of the Flames / Rays Individually or Combined
 - "Violet Flame Balls / Dances"
- They are incredible opportunities to express Gratitude to God for ALL of our Blessings and to bring forth more Light into the Earth.
- They can consist of the most amazing foods, beverages, art, music, dancing, games, plays, storytelling, sacred rituals, & other healthy / wholesome activities.
- They can also be great situations for people to meet their Twin Flame or a Soul Mate to one day marry and start a family with (which was also mentioned by Anastasia in *The Ringing Cedars of Russia* book series).
- Study, Emulate, & Transcend the Beautiful Ideas shared by those who have already spoken about this exciting topic (e.g., Omraam Mikhaël Aïvanhov & White Eagle).

"Truly, the laborers are few, and the harvest is plenteous. The time of threshing, the time of purging and of purification in this golden age is at the very door! Love, however, not fear, should be the welcome to draw men to the harvest festival with rejoicing. The cultivation of joy in contemplation of divine possibilities which are the blessed hopes of heaven is a wise way of expanding the light activities of our dear chelas who understand the hourly need to bring the practicality of a mystical Christianity into daily action before men that they may see the good works of the children of Light, and desire to be like them!"

- Maitreya

(Dictation through Mark L. Prophet / The Summit Lighthouse / September 23, 1960)

Cities of Light

• There will come a time when few people will want to live in cities (as they are right now). They will want their own land and to be a part of smaller communities.

- Cities can still be useful in the Future as Special Destinations for tourists from around the world and as Great Centers of Learning, Healing, & Culture (e.g., Arts & Music).
- There will be "Cities of Light" / "Crystal Cities". On the Physical Plane, this means that everything involved with cities will Transcend to become Beautiful, Clean, & Safe.

As Mankind & the Earth rise to the Level of the Etheric Plane, everything will rise Higher in Vibration (including cities). Some refer to the Ascending / Transcending of Matter / the Physical Plane to Higher Dimensions as **"Etherealization"**.

Physical Cities can be Beautiful & hold Great Balances of Light in the Earth. That is one understanding of the expression "Cities of Light". However, another understanding is when Cities become Ethereal and are Crystalline / Pure Light as experienced on the Etheric Plane.

• We should study the Ascended Masters' Teachings on the "Cities of Light" that already exist on the Etheric Plane over specific locations in the Earth (and Beyond) & seek to emulate what we can on the Physical Plane until the Ascension of Man & the Earth.

"Thus between incarnations the souls of greatest light have dipped again into the golden-age cities, etheric cities of light. And some have journeyed to the etheric cities of Venus and other planetary homes and there you have been inspired with wondrous designs of architecture, of science, and a spherical mathematics and even the bringing forth of the great art works once again and of the inner music."

- Mother Mary

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / December 24, 1980)

<u>**14 Etheric Cities**</u> – (The Summit Lighthouse)

- Seven over the **Seven Deserts**
- Seven over the Seven Seas
- o https://encyclopedia.summitlighthouse.org/index.php/Etheric_cities
- https://www.ascendedmastersspiritualretreats.org/ascended-mastersretreats/fourteen-etheric-cities-around-world-spiritual-great-whitebrotherhood/

"Many sons have come from Venus through the ages, and daughters wise. They have been leaders in the fields of religion and science, art, mathematics, industry, architecture and in laying the foundations of golden ages and civilizations. Some have built the etheric cities of Light that are a part of the earth in the etheric octave and others have taken embodiment and have built [cities of Light on earth] in golden ages past. Indeed, much of the inspiration that came upon Atlantis and has come again in

this age has been the product of the sponsorship or the direct involvement of Venusians."

- Lady Master Venus

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / January 3, 1993)

Civilizations

• Learning about "Civilizations" is one of the most exciting topics that we can focus on. It is extremely important & unbelievably fascinating to study different Civilizations so that we can better understand various Peoples & Cultures and learn valuable lessons that will help us to establish a "Golden Age Civilization" during this Aquarian Age.

"Some of you remember life on Venus, for you were there-the pastel hues, the frolicking with angels and elemental life, the freeness, the buoyancy, the feeling of such close communion with the Holy Spirit, the great master artists who portray Cosmic Beings, Central Sun Messengers in sculpture, in works of art, in the coin of the realm. Do not be surprised if the probes of Venus do not discover life there, for our lifewaves are evolving at a different wave length than your own. Yet nevertheless, they are real, they are tangible, and they are fulfilling the divine destiny of God in man."

- Sanat Kumara

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 28, 1974)

• Just imagine having the opportunity to know more about the failures & the successes of many other Civilizations, which can be used by us to *Co-Create a New World*!

Examples

- o Past Golden Age Civilizations on Earth
 - Early Root Races, Lemuria, Atlantis, & Egypt (to name just a few)
 - https://encyclopedia.summitlighthouse.org/index.php/Golden_age
- Subterranean Cities in the Earth (on the Physical Plane & Etheric Plane)
 - Inner Earth (Raymond Bernard & Dianne Robbins)
 - Telos (Dianne Robbins)
- Advanced Civilizations throughout the Universe (on the Physical Plane & Etheric Plane including the Ascended Masters' Retreats & Cities of Light)
 - Jupiter, Mercury, Pleiades, Sirius, Venus, Violet Planet (The Summit Lighthouse)
 - Lyra (Judy Satori)
 - Our Sun (Phoebe Marie Holmes)

Planet of Purity – (The Hearts Center)

"Some have not understood a mother's protective instinct as the highest love known in Nature and amongst all who have descended from God. America is a motherland, her lifewaves come again from Lemuria, Atlantis and previous golden ages. Here this seed of Light is taught to mother life, to nourish it and therefore [to say,] "Hail, Ma-Ray!"

This salutation unto the Divine Mother in all life is the key to unlocking the ascension flame. Out of the current of this mighty life-force ascending upon the spinal altar, you find, beloved, a love that is invoked for compassion's sake, for creativity and for the culture of the Mother that has flourished in all golden-age civilizations."

- Archangel Chamuel and Charity

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / May 31, 1987)

Colors

- Colors should be Pure & Beautiful.
- They should be Inspiring / Uplifting & make people feel Love & Joy.
- Bright or Pastel Colors for ALL aspects of life (e.g., bedding, clothing, furniture, house interior & exterior, other buildings, vehicles)

"The ascended masters teach the use of pastel colors (blue, yellow, pink, white, green, violet, purple and gold-the colors of the seven rays) not only in works of art but also in clothing, home furnishings, and interior decorating as a most effective means of drawing the spiritual radiation and blessings of the angelic hosts to manifest as an actual focus of the higher realms in one's immediate environment."

- The Summit Lighthouse

- Specific Reasons for Using & Wearing Specific Colors
 - Colors of the 7 Rays & 5 Secret-Crystal Rays of God
 - Different Color for each of the 7 Days of the Week (based on the 7 Rays)
 - Different Colors for Gemstones (and their Spiritual Application)
 - Different Colors for Healing (the Four Lower Bodies of Man & the Earth)
 - o Different Colors for Images (e.g., Mandalas, Paintings, Symbols, Yantras)
 - Different Colors for Meditation & Visualization (and The Spoken Word)
 - o Different Colors for Music & Sound
 - o Different Colors for Sacred Rituals & Holy Work
 - Different Colors for Silks (and their Spiritual Application)

- Study & Appreciate the Magnificent Colors of God's Creation (e.g., Earth / Nature).
- Strive for Purity & Harmony of the Colors of our Auras & Chakras.
- Study & Apply the Higher Spiritual Teachings on Colors.

Examples

- o Agni Yoga
 - https://www.reversespins.com/agnicolor.htm
- o The Hearts Center
 - https://www.heartscenter.org/TeachingsBlogs/FoundationalTeachings/ SevenRainbowRays/tabid/1316/Default.aspx
- The Summit Lighthouse
 - https://www.summitlighthouse.org/inner-perspectives/colors-of-theaura/
 - https://www.summitlighthouse.org/chakra-colors-divine-self/

"Light is a great key, beloved ones; and men and women should understand that the garish colors of the world with their deep-dyed densities only stir the passions and destroy hope while the pastel shades reactivate communion with higher spheres. By the correct use of color and the use of the correct colors, men can find in the limitless expansion of light's rainbow hues a renewal of their consciousness and the purification that must occur daily if they would progress along the path of stewardship."

- Vesta

(Dictation through Mark L. Prophet / The Summit Lighthouse / January 5, 1969)

* * * NOTE * * *

"Red, orange, black, brown, gray, olive and chartreuse. These colors, together with their metallic correspondents, silver and copper, vibrate at the level of astral creations and discordant qualifications such as anger, fear, doubt, resentment, pride, rebellion, greed, death, uncontrolled passion, etc. They can be seen in the auras of spiritually undeveloped people. The use of these colors should be avoided in wearing apparel and in home decorating by a disciple of the Brotherhood, lest through proximity and the flow of his attention he become the victim of vicious forces which can only gain entrance into his world through the penetration of inharmony and/or the above mentioned colors which focalize discord and disorder of the most degrading kind. Just as the Masters draw and maintain focuses of light wherever individuals express harmony and enhance it with the proper colors and music, spiritual matrices and individual consecration, so do the brothers of the shadow sustain their nefarious schemes through discordant focuses amplified by chaotic colors, thoughtforms, and music. In a recent dictation one of the great masters recommended that the students examine the objects of art in their homes, as well as the colors with which they surround themselves, removing all that do not contribute to the spirituality of the household, its members, and oneself. In the case of expensive and necessary items, a long-range plan is suggested for the gradual replacement of unsuitable items. Balance is the byword in all such transitions from the material to the spiritual; perfection the goal in an imperfect world."

- The Summit Lighthouse

Communities of the Holy Spirit

- "Age of Aquarius" Age of The Mother & The Holy Spirit
 - Harmony & Oneness with the "Mother Aspect" of God
 - Flowing with the "Energies of Life" & Embodying the "Sacred Fire" of God
- The Spiritual Meaning for *Community* is "come you into unity", comm-u-nity or "come you into one-ness" (The Summit Lighthouse)
- "True Community" Voluntary Unity while maintaining Individuality
- Communism was created by the Fallen Ones as the opposite of True Community. They do not create anything but only know how to destroy or to take what God & His Children Create and then pervert it & use it for diabolical reasons. They deceive, infiltrate, manipulate, & murder to steal Light so that they can sustain themselves & support their Activities of Darkness.
- Study, Emulate, & Transcend the True Communities of the Past & Present.

Examples

- o Agni Yoga Society
- Babaji & His Disciples
- \circ Benedictines
- Brotherhood at Gibraltar
- Brotherhood at Karnak
- Brotherhood of Mount Shasta (Lemuria)
- \circ Camelot (w/ Merlin & King Arthur)
- Carmelites
- Confucius & His Disciples
- Essenes
- Franciscans
- o Freemasons
- o Gautama Buddha & His Disciples
- o "I AM" Activity
- IDEAL Society
- o Isha Foundation
- Jesus & His Disciples
- o Kauai's Hindu Monastery
- \circ Knights of the Helmet (w/ Francis Bacon)
- o Knights Templar
- Lord of Hosts Church (w/ Hank Kunneman)

- o Monastic Community of Mount Athos
- o Omraam Mikhaël Aïvanhov & His Disciples
- Peter Deunov & His Disciples
- o Plato's Academy of Athens
- o Pythagorean Community / School at Crotona
- Questhaven Retreat
- Radiant Rose Academy
- \circ Rosicrucians
- Saint Patrick & His Disciples
- Samye Monastery
- Self-Realization Fellowship
- o Shaolin Monastery
- o Sons of Liberty
- \circ Sons of the Solitude
- \circ Sparta (w/ King Leonidas & the 300)
- Taoist Community in the Wudang Mountains
- \circ The Bridge to Freedom
- o The Hearts Center
- The Ringing Cedars of Russia Eco-Villages
- o The Summit Lighthouse / Church Universal and Triumphant
- o The University of Science and Philosophy at Swannanoa
- Theosophical Society
- White Eagle Lodge
- o Zarathustra & His Disciples

"Hasten ye, I say, to bank the fires of the heart's love in a self-givingness such as has not been seen, no, not since the day of the Lord Jesus Christ's submission to his judgment before the gods of this world. Greater love hath no man than this, that a man lay down his life for his friends. Let the sign of the heart become the sign of this Community of the Holy Spirit, and let it be one heart, one mind and one body that does sponsor the one-pointed goal of saving the nations for Saint Germain."

- Lanello

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / December 25, 1987)

- During the Age of Aquarius, there will be many *Communities of the Holy Spirit*.
 - They will be focused on embodying ALL aspects of **The Holy Spirit** (i.e., the "Third Person of the Trinity").
 - They will also live a Spiritual Life of Devotion & Gratitude to God (as **Father**), establish a Golden Age Civilization by working with God (as **Mother**), & become "Christed Ones" through the anointing by the Light of God (as **Son**).
 - There can be Physical Communities where people live & work together. There can also be Non-Physical Communities or Sometimes-Physical Communities (especially today via the Internet) where like-minded people can still experience

a **"Communion of Souls**" but without meeting in person and/or by having periodic gatherings in person – (e.g., conferences, retreats, & spiritual projects).

- The "Sacred Communities" will work with the Angels, Ascended Masters, & Elementals for the Betterment of Mankind & the Earth. They will also provide people with the opportunity to fulfill their Individual Divine Plan & to Walk the Spiritual Path toward their Ascension in the Light.
- They will also be connected (physically or not) with other Sacred Communities around the world. They will share knowledge & ideas. They will visit each other for celebrating, learning, praying, & working. It will create an "Antahkarana" / "Network of Light" that will hold an incredible Balance of Light for Man, the Earth, & Beyond.
- These **"Communities of Light"** will focus on *The Three Pillars of Purpose* (i.e., Self-Perfectionment, Service to Life, & Co-Creating a New World).

Buddha	Teacher	Guru	 Father	Power	Blue
Dharma	Teaching	Path	 Son	Wisdom	Yellow
Sangha	Community	Disciples	 Holy Spirit	Love	Pink

• They will be based on "The Three Jewels" / "The Threefold Flame".

• They will provide the opportunity & support for us to BE our True Selves.

- Divine Ideals / Universal Moral Principles
- Equality of Men & Women
- Honor / Integrity / Virtue
- Noble Characters
- Purity of our Four Lower Bodies (i.e., *Etheric*, *Mental*, *Emotional*, & *Physical*)
- Purity of the God-Qualities on the 12 Lines of the Cosmic Clock
- Selfless Servants / "Servant Leaders"
- The Four Commons (i.e., Sense, Courtesy, Decency, Good)

A Few Ideas for Physical Communities

- Adults will protect children from negative influences; properly educate & raise them for natural development; provide them with a Happy & Healthy Environment; teach them to become contributing members of the Community; support them to become "Christed Ones" / "Buddhas" & to fulfill their Divine Plans.
- Everyone has a role to play based on their Dharma, Karma, Knowledge, Skills, & Personal Interests (i.e., "Community Service").

- People can sell products & services or exchange them in a barter system.
- They can serve each other freely without getting anything in return and/or serve in a figure-eight flow so that all people's needs can be met (e.g., someone can fix a plumbing issue for another person, and that person can repair an issue with the other person's house / cook a few healthy meals / provide herbs that the other person does not have / give that person a painting in exchange for the service provided).
- They will ALL Walk the Spiritual Path as Individuals (i.e., "sit under their own vine & fig tree" **Micah 4:4**). They will also work together as a "Sacred Group of Lightbearers" to support each other on The Path & for Community Projects and/or Spiritual Projects that require more than one person to complete.

<u>A Few Ideas for "Viable / Sustainable" Communities of the Holy Spirit from</u> <u>Omraam Mikhaël Aïvanhov</u> – (The Hearts Center)

- Resources
 - o Land
 - Food
 - Trees
 - Permaculture
 - Good Soil
 - o Water
 - Rain
 - Underground Spring
 - Purified
 - Sunlight
 - Growing Food / Crops
 - o Distance from Electrical Pollution
 - Powerlines
 - Cities
 - o People
 - Those Committed to Walking the Spiritual Path
 - Those Committed to Sustaining the Community

• Key Elements

• Sanctuary – Worship / Meditation / Teachings can be given.

- Etheric Retreats can be created over them.
- o Community Center
 - Meetings / Collaboration
 - Kitchen / Eating
- o School
 - For all ages
 - Conception to High School
 - Trained Teachers
- o Jobs
 - Ones that can be used to create things & sell within the Community / means of exchange for money or barter. "Cottage Industry" (e.g., beekeeping / making clothes).
 - The more talents people have, the more sharing can take place . . . & the more sustainable the Community will be.
 - Collaborating with other Spiritual Teachers / Groups
 - Walk the Path to the Ascension
 - Givingness, Work, Service

• To Build a "Solar Civilization"

- $\circ\;$ We need viable / sustainable communities around the world that collaborate with each other.
- Hold a Balance of Light
- o Grid of Light / Antahkarana
- o Infusion of Light / Radiance
- o Model
 - Strong core of those living together
 - Others living on the periphery
- Truth sustains the Community.
 - The Core is Light.

Contact with Spiritual Beings

- When we rise Higher in Consciousness, we increase our Attunement with Higher & Subtler Aspects of God's Creation. We will be able to go beyond the Five Senses (i.e., Physical Senses) & access Higher Senses (i.e., Spiritual Senses).
- Among the exciting Sacred Activities that we will experience during the Aquarian Age is the ability to communicate with **Angels & Elementals** in a way that most people have not yet been able to develop.

- While there are many Angels already in embodiment (i.e., in human form), we will also be able to raise our Consciousness, Inner Hearing, & Inner Sight to contact Angels on the Etheric Plane.
- We already have the ability to establish wonderful relationships with Animals, Plants, Trees, & the Earth in a Physical Manner. We will also be able to contact the Elementals on the Etheric Plane that work "behind the scenes" to make Animals & the Physical Environment as Beautiful & Healthy as possible.
- Children are usually Purer & More Innocent than most Adults, and many of them have been able to "See" & "Speak with" Angels & Elementals as easily as they would with Animals & Humans existing on the Physical Plane. Instead of Adults dismissing it as just their "imagination" & "make-believe", the Children of the Future will be supported to maintain their natural ability to communicate with the Angels & Elementals . . . and Adults will strive to do so as well.
- Right now, everyone has the ability to speak to the **Ascended Masters**. This takes place through The Spoken Word or even silently in our Hearts. However, the responses from the Masters usually come in ways that we may not realize are from them. For example, the Masters can use Anyone or Anything to indirectly answer our prayers and/or will work through our Holy Christ Self by which we may have "a gut feeling" or experience "a light bulb moment".
- When we rise Higher in Consciousness, we increase our Attunement with the Etheric Plane & the Ascended Masters. We can receive direct illumination from the Masters by developing our Inner Discernment. We see this take place even now by Messengers & Prophets of the Great White Brotherhood as well as others who are in direct contact with the Masters and can already "Hear" & "See" them.
- In the Aquarian Age, everyone will know who the Ascended Masters are & will be able to "Walk & Talk" with them . . . which took place during previous Golden Ages.
- What has been shared so far may be difficult for some people to believe at this time, but it will become a Reality in the coming years, decades, & centuries. That may sound like a long period of time for us, but it will go by in a flash for the Ascended Masters . . . for they Live & Serve "Beyond Time & Space".
- Equally exciting is that we will also have direct contact with **Beings of Light** from other Planets, Stars, Inner Earth, & Spiritual Realms on the Physical Plane & Etheric Plane.
- Man will have an incredible **Cosmic Relationship** with Angels, Elementals, Ascended Masters, & other Beings of Light based on Love, Joy, Peace, & Harmony. We will ALL work together during the Aquarian Age to establish a Golden Age Civilization, Co-Create a New World, for Man & the Earth to Ascend, & to use that Mighty Victory as a Sacred Model for other Civilizations to follow throughout the Universe.

"Whereas your communication with beings and energies in the planes of Spirit may occur in periods of meditation and invocation, soul travel occurs most often while your body temple is at rest during the hours of sleep. For, you see, the aura that you build as a reflection of your awareness of God in many planes surrounds not only the physical form, but also the etheric, mental, and emotional vehicles.

The aura, then, serves as the forcefield of light that has been called the seamless garment. This garment adorns the etheric body as that body becomes the vehicle of the soul in its journeying in other octaves of Matter."

- Djwal Kul

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 13, 1974)

<u>Culture</u>

- We know that Souls are born to specific parents . . . with specific families . . . as a specific race & gender . . . in specific locations . . . at specific times . . . for specific reasons. Cosmic Law, Karmic Law, & the "Workings of God" are ALL Perfect.
- We are born in specific nations for many reasons (e.g., Dharma, Karma, Initiations). It is very important for most Souls to remain in their Place of Birth in order to help the People & Nation rise to Greater Levels of Spiritual Development. There are times when some people will have to leave their "Homeland" (temporarily or permanently) for specific Spiritual Reasons. However, the vast majority of Souls are intended to remain where they are for the Greater Good of Themselves, the Nation, & the World (even if they do not know it). They can embody in other nations through Reincarnation, if they so choose . . . or if they still have Karma to balance or a Dharma to fulfill.

* * * **NOTE** * * *

- What was shared above is in reference to "Living" and not "Traveling". It is wonderful for people to be able to visit many different places around the world. In the Aquarian Age, people will be able to not only travel around the Earth but also to other Planets & Stars throughout the Universe on the Physical Plane & Etheric Plane. We will get to visit incredible places & then return "Home".
- One of the most Beautiful Aspects of "Human Civilization" are the various Cultures. We love the Unique Architecture, Art, Clothes, Dancing, Food, Languages, Music, Traditions, and so on! Our Individuality allows us to be Creative & embody countless Expressions of God . . . which take place within a single person, a group, and/or an entire nation.
- The Higher we rise in Consciousness, the More Beautiful & Beneficial our Cultures will be! The Fallen Ones have created a "Culture of Death" for themselves & for God's Children, but we are striving to create a "Culture of Life" around the world during the Aquarian Age.

- This will be the "Age of the Sun". Man & the Earth will be Rejuvenated / Resurrected by the Light of the Sun within our Hearts, within the Center of the Earth, The Sun in the Center of our Solar System, & The Great Central Sun Itself.
- When we have our Great Victory of building a *Golden-Crystal Age / Solar Civilization*, it will have happened because we firstly established a "Culture of the Mother". It is not a new concept, for EVERY Golden Age in the Matter Universe will consist of such a Sacred Culture (e.g., Ancient Lemuria on Earth . . . "The Motherland").
- The "Culture of the Mother" is one that exemplifies Beauty, Purity, & Perfection. Man will live in a State of Peace, Harmony, & Oneness with The Mother Aspect of God . . . which is the Mother Light Within, Mother Nature, Mother Earth, & the Mother / Matter Universe. We will understand & apply Cosmic Laws while working *WITH* God instead of *AGAINST* God. We will Co-Create a "New Civilization of Light" by bringing God's Heavenly Kingdom to Earth . . . As Above, So Below.
- <u>"Culture of the Divine Mother"</u> (just a few examples)
 - Communities of the Holy Spirit
 - o Elixirs of Life
 - Enlightening Education
 - o Ethereal Art
 - \circ Food of Light
 - God-Government
 - Healing / Wellness Retreats
 - o Holy Families
 - Kin's Domains
 - Magnificent Gardens
 - o Music of the Spheres
 - Sacred Architecture
 - o Science of the Spoken Word
 - Technology of the Spirit
 - o Temples of Light
 - o The Abundant Life
 - The Golden Rule
- We will Study & Emulate (and even Transcend) the Beauty / Love / Purity of other "Cultures of the Mother" from the Past & Present.
 - o The Golden Ages of Atlantis & Lemuria
 - The Planet Venus (e.g., Shamballa on the Etheric Plane)
 - Venusian Creations on Earth (e.g., Palace of Versailles & Vienna)
- We will be dedicated to *The Three Pillars of Purpose*, developing Noble Characters, Purifying the 12 Lines of the Cosmic Clock & embodying the Sacred Qualities of God. We will create a "New Renaissance" for ALL aspects of society to express the Beauty, Purity, & Perfection of The Divine Nature of God.

The Age of the Mother Has Come!

"It is not even necessary to consider that it is fatalism to indulge these dark spirits forever that move against the Light. [You need not place your attention upon negativity.] For truly the age of the Mother has come! And the Mother in you is your victory and your freedom. The Mother within you is Truth and Light and energy and consciousness. And it is high time you demanded and lived upon it and followed in the path of the saints of East and West who sacrificed to achieve the attainment that they have. And they have let go! And they have put aside all else and they have said:"

The Saying of the Saints of East and West

I will sit beneath my Bo tree. *I* will sit beneath my vine and fig tree. I will meditate upon the LORD. *I* will release into the sacred fire All that must be purged from me. *I* will be delivered of all this human creation. I will be God in manifestation. *I will be the Mother in manifestation. I will deliver the Light to Her children!* And I will not stray, I will not be lukewarm. I will not sit on the fence. I will be on fire by the Power of Shiva within me now! I will now take the sword of Durga And I will take that sword and fierceness of Kali With the wisdom and the mind of Lakshmi, With the pure power of the Christ in Sarasvati— I will go forth. *I* will be the redeemer of the children of the Light. And not one of them will be lost. And the Divine Mother will be furious in me. And the wrath of the Divine Father shall descend. And I shall rescue the children of the Light! And the fallen ones shall be overturned by Her Power. And lo. I AM THAT I AM in me Is the pure Power of Krishna now made manifest. And I AM the bearer of that Light to the world. So I AM THAT I AM. So I AM the consciousness of God in the earth. So they shall not pass! So it is said in the name of Sanat Kumara, Maitreva, Gautama Buddha, So it is said in the name of the Avatar. So it is said in the name of the Mother.

- The Unknown Master of the Himalayas (Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / June 30, 1985)

Divine Sciences

- During previous Golden Ages, individuals were able to do things that would seem impossible to most people today. We might call it "Magic".
- There has been a fascination with Magic & **"Superhuman / Supernatural Powers"**, especially with the creation of Comic Books, Movies, & Television Shows. Are people simply being entertained & enjoy seeing things done that they cannot do themselves? Could it be something deeper . . . at a Soul Level? Do people instinctively know that God created Us to be More Powerful than we currently are?
- People's interest greatly increased during the late 1800s & early 1900s by those focused on the "Occult" & Spirituality. To them, having "Magical Powers" was not merely a fantasy / imagination / wishful thinking . . . they were very Real & could be developed with the Right Knowledge & Right Application.
- The Truth is that God created Us with the Ability & Opportunity to BE Powerful. For eons, the Fallen Ones have tried to hide Sacred Knowledge that was intended to Enlighten Man & help God's Children to become their True Selves. They needed to keep Us weak so that they could appear to be strong. They sought to prevent Us from becoming more Powerful than them.

Ignorance leads to Slavery!

Enlightenment leads to Freedom!

- When we live in a Golden Age Civilization & experience a Culture of the Mother, we can develop Magical / Spiritual Powers that will be as natural as breathing or walking.
- Divine Sciences / Magical Powers are not "good" or "bad"; Cosmic Principles are used for Good & Pure Purposes or Bad & Impure Purposes. This is where the expressions "White Magic" & "Black Magic" came from. It depends on specific factors, including: WHO is engaged in the activities . . . WHAT the activities are . . . WHY the activities are done . . . & HOW they are performed.
- We must also point out the Truth that some of the Great Adepts / Sages / Saints / Yogis of the Past & Present would not have had the lasting impact on society if they did not demonstrate Spiritual Abilities. They may have been truly amazing Souls with lifealtering Messages of Light that could change the entire world. However, in a Dark World that is controlling people and limiting Consciousness / Spiritual Development, it often takes "Magical Experiences" in order to help them Awaken.
- Would Moses have been able to free the Hebrew Slaves from the Pharaoh & his Priests (i.e., Black Magicians) if God did not perform Divine Magic / Miracles through him?

Would Christianity be a popular religion practiced by billions of people if Jesus was just "a wise man who said wise things" but did not perform Miracles & demonstrate incredible Spiritual Power? How many people would have read *The Ringing Cedars of Russia* book series & created Kin's Domains if Anastasia (the Siberian Mystic) did not demonstrate amazing Abilities to Vladimir Megré?

- We do not need Magical Powers to prove that we are Pure & have lived Purposeful Lives that brought Light into the World, nor do we need them to earn our Ascensions & become "Ascended Masters". If the Fallen Ones can develop Magical Powers, then developing them is not always a sign that people are Holy & Saintly.
- At the same time, we can be truly inspired by those who have done things that we do not yet believe we can do. That is a Key Aspect of the Spiritual Path . . . to study, learn, & emulate those who came before us & showed us The Way. This includes Adepts & Saints who had "Magical Powers", such as Padma Sambhava, Milarepa, Saint Patrick, Padre Pio, & other Great Beings of Light throughout recorded history.
- This is not to suggest that we must demonstrate Magical Powers to Awaken Humanity, for that would not always work anyway. Some people would become too focused on the demonstration of Spiritual Abilities & the People who performed them instead of focusing on the Spiritual Teachings & using them for *Self-Perfectionment*, *Service to Life*, & *Co-Creating a New World*. Other people could not be convinced even when they saw something Miraculous with their own eyes, for they would still believe it was an illusion / "magic trick".
- It is not blasphemy, heresy, or prideful to believe that we can do what Jesus did, if we Purify ourselves . . . rise Higher in Consciousness . . . become One with our Holy Christ Self, & study / apply Spiritual Teachings in order to use "Spiritual Powers" for the Betterment of Mankind, to bring Heaven to Earth, & to Glorify God.
- Jesus told us this Truth (which most Christians either do not know or choose to ignore):

"Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father."

- John 14:12

- There are many names for the same Spiritual Concept (e.g., Magic, Miracles, Siddhis, Spiritual Powers, Superhuman / Supernatural Abilities). We have lived for so long without knowing about these Powers or without seeing them demonstrated by others, & we believed the lies of the Fallen Ones about us being "mere mortals" & "sinners".
- The Truth is that we are Great Beings of Light, and ALL of God's Children throughout the entire Cosmos have the same Potential & Opportunity for Spiritual Development. We must always remember:

What One can do, All can do!

- Knowledge & Application of Divine Sciences will be Foundational in the Golden Age Civilization that will be established during the Aquarian Age. We will be able to do things & live in a manner that would seem impossible / unreal to many people today . . . but will be completely Possible / Real!
- Not all "Divine Sciences" would be categorized by people as "Magic" & "Miracles". However, they are no less "Magical" & "Miraculous" in what they can achieve.
- We will Purify & Master our Auras & Chakras . . . and learn the many powerful ways in which to wisely apply the 7 Rays & 5 Crystal / Secret Rays of God.
- We will understand various Cosmic Laws & how to apply them for specific purposes (e.g., Laws governing Cycles, Energy, Light, Matter, Sound, & Vibration).
- We will understand the "Four Planes of God's Consciousness" . . . the Four Quadrants of the Cosmic Clock . . . the Four Elements.

Father	Son	Mother	Holy Spirit
Etheric	Mental	Emotional	Physical
Fire	Air	Water	Earth

- Study & Apply various Spiritual Teachings that focus on different aspects of this incredible topic.
 - Ascended Masters' Teachings
 - \circ Hermetics
 - o Kabbalah
 - o Mysticism

Examples of Divine Sciences

- Alchemy . . . the "All-Chemistry of God" (The Summit Lighthouse)
- Communing with The Sun / Sungazing / Sun Yoga
- Conscious Cooperation with Angels & Elementals / Nature Spirits
- Healing
- Imagination / Visualization / Ideation / Conception for Co-Creation (The Hearts Center)
- Meditation
- Stargazing
- The Spoken Word
- Thoughtforms

Examples of "Spiritual Abilities" / "Supernatural Powers"

- Bilocation
- Clairalience
- Clairaudience
- Claircognizance
- Clairgustance
- Clairsentience
- Clairvoyance
- Healing
- Levitation / Flying
- Materialization / Precipitation
- Multiplication
- Psychokinesis / Telekinesis
- Psychometry
- Remote-Viewing
- Telepathy
- Teleportation
- Control of the Elements (e.g., Pyrokinesis)
- o 12 Gifts of the Holy Spirit

"The grasp of the divine sciences lies within the domain of all, but it requires of man certain significant dedications and consistencies of application."

- Saint Germain

(Dictation through Mark L. Prophet / The Summit Lighthouse / May 2, 1971)

<u>Drama</u>

- Storytelling has been a wonderful practice throughout history for entertaining people and for teaching important Life Lessons / Moral Principles / Spiritual Concepts. This will continue to take place in the Aquarian Age through the ancient "Oral Tradition", as well as Movies & Television Shows (for however long people continue watching such things).
- People will definitely continue to attend "live performances" so that they can have the amazing experience of seeing Great Dramas in person (e.g., Ballets, Operas, Plays).
- They will be powerful Activities of Light consisting of Inspirational Stories & Beautiful Characters, Costumes, Dancing, Dialogue, Lighting, Music, Props, Scenery, & Singing.
- Dramas will be very Creative, especially when people rise Higher in Consciousness. They will portray Heavenly Scenes & provide people with Sacred Images of Beauty, Purity, & Perfection. They will "Bring to Life" the Qualities of God (and Man), the

action / purpose of the Flames & Rays of God, the communion between Beings of Light, the Spiritual Path, and a Magnificent Vision of Victory for Man & the Earth.

 We should Study, Emulate, & Transcend the most Beautiful / Inspirational / Powerful Dramas of the Past & Present – (e.g., Pyotr Ilyich Tchaikovsky, Richard Wagner, & "William Shakespeare" - who was Francis Bacon, an embodiment of Saint Germain).

"These thoughtforms may also include such objects as wings. I have spent a great deal of time with the thoughtform of wings and I find it most valuable for elevating the consciousness. In order to generate wings I suggest that you listen to Beethoven's Ninth Symphony, for example, or the Grail music from *Parsifal* by Richard Wagner, or his 'Ride of the Valkyries' or other classical pieces that are very inspiring and elevating to your consciousness. The music from *Lohengrin* is also very good."

- Mark L. Prophet

(Lecture: "The Use of Thoughtforms in the Expansion of Consciousness") (The Summit Lighthouse / April 10, 1971)

"Take, for instance, my own desire to transmit to life, teachings most essential on the path of initiation through the Shakespearean plays. Why, with a population that scarcely knows the drama or the story of one play, how can I remind them by impressing upon the memory of the mind the tragedies, the comedies of life and the errors themselves that can be eliminated when one does not make too much of it—when one does not place too much self-importance upon the not-self?

Precious hearts, there was an era when the study of **Shakespeare** was far more widespread. Now it is left to those who go on to college and concentrate in English literature and in such disciplines. Thus there is lost to me a means of instruction.

It would be well even if the little children would learn the plays, from the standpoint of the stories, in language that they can understand. But, as always, going back to the original work, you will find not only keys to my own identity but, beloved hearts, the very keys and alchemy to the lowering into manifestation of my own Guru, the Great Divine Director's causal body. And that causal body contains indeed the keys to the new order of the ages!"

- Saint Germain

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / December 30, 1980)

(**NOTE:** Ascended Master Saint Germain wrote the Shakespearean Plays while embodied as Francis Bacon.)

"So you begin to understand how the one mind of our beloved Francis Bacon influenced the course of Western civilization and laid the foundation for the New World, the new science, and the golden age. Realize that many who walked the earth in his life took on the very profile of his soul. Think of it, and think of the one who has in his heart the preknowledge of becoming the hierarch of the Aquarian age. Think of your own destiny. Think how Saint Germain, therefore, did write down all of those molecules of word—coded, ciphered—demonstrating the interactions of light and darkness in the human scene and on the stage of the world.

Thus the lessons of the parables now become the plays of Shakespeare, which you ought to know far better than you do. Let lovers, therefore, of Shakespeare teach, demonstrate, act, and show the magnificence of the transmission of a teaching of the Christed One of the Aquarian age.

Realize that in the absence of Francis Bacon, this world would be several octaves lower in awareness, in enlightenment, and in illumination. This must tell you something about the genius of the mind that has its correlation in the genes of the body—and the genes, focal points of the seed of Christ."

- Jesus Christ

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / November 24, 1983)

Economics

- A discussion on "Economics" could be very long & complicated, because the Fallen Ones intentionally created a fraudulent system that would be so complex that most people would not understand it & so they could use it to hoard wealth while keeping the Children of God in a perpetual state of debt or poverty.
- The Truth is that God Envisions an "Abundant Life" for Lightbearers. We were never intended to spend so much of our lives working at jobs (that we probably do not like) in order to earn money so that we can support ourselves & our families. We were intended to spend our time focusing on the Spiritual Path & Co-Creating with God.
- It was never God's Will that the 1% would have most of the world's wealth . . . where the Global Elite have "bountiful feasts" & the General Public eats the "crumbs" on the floor. Those who control the money also control the world, because Money is Power in the counterfeit creation.
- Right now, we see the diabolical relationship between Crony Capitalism & Socialism / Communism around the world (including Western Nations). The "Few" who believe that they are the Rightful Rulers of the Earth seek to control the "Many" by creating systems of control throughout society . . . including the Economy. They become richer while everyone else becomes poorer. This is NOT God's Will for Man!
- The economies of the West, in particular, have been "consumer-based economies". This means that people must continue to purchase products & services (that they probably do not need) in order to keep the economy going. This practice is unsustainable. It uses up too many natural resources, creates so much waste, does not necessarily improve lives or make the world better, & will end once people are more interested in Spirituality than in Consumerism / Materialism.

- Individuals, Businesses, & Governments are controlled by Banks in many ways, which is why Big Banks are used by the Globalists to control the world. One way is through "loans"; this keeps everyone in debt & earns the Banks trillions of dollars through fees, high interest rates, the profits gained by investing OUR money, & the benefits from Individuals / Businesses / Governments defaulting on "unpayable loans" intentionally given out.
- Another diabolical swindle of the Fallen Ones, which negatively affects the Global Economy, are "Investment Management Companies" (e.g., Vanguard & BlackRock). These two companies alone control virtually every aspect of society & manage tens of trillions of dollars in funds (i.e., Assets Under Management / AUM). This includes the "manipulation of markets" so that Big Investors always make money regardless of what happens. They also do not want "ordinary people" to get out of debt & become wealthy. "Wall Street" wants to control or destroy "Main Street".
- Over-Taxation has been a major issue throughout recorded history. We work hard to earn our money only for the Government to take a large portion for services that we supposedly need. This is done so that Governments can maintain a "System of Control" & keep people dependent upon the Government. It is also done for politicians to make more money for themselves & to give more money to people / organizations / nations who helped them acquire their "Positions of Power". It is the opposite of the story about "Robin Hood", who took from the rich & gave to the poor . . . Governments are taking from the lower & middle classes in order to give to the upper class.
- The Primary Reason for everything that the Fallen Ones do is "Rebellion against God", including the manipulation of His Creation, the violation of His Laws, & the destruction of His Children. They have no Light of their own & are slaves to Darkness. To them, "the ends justify the means" . . . and the "ends" include ALL Activities of Darkness designed to attack / destroy ALL Activities of Light. They want their "Harvest of Souls" & will do whatever it takes to get it.

"Understand that the control of the **divine economy** of earth is the necessary control over all of those nations who are determined to spread World Communism around the world. It is the United States of America and the Western nations who feed light, energy, money, armaments, and technology to the beast, therefore empowering the beast to make war against the children of the light."

- Mother Mary

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / May 15, 1983)

- The best system right now (2023) would include: (just a few examples)
 - o Balanced Budget
 - o Businesses / Companies Supporting Local Communities
 - o Creativity, Innovation, Entrepreneurship, & Small Businesses
 - o Equal Opportunity

- o Ethical / Moral Products & Production
- Free & Fair Trade
- Free-Enterprise System
- o Individuality
- o Perfect Balance / Harmony of Demand & Supply
- o Private Ownership & Control over the Means of Production
- o Private Property
- Respectful Relationship between Employers & Employees
- o Rewards for Excellence / Quality
- $\circ \quad \text{The Gold Standard} \quad$
- The Golden Rule (i.e., Morality / Spirituality)
- Trade Surplus
- "True Competition" (i.e., High Quality & Low Prices)

- o No Central Banks or a World Bank
- o No Cheap Labor / "Sweatshops"
- o No Class Warfare
- o No Deflation / Inflation / Recession / Depression
- No Depletion of Natural Resources
- \circ No Destruction of the Environment / Pollution
- No Devaluation of Currency
- o No Excessive Government Regulations or Spending
- No Exploitation
- No Fiat Currencies
- o No "Forced Equality of Earnings" or "Universal Basic Income"
- No Foreign Aid to Corrupt Governments
- o No Government Collusion with Banks, Media, or Multinational Corporations
- No High Cost of Living
- o No Incentives for Apathy, Laziness, Decadence, Decay
- o No Manipulation by Big Donors, Lobbyists, & Special Interest Groups
- No Monopolies or Duopolies
- No "Pay-to-Play" Practices
- o No "Ponzi Schemes"
- o No "Pork-Barrel Politics"
- o No "Quid Pro Quo"
- o No Redistribution of Wealth
- No "Rigged Markets"
- o No "Selling Out One's Country" to Globalists and/or Other Nations
- No Social Credit Systems
- o No Stealing "the Fruits of Our Labor"
- No Unaudited Government Spending
- o No Use of Conflict / War for Financial Gain & Geo-Political Purposes
- No "Welfare State"

"There are too many people in every walk of life who still want something for nothing and they are willing to espouse any economic philosophy that will deliver to them immediate pleasures and material prosperity. These are not noble hearts but they whose names go down in history as the ignoble and as the destroyers of the abundant life of the soul.

Let the government and the people learn to live within their means, and let the real value of goods and services be based upon the theory and the altogether practical application of the law of the sacred labor performed to the glory of God who is resident within his humanity.

Let the value of life rest upon a gold standard that comes from the golden rule, which is the principle of the divine economy—do unto others as you would have them do unto you. This golden rule is applied to the gold of the heart, the golden wisdom that serves the needs of the community through love—applied love that becomes compassion, charity, and the sharing of the joys of the abundant life with those who entertain the impoverished sense.

If you ask me why the economy of America is in such a disastrous state, I will tell you that it is because not enough people care for God or for one another. They see solutions only in terms of more money and more government control and the regulation of life. But without heart or attunement with the threefold flame of Life that is the spark of each one's divinity, the light of God does not flow to meet the needs of the people."

- Saint Germain

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / February 17, 1980)

- Establishing a Divine Economy / Golden Age Economy (just a few examples)
 - We should study the "Parable of the Talents" (Matthew 25:14–30) to better understand True Economics & that Life is a "Path of Initiation" / the Earth is a "Schoolroom" for Spiritual Development.
 - Multiply our "Talents" (e.g., Money, Gifts, Knowledge, Skills).
 - Law of Transcendence (i.e., Self-Transcendence)
 - An "Investment" of Spiritual Light or Physical Money should lead to a "Positive Return" – (i.e., Increase / Multiplication)
 - We should Study & Apply the Ideas from Honorable & Wise Individuals about how to improve Business / Economics / Industry – (e.g., Antony C. Sutton, James Cash Penney, Ron Paul, Walter Russell).
 - https://www.philosophy.org/inspiration-as-a-business-necessity.html#/
 - https://www.philosophy.org/united-industry-for-universal-peace.html#/
 - We will choose God, not Mammon. (Matthew 6:24)
 - We will love God & our Neighbor, not Money. (Matthew 22:37-39)
 - We will value Time, not Money.

- We will focus on Walking the Spiritual Path, not on Accumulating / Hoarding Material Possessions.
- We will focus on Harmony, Joy, Love, Peace, & Unity for ALL Mankind, not on "Making Money" & "Wasting Money" for Selfish or Unnecessary Reasons.
- We will be Independent / Self-Reliant as Individuals, Communities, & Nations.
- We will have few "Needs" & even fewer "Wants" (for Products & Services).
- We will build, grow, barter / trade, or precipitate what we do Need.
- We will have Kin's Domains / Family Homesteads (i.e., Private Property).
- o We will Live, Work, and/or Collaborate in "Communities of the Holy Spirit".
- We will be dedicated to *The Three Pillars of Purpose*.
- We will exemplify *The Four Commons*.
- We will have a Sacred Figure-Eight Flow of Light between Us & God . . . where We receive God's Blessings, and We give to God by giving to His Children & His Creation.
- We will BE One with our Holy Christ Self & Embody the Christ Consciousness.
- We will strive to attain even Higher Levels of "Cosmic Consciousness" (e.g., *Buddhic Consciousness*).
- We will follow *The Eightfold Path*, including "Right Livelihood".
- We will strive for Excellence in everything that we do, and our Noble Effort will be for the Greater Good of All Mankind & the Earth.
- Economics in a "Golden Age Civilization" will be completely different to any system that is used right now. ALL aspects of society are going to change, and the manner in which we live will be drastically different than how we are living at this time. Building a "New Civilization" will require doing EVERYTHING in a New & Higher Way! We will establish a "Divine Economy", which will require "Divine Inspiration".

• Spiritual Reminders

- Without God & Spirituality, there can NEVER be a Divine Economy / Golden Age Economy.
- A Divine Economy already exists on the Etheric Plane (and within us), just like the "Kingdom of Heaven". We must strive for It to Manifest Individually, in our Family, in our Community, in our Nation, & around the World.

- ALL aspects of Society influence the Individual, Local, National, & Global Economies. There must be a "Revolution in Higher Consciousness" so that we can Transform / Transcend WHAT WAS & WHAT IS in order to create WHAT WILL BE.
- A Divine Economy / Golden Age Economy & The Abundant Life will be based on *The Golden Rule*.
- A Divine Economy will support a "Sacred Environment of Opportunity" for us to develop the "Can-Do Spirit" & strive to rise Higher in Consciousness (i.e., Spiritually, Mentally, Emotionally, & Physically).
- A Divine Economy IS **"The Mother"** . . . The Abundant Life & the Natural Resources that will be used to build a Divine Civilization. It will be established through **"The Threefold Flame"** (i.e., Father, Son, & Holy Spirit).
 - Power / Wisdom / Love
 - Body / Mind / Soul
 - The Law / Knowledge of The Law / Application of The Law
 - The "Will" to Create Beautiful, Pure, & Perfect Expressions
 - o The "Christ Mind" / "Mind of God" for Sacred Images & Plans
 - The "Heart" for Embodying Love / Flowing with the Holy Spirit / Working together to bring Heavenly Ideas into Manifestation
- **"The Christ"** is "the Principle of the Economy & the understanding of the Abundant Life" (The Summit Lighthouse).
- A Divine Economy will be in Harmony with God's Will and maintain Balance & Stability within Society & the World. It will support Freedom, Individuality, the Spiritual Initiations needed to become wed to our Holy Christ Self & to create a Sacred Bond with the Great White Brotherhood. It will also support the Guru / Chela Relationship between the Soul & the "Outer Guru", "Inner Guru" (i.e., Holy Christ Self), I AM Presence, Ascended Masters, & God.
- A Divine Economy will Acknowledge & Honor "Divine Hierarchy" (i.e., Beings of Light throughout the Cosmos who are all on different "Stairs" upon the "Upward-Spiraling Staircase of Self-Transcendence"). We are following in the Footsteps of the Holy Ones who came before Us & superbly demonstrated *The Way of Love, Light, Life, Law, & Liberty*.
- A Divine Economy requires Purity & Righteousness. Mankind has truly been blessed with knowledge of the "Violet Flame", for Saint Germain knew that Transmutation leads to Transcendence. A Golden Age Civilization will have a Golden Age Economy, & that will require a "Golden Consciousness" of the "Golden Man" (i.e., the *Christ Consciousness* of a *Christed One*).
- Therefore, it will be an **"Economy of Light"** . . . an Economy of Givingness, Gratitude, Love, & the Cosmic Honor Flame.

- o Charity / Community Service / Donations / Individual Sacred Labors / Tithes
 - No need for Taxpayer-Funded "Government Welfare"
 - No corruption, debt, greed, hoarding, poverty, selfishness
- When we have the Wisdom & Mastery to "Regulate Ourselves" (i.e., Our Four Lower Bodies), we will no longer need Government Regulations of any kind.
- We must understand the "Law of Karma" and that different groups of people (living in different Nations) have different "group karma" & "group dharma" than others. Karma applies to each of us Individually and to entire Nations. It is not "Lawful" to steal the Light / Abundance from Nations that earned such Blessings / Positive Karma and give it to those who have not earned it. That is not a lack of Compassion or Mercy. We reap what we sow (Galatians 6:7).
- The same is true about Socialism even within one Nation; we cannot take from some people in order to give to others. That is not kindness of a Government; that is theft . . . the stealing of hard-earned wealth & redistributing it for impure / corrupt political reasons. Kindness & Generosity of that nature should come from The People themselves who freely choose to give their own Light / Money / Resources / Time . . . and not Governments that give away what is not theirs to give away (and for the wrong reasons).
- Challenges / Difficulties / Obstacles create Opportunities for people to depend on God & their Higher Selves. *Struggling* is not the same as *Suffering*. The Spiritual Path has always been described as a Sacred Journey that begins rather "easy" and then gradually becomes more & more difficult as we rise Higher in Consciousness & get closer to Oneness with God. The Creator provided Us with everything we needed to become Co-Creators & "God-Beings", but We must do the hard work of becoming Self-Realized & Self-Mastered. This is why a *Divine Economy & Divine Civilization* will be intertwined with a *Divine Path*.

"Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat:

Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it."

- Matthew 7:13-14

"I advocate, then, your efforts, concerted in these days, for the resurrection of the divine economy in America and the world. For no matter what form of government the forces of darkness attempt to implement, the form of government which shall prevail is that government which is based upon the divine economy.

For the governing of a planet and its people is the governing of the flow of energy from God to man, from man to God. And the medium of exchange that is used by the peoples of the world and how they qualify that medium determines whether that economy shall be divine or human. And therefore it is the tampering with the standard of gold and with the honest equation of the flow of light between hearts of light that can cause the downfall of nations and of the planetary body.

I think, then, that it is high time for the children of the light to insert in their decrees and invocations a call for the God flame to penetrate the economies of the nations, to bring order, to establish justice, and to reestablish the golden-age teachings of a balance of the cosmic threefold flame in hearts appointed to rule because they have attained the Christ consciousness and because they are striving to outpicture the God flame."

- Nada

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / June 3, 1973)

Education

- If Truth shall set Man free, then Truth is what Man needs! (John 8:32)
- Ignorance / Problem . . . True Education / Solution
- True Education = True Freedom
- If we want a Golden Age Civilization, then we need Golden Age Education!
- The Sacred Science of Education
- The *Reformation of Civilization* will take place through a *Revolution in Education*. It will be a powerful "Thrust of Light" into the world that will help Man to be Victorious in making the Golden Age of Aquarius a Reality!

"It is the karmic destiny of America to experiment in God-government, to experiment with the divine documents of liberty. It is the destiny of America to establish golden-age education. And in the education that is the unfoldment of the heart chakra, it is the destiny for the little children to rise up with that God-dominion and that mastery of the quadrants of Mater whereby they can teach to all nations the way of overcoming on the path of initiation under the Christ and the Buddha and the inner law written in the inward parts."

- Goddess of Liberty

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / November 22, 1975)

<u>True Education</u> – (just a few examples)

• Will support people to . . .

- o become Adepts / Sages / Saints / Yogis
- o become "Awakened" / "Enlightened"
- o become "Christed Ones" & "Buddhas"
- o become Self-Realized & Self-Mastered
- o contact Angels, Ascended Masters, & Elementals
- o contact other Beings of Light throughout the Cosmos
- o contact their "Inner Teacher" (i.e., Holy Christ Self)
- o develop Fundamental Knowledge about God, Creation, & Themselves
- have Experiences & Opportunities beneficial for their Spiritual Paths
- o prepare for their Crucifixion, Resurrection, & Ascension
- prepare for their Divine Plan
- o prepare for their Spiritual Initiations
- o receive direct illumination from their I AM Presence
- Will focus on . . .
 - o Balance, Wholeness, Attunement, Oneness
 - Developing Practical "Life Skills"
 - o Developing "The Complete Person" / "The Whole Person"
 - Developing the "Heart, Head, & Hand" (i.e., Love / Wisdom / Power)
 - o Developing & Understanding One's Individuality & Purpose
 - Kin's Domains & Communities of the Holy Spirit
 - Morality / Spirituality / *The Golden Rule*
 - Oneness with God, Creation, & All of Life
 - Preparing for a Twin Flame or Soul Mate
 - Preparing to become "Servant Leaders"
 - o Purity / Discipline / Mastery of the Four Lower Bodies
 - o The Aura
 - \circ The Flames of God
 - The Four Commons
 - The Three Pillars of Purpose
 - The 12 Primary Chakras
 - The 12 Qualities of God (i.e., The Cosmic Clock)
 - The 12 Rays of God

<u>Parents & Teachers</u> – (just a few examples)

- Study & Apply *The Montessori Method* with children in ALL aspects of their lives (e.g., activities, church, home, school). Maria Montessori was directly illumined with this Philosophy by Mother Mary, for She and Elizabeth (the Mother of John the Baptist) worked with their own children in this manner. It is Timeless & Universal. Parents & Teachers around the world should be using this Method for Natural Development.
- Study & Apply *The Socratic Method* with children by emulating Socrates, the Ancient Greek Philosopher, by asking them pertinent questions (that they may not have thought of asking themselves) in order to encourage them to "go within", tap into their own Intuition / Higher Consciousness with their "Inner Teacher" / "Higher Self", & then come forth with answers to the questions & possible solutions to problems discussed.

• Help children to ...

- be healthy (through proper diet, exercise, sleep, etc.)
- o be Illumined, Inspired, & Empowered
- \circ be independent, self-reliant, resourceful, & strong
- \circ be protected / safe from harm & negative influences
- \circ be "wise as serpents & harmless as doves" (Matthew 10:16)
- o contact (or maintain contact) with Angels, Ascended Masters, & Elementals
- o develop the "Can-Do Spirit"
- experience beautiful expressions (i.e., Art, Dancing, Music, etc.)
- o "feel" / "hear" & to obey their "Inner Teacher"
- o "follow their heart" (i.e., conscience / discernment / intuition)
- \circ learn HOW to think (not WHAT to think)
- o maintain their innocence & purity
- remain "childlike" (not "childish")
- o spend as much time as possible in nature

"Give a man a fish, and you feed him for the day. Teach a man to fish, and you feed him for a lifetime."

- Ancient Proverb

"Train up a child in the way he should go: and when he is old, he will not depart from it."

- Proverbs 22:6

"We can sum this up in two sentences; the first actually said by a child to his teacher: 'Help me to do it by myself'. The other is one we gave: 'Every useless help is an obstacle to development'."

- Maria Montessori (Citizen of the World: Key Montessori Readings)

<u>Schools</u> – (just a few examples)

- The Matter Universe (including the Earth) is a "School for Our Souls".
- Our Many Lifetimes (i.e., Reincarnation) combine as a "Path of Initiation".
- Schools in the Aquarian Age will be completely different than they are today. Generally speaking, whatever is happening now . . . we must do the opposite!

<u>NOTE</u>: There are some good things taking place, but most things will need to be done differently.

• Vision of God & the Ascended Masters

- Schools should be "Centers of Light" / "Sacred Environments" for Learning, Growing, & Training the Sons & Daughters of God through Beauty, Creativity, Freedom, Harmony, Honor, Joy, Love, Opportunity, Peace, & Truth. It will be focused on Preparing Us to become . . .
 - "Adepts, Sages, Saints, & Yogis"
 - "Ascended Masters"
 - "Buddhas"
 - "Christed Ones"
 - "Co-Creators with God"
 - "Great Lightbearers"
 - "Servant Leaders"
 - "Victorious Ones"
 - "Wise Teachers"

• Vision of the Fallen Ones & their Puppets

- Schools should be "Prisons of Darkness" / "Concentration Camps" for Classical Conditioning, Indoctrinating, & Manipulating the Sons & Daughters of God to become mindless & obedient Automatons who will be just smart enough (and fearful enough) to follow orders but not smart enough (or courageous enough) to notice & challenge that they will be forced to live in a Tyrannical System of Control that is the exact opposite of God's Will for Man. It will be focused on Treating Us like . . .
 - "Biological-Robots"
 - "Deplorables"
 - "Dumb Beasts"
 - "Gum stuck to the bottom of their shoe"
 - "Inferior Imbeciles"
 - "Oxygen Thieves"
 - "Scum"
 - "Slaves"
 - "Useful Idiots"
- In the Aquarian Age, *The Four Fundamental Aspects of Schools* will be Perfected:
 - 1) **Environment** (i.e., the place of learning)
 - 2) Materials (i.e., the supplies used for learning)
 - 3) Method (i.e., the manner of teaching)
 - 4) **Curriculum** (i.e., the subjects to teach)

Important Things to Consider – (just a few examples)

• It would be very challenging (and even impossible for some people to believe) to fully explain how Education / Schools will be in the Future. Most people see the world as it is RIGHT NOW & would find it quite difficult to see it any other way. However, when a "New Civilization" is established, it makes sense there would be "New Education" for The People. It may be just as confusing to some people if they were told about living on another planet as it would to be told about Golden Age Education.

For Example

- Most jobs will cease to exist. What jobs will our Youth & Adults have? What Education & Training would they receive & for what purpose?
- New Jobs will be created & the ones that will continue will be done in a Higher Way. This will require a Higher Way of Education & Training.
- Everyone in the world should have a Foundation of Knowledge, but Education is intended to support Individuality. This means that people will build upon that Foundation in ways unique to them . . . based on their Culture, Dharma, Family, Karma, National Interests, & Personal Interests.
- The Spiritual Path is also Individual. This means that we will all need different things at different times to help us Balance Karma, Pass Initiations, Fulfill a Divine Plan, Serve Life, & Earn the Ascension.

Helpful Reminders – (just a few examples)

- Parents will Purify & Prepare themselves BEFORE conceiving a child (Spiritually, Mentally, Emotionally, & Physically).
- Parents will Prepare a "Space of Love" for their children to be raised.
- The Education of Man will begin "in the womb". Everything that a Mother thinks, feels, sees, says, or does will affect the development of the baby. She should only focus on the Most Beautiful / Healthy / Inspirational / Pure / Sacred Things (e.g., Art, Conversations, Food, Images, Music, & Spiritual Teachings).
- There are different "Stages of Development" terrifically explained by Maria Montessori that should be understood & utilized by Parents, Teachers, & Schools. This will help in knowing WHAT children / young people need at specific Stages of their Development – (i.e., "Sensitive Periods").
- Most children will be educated at their "Kin's Domain" (i.e., at Home) and/or in "Communities of the Holy Spirit". In that situation, Parents will work together to educate their children and/or will have a "Wise Teacher" (or more) to be the Lead

Educator while they will be in a very supportive (and empowered) role to still have their say & make sure that their children are being educated properly.

- Young People at the "High School Level" should receive education & training for the "Real World". They should receive guidance / support regarding important decisions for their Future Development (i.e., Individuality / Divine Identity) & Future Plans (i.e., Education, Employment, Marriage, Spiritual Mission).
- Youth & Adults will continue to be educated & trained without belonging to a Learning Institution, such as Colleges / Universities today. Many of them will also attend various "Centers of Light" to engage in "Advanced Studies" that they may not be able to do on their own. They will be seeking "Higher Knowledge" & "Accelerated Training".

Learning in the Aquarian Age – (just a few examples)

- We already study at **Universities of the Spirit & Retreats of the Ascended Masters** between embodiments & at night while our physical bodies are sleeping.
- We will have the ability to "Consciously Leave the Physical Body" so our Soul can travel in our "Etheric Body" anywhere in the Universe to study what has taken place in the Past (and is taking place in the Present) upon other Moons, Planets, & Stars / Suns at different Dimensions / Planes / Realms.
- We will have access to **"Galactic Libraries"** that contain Records of Ancient & Modern Civilizations throughout the Universe.
- We will learn how to "Read" / "View" the "Akashic Records" to learn about what has taken place in the Past (and in the Present) upon Earth & Beyond.
- We will learn how to "Read" what is called **"The Book of Life"**. (There are different "Books" known by this same expression. Below are two examples.)
 - o *God's Book* containing the Records of His Creation & His Children
 - Our Individual Book containing the Records of our True Self & our Soul's History (i.e., ALL of our Embodiments on Earth & Beyond in the Matter Universe and in the various Dimensions / Planes)
 - A "Life Record" containing our thoughts, feelings, words, & actions that is collected by a personal "Recording Angel"; stored by the "Keeper of the Scrolls"; & viewed by the Karmic Board & Ascended Masters for various reasons.
 - Our "Causal Body" also stores ALL of the Knowledge, Skills, Talents, & Virtues (i.e., "Treasures in Heaven" - Matthew 6:19-21) that we have acquired from our countless embodiments . . . which we can also learn to access for our use in THIS or FUTURE embodiments.

- We will learn how to use **Crystals** & **Trees** to access Information about what has taken place on the Earth.
- We will learn about God's Creation & Life by spending more time in Nature & studying the "Living Records".
- We will have access to Ancient Knowledge preserved in a "Hall of Records". There are said to be a number of such Ancient Libraries that are hidden around the world (e.g., The Bahamas; Yucatán, Mexico; under the Sphinx in Egypt; & under the Sphinx in the Bucegi Mountains in Romania).
- There are said to be **"Underground Libraries"** in Subterranean Cities & the "Inner Earth" that contain Records of Golden Age Civilizations on Earth & in other "Systems of Worlds" around the Universe.
- We will be able to **"Walk & Talk with the Ascended Masters"** to learn directly from them in *Sacred Discipleship*.
- We will be able to **"Interact with Angels & Elementals**" to learn directly from them in *Holy Friendship*.
- We will also "Interact with Beings of Light" from other places in the Universe to learn directly from them in *Cosmic Fellowship*.
- We will **"Commune with The Sun"** to learn from the Love & Wisdom that Radiates from that Celestial Sphere & the Beings of Light who live there (on the Etheric Plane).
- We will learn from Adepts & True Gurus within various "Mystery Schools" hidden around the world.
- We will learn from Adepts & True Gurus within our "Outer Society" using technology to reach people anywhere in the world; through a direct relationship "in person"; and/or through Consciousness.
- We will learn from Wise Teachers in our "Cities of Light", where "Great Centers of Higher Learning" will be established.
- We will learn from Wise Teachers in our "Communities of the Holy Spirit".
- We will learn from Wise Teachers in **"Schools"** / **"Universities"** like we do today, but they will consist of providing Golden Age Education.
- We will learn from Wise Teachers in **"Traveling Schools"** by converting battleships & cruise ships or building new ships to sail around the world.
- We will learn from our Wise Parents (most importantly), as they provide a Beautiful "Space of Love" for our Souls called a "Kin's Domain".

"Thus there are **students** on many planets in many galaxies who are corresponding, you might say, with Masters, intelligences, that are at great distances from their own homes. And no one even gives a second thought that this perhaps is a great feat or a miracle of science; it is an everyday experience. For these **students** understand that in the oneness of Life there is no time and space, no separation; and therefore by thought they can be one with the Master under whom they are studying to precipitate some great glory for the manifestation of the lifewaves of their planetary body.

Knowing this and knowing that this opportunity is phenomenal and would be an outstanding revelation to your scientists and to you gathered here, I have often said to myself-and this has been repeated by members of our Hierarchy of Venus-how tragic that for want of the last surrender of self, for want of the death of the ego, mankind must live in such a primitive society, in such a primitive civilization-all the while thinking that they are so highly advanced and highly learned, when actually they have not yet even mastered the art of drawing forth from their Causal Bodies that which they have achieved in previous lives. And therefore when they begin in school again in a new embodiment, they know nothing; they have nothing to show for centuries of having studied in earth's schoolrooms except that which, through kind teachers and wise masters, they are able to bring forth from inner planes and inner levels as they study."

- Sanat Kumara

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 28, 1974)

<u>**Tips for Teaching**</u> – (just a few examples)

- We must support children to begin Understanding & Practicing (even at young ages) *The Three Pillars of Purpose*, while doing so in a manner suitable for their Stage of Development & Level of Consciousness. As "Future Leaders", it is never too early to begin focusing on *Self-Perfectionment, Service to Life, & Co-Creating a New World.*
- We must help children to develop Common Sense & their Intuition through Oneness with their Holy Christ Self. A vital job of Parents & "Outer Teachers" is to Lovingly & Wisely Guide children to their "Inner Teacher".
- We must remember the incredible importance of True Education for young people up to 14-years-old. Of course, their Education & Training is extremely important after that as well. However, we can compare Education to building a house. From Conception to 7 years of age, we are "laying the foundation of the house". From 8 to 14 years of age, we are "constructing the frame of the house". These are the two Primary Aspects of building. After that, anything can be done based on Individuality / Personal Preference. The same is true with Education & Development.
- We must teach children the "Art & Science of Thinking" so that they will learn to be Critical Thinkers & Creative Thinkers to have a Balance between Secular & Spiritual Knowledge (i.e., "Left Brain" & "Right Brain").
- We must make learning fun. Children will become "Lifelong Learners" when they experience how enjoyable it can be. They should not be stuck in boring / depressing

classrooms sitting at a desk all day. We must inspire them! We must allow the Holy Spirit to flow! We must support them to be Creative / Imaginative! We must support them to be excited about learning, growing, making the most of the Present, & preparing for the Future. We must support them in asking their own questions; doing their own research; making their own observations; performing their own experiments; and formulating their own thoughts.

- We must provide "Education of the Heart". Teachers must Teach from the Heart, & students must Learn & Develop from within the Heart. The "Heart" is referring to the "Heart Chakra", which also contains the "Secret Chamber of the Heart" where The Threefold Flame is located. It is "Within the Heart" that we contact (& merge with) our Holy Christ Self, which in turn is a Mediator between our Soul & our I AM Presence.
- For children & young people to learn, we should: Use less books & lectures. Use more parables & stories. Use games & plays. Provide more hands-on experiences. Provide concrete materials (especially when learning Mathematics). Spend as much time as possible outdoors & enjoying Nature. Spend much time observing & experimenting.
- We should limit how much time is spent using "Technology". The Technology that is used right now (2023) is rudimentary compared to the Technology that will be created in the Aquarian Age. It has many benefits, but it is also being used by the Fallen Ones to the detriment of our Natural Development / Spiritual Development & to take us away from God / the Spiritual Path. We need the Creation of God, not the counterfeit creation of the Fallen Ones.

The Technology of the Future (in a Golden Age) will be One with the Mother Aspect of God. It will be Natural & in Alignment with God's Will for Man, because it will be created by those who are Christed Ones & Pure Instruments for the Ascended Masters.

However, we must still remember that we were created by God with the potential to do EVERYTHING that we are currently using Technology to do for us! That may seem impossible to believe, but it is the Truth . . . and Great Beings of Light throughout history have proven that.

Examples

- If we had a Kin's Domain, we would not need Technology to buy / store food.
- If we could Precipitate, we would not need Technology to produce our goods.
- If we could Fly or Teleport (Physically, through Consciousness, or by Leaving the Physical Body at will), we would not need Technology for planetary or interplanetary transportation.
- If we could communicate Telepathically (or through Consciousness), we would not need Technology to speak with others.
- If we were living as Adepts & were One with God / Creation, we would not need Technology for anything that we currently use Computers / Phones to do.

- If we Balanced our Karma & Lived Naturally, we would not need Technology to be Healthy or to function through artificial means (e.g., eyeglasses, hearing aids, organ transplants, production of "drugs", surgeries).
- $\circ\,$ If we could access the "Mind of God", we would not need Technology to acquire information about any topic.
- We should use Maria Montessori's Idea for teaching Science (i.e., give children the Big Picture of the Universe & then work down to its parts). It is important for them to see how EVERYTHING is interconnected (i.e., "Synthesis of the Sciences"). This can be done for other subjects as well (e.g., Economics, Government, Mathematics, Music, & Spirituality).
- We must Study & Apply *The Baconian Method* for our own investigations & teach children to do the same. Inductive Reasoning & the Scientific Method are cornerstones of "Modern Science" developed by Francis Bacon (an embodiment of Saint Germain).
- We must use Phonics to teach our children to read & write. It is the most effective method & is essential for Continued Learning throughout their lives. It is also essential regarding the *Science of the Spoken Word* (e.g., "Intonations of The Mother"). It is about more than just recognizing & utilizing "Symbols" as Language / Communication; it is vital regarding Sound / Vibration & the powerful effects on Matter (i.e., the Sacred Acts of *Creating / Precipitating / Transforming / Transmuting*).
- We should remember that "Intuition" / "Christ Mind" is not the same as "Intellect" / "Human Mind". Education is not about "sounding smart", memorizing useless facts, cramming information to pass exams, or even getting "Certificates" / "Degrees". An "expensive piece of paper" hanging on our wall does not mean that we are Loving, Wise, Masterful, Powerful Beings of Light who will make the world a better place!
- We should also remember that Education is intended to benefit the "Whole Person". It is not just about learning information; it must be focused on the Balanced & Natural Development of ALL aspects of our Lives (i.e., Spiritually, Mentally, Emotionally, & Physically . . . "Body, Mind, & Soul" / "The Four Lower Bodies").
- We should be an example for children & help them to also embody *The Four Commons* & to develop "Noble Characters" (i.e., Cleanliness, Compassion, Dignity, Holiness, Honor, Humility, Purity, Self-Discipline, Selflessness, & ALL of the God-Qualities on The Cosmic Clock).
- We should encourage & support children to focus on God & how they can find ways to Serve Life. We will not "brainwash them" or force them to believe certain things. We will BE "Good Role Models" by demonstrating the Spiritual Path & sharing with them Foundational Knowledge.

We will then help to guide & support children to BE their own True Selves & figure out their own Divine Plans. That is a Divine Impulse that exists Naturally within them already. Our job is to protect them & help them (when needed) so that they can DO what their I AM Presence & the Great White Brotherhood sent them into embodiment to achieve for The Greater Good – (e.g., World Freedom & World Peace).

- We must support children to develop their Individuality & to work in Unity with others. We want their time at School to feel like a mini-Community of the Holy Spirit. There will be no competition; there will only be collaboration / cooperation.
- We must support children to learn from the wisdom of Elders at Home, in School, & in the Community. We must support children to learn from the example set by Parents. We must support older children to become Mentors for younger children, which is why Montessori herself discussed the importance of having three different grade levels working together in the same classroom & why organizations like *The Scouts* were so important for having a mixture of age-ranges learning / playing / working together.
- We should encourage them to Study & Emulate various Adepts, Ascended Masters, Sages, Saints, & Yogis. It would be extremely beneficial for them to study the lives of "Holy Youth" who were young like them & chose to devote their lives to God & Service; had powerful Spiritual Experiences; achieved Great Deeds; and/or became Martyrs by challenging the Darkness & bringing forth more Light into the world.

Examples

- o Jesus
- o Lúcia dos Santos, Francisco Marto, & Jacinta Marto
- o Mother Mary
- Saint Barbara
- Saint Bernadette
- o Saint Catherine of Siena
- o Saint Clare of Assisi
- o Saint Elizabeth of Hungary
- o Saint Francis of Assisi
- o Saint Joan of Arc
- Saint Padre Pio
- o Saint Patrick
- Saint Philomena
- Saint Teresa of Avila
- Saint Thérèse of Lisieux
- Shadrach, Meshach, & Abednego

Well-Rounded Education & Training – (just a few examples)

- Academic Subjects (Theory & Practical)
- o Art
- o Dance
- Diet & Exercise
- o Drama
- Excursions
- o Games, Play, & Sports

- Music & Singing
- o Nature
- Prayer & Meditation
- Sacred Pilgrimages
- Service / Volunteering
- o Spirituality & Divine Sciences

"So let that wondrous work of the ages now be formed by hearts consecrated in the understanding of that self-sufficiency in God, of that self-responsibility for a planet and a people. Let sons and daughters of God arise because he rose, and let them arise to positions of leadership. And let this resurrection flame, then, be the responsibility upon each and every one of you to train the little children, to expand the light of the Trinity within a golden-age education so that every child will know that as the Father, the Son and the Holy Spirit are the indwelling Presence, so the temple itself is the temple of the living God.

Therefore, let us teach reverence for life. Let us teach reverence for that life which is God, that God which is the energy of an immaculate science—a science out of which is born the self-transcending principles whereby, from glory unto glory, the conquests of the Matter universe are paralleled by the conquests of the Spirit universe. And as man goes within to work out the problem of being and to solve the mysteries of his own created self, so he will come out from that white-fire core of Alpha and Omega and take dominion over the earth.

I challenge you, sons and daughters of God. The spirit of the resurrection flame is to solve the immediate problems of the ecology, of the government, of this nation and of every nation. And beloved hosts of light, understand, then, that your place on earth is for a mighty purpose. It is for the redemption of souls, the sealing of souls in the Saviour, the Lord Christ, who is one with the eternal light that lighteth every man and woman who cometh into the world."

- Lanello

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 26, 1978)

Employment

- The topic of "Employment" was mentioned above in the section on "Education"; it will be discussed here and in other sections (to varying degrees, based on the topic). It is a very important issue that must be discussed when Co-Creating a "New World".
- There are many factors that can slow down or speed up the Manifestation of a Golden Age Civilization. Greater Acceleration can create Greater Changes within society over a shorter period of time. We cannot predict exactly how long the "Transition Stage" will last. Therefore, it is difficult to say what jobs will still exist over the coming years, decades, & centuries.

- However, we can still have a general understanding of what is going to happen during that time, & we can be as prepared as possible to overcome challenges and/or to make the most of New Opportunities.
- If the Fallen Ones achieved what they wanted, most of the world's population would be eliminated. The remaining people would be "slaves" & easier to control. We would be living in a Totalitarian State, which itself would be controlled by the Globalists. Technology / Artificial Intelligence would be used to perform the "intelligent" tasks, & we would spend our days doing hard labor just to survive. There would be no Truth, Freedom, Justice, Transcendence, or Joy. There would be no Light . . . only Darkness. The State would be our "God", and Marxism would be our "Religion". It would be a "nightmare" . . . Spiritually, Mentally, Emotionally, & Physically.
- The Ascended Masters have other plans! They envision a New World focused on God, Creation, Love, Beauty, Freedom, Truth, Joy, & everything that Lightbearers cherish. When we are Free from the counterfeit creation of the Fallen Ones & their systems of control, we will not want many of the jobs that currently exist now . . . nor will we need them. We will be focused on our Spiritual Paths, our Families, our Communities, our Nations, & establishing a Golden Age Civilization around the World.

• Is there a need for ...

- a trillion-dollar agriculture / food industry, when everyone has a Kin's Domain and/or lives in a Community of the Holy Spirit?
- o a trillion-dollar healthcare system, when everyone is Healthy?
- a trillion-dollar energy sector, when everyone has access to Safe, Clean, Free, & Unlimited Energy?
- a trillion-dollar consumer goods sector, when everyone is focused on Spiritual Development & when they can one day Precipitate whatever they need as well?
- a trillion-dollar government system, when everyone is Powerful, Wise, Loving, Independent, & Self-Reliant as Individuals & as Communities?
- the military, when there is no aggression / conflict / threats / war & everyone is living in a State of Harmony / Kindness / Peace / Respect / Unity?
- the police, when there is no crime & everyone has a Noble Character, supports the "Law & Order" of God, and follows *The Golden Rule* in all aspects of Life?
- The above examples are just a few of the many that could have been given. The point is that EVERYTHING is going to change in The New World, and that means we must pray & meditate more about our Spiritual Path; our Divine Plan; how we will take care of ourselves & our families; how we will Serve Others; how we can survive & thrive when so many of the "conveniences" that we are used to no longer exist. It is important

for Adults & the Youth to start thinking about even a general Vision for a Golden Age in order to start making the necessary preparations now.

- It is important for people to remember that we are going back to where we were (in Consciousness) BEFORE "The Fall". We are "Returning to the Garden of Eden"! When that happens, we will no longer experience the hardships & sorrow that we have for a very long time (Genesis 3). That includes no longer providing for ourselves & our families "by the sweat of our brow".
- It should be mentioned again that bartering / trading will be more of a focus at the Personal & Local Level that it is today. "Employment", for the purpose of just earning a living, is not going to exist in a Golden Age . . . and it will decrease more & more as time goes on through the "Transition Stage".

<u>Some Examples of Continued Employment</u> – (as long as they are needed)

- Architects
- o Artists
- Builders / Masons
- Cleaning the Planet
- o "Cottage Industry" (e.g., Arts / Crafts, Clothing, Food, Herbs, Jewelry, Soap)
- o Healers
- o Inventors
- Judges & Lawyers
- Miners (e.g., Gemstones, Gold, Stone)
- Performers (e.g., Actors, Dancers, Musicians, Singers)
- o Politicians
- Scientists
- o Teachers & Schools

"Right Livelihood is one of the precepts of the Eightfold Path taught by Gautama Buddha. As defined in Buddhist teachings, Right Livelihood involves earning one's living by acceptable means and avoiding trades incompatible with spiritual progress. Gautama listed specific occupations to be avoided by the disciple, including: poison peddler, slave dealer, prostitute, butcher, brewer, and armament maker. The Ascended Masters teach that Right Livelihood relates to the Fifth Ray of Truth, precipitation and healing, and to the third-eye chakra. A chela cannot accelerate spiritually and precipitate the true abundance of God if his occupation compromises the Path."

- The Summit Lighthouse

Energy, Science, & Technology

• Mystics & God-Believing Scientists knew / know that "Everything is Energy". The entire Cosmos is the Pure Energy of God. It is becoming common knowledge now that Sound / Vibration / Frequency create affects in the Matter Universe that we can see,

experience, & measure. The Etheric, Mental, Emotional, & Physical aspects of Man & the Universe are composed of Energy.

"Energy is God. And therefore the core of energy, as that energy flows from Spirit to Matter and returns again, is the Mediator, the Christed One, the great transformer of the energies of life. In the white-fire core of the atom is the point for the transition of consciousness as above, so below. Energy is God – self-luminous, intelligent, obedient to the law of the One. Wherever there is intelligence, there I AM amplifying the flow of the intelligent electron. More intelligent than the rebellious generation who have usurped the light of God's energy are these electrons who have elected to do and to be the will of God. Their flow is with the flow of the eternal Christos."

- Archeia Christine

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / September 21, 1975)

- In this section, we are not focusing on the "Energy" we receive from Prayers & Spiritual Practices . . . the "Energy" we receive from eating nutritious food . . . or the "Energy" we receive after relaxing or sleeping. Instead, we are focusing on the "Energy" we need for our households, transportation, & society to function . . . which is why this is being discussed at the same time as "Science" & "Technology".
- This section is very interesting & exciting. It could easily take an entire book to discuss. However, we will try to squeeze the most important ideas into a couple of pages here. This Foundational Knowledge should be enough to help people better understand what we will be doing in the Aquarian Age when it comes to Energy Production & Use. This will not be a "comprehensive list" by any means, but it will provide a number of ideas for people to meditate upon. Perhaps, some will read this section & receive illumination on what THEY can do to invent "Golden Age Technology"!
- It is very important for people to understand that in the Aquarian Age there will be the Sacred Intertwining of Religion & Science / Spirituality & Technology. They will be "two halves of a whole" that *Complement* each other, not *Compete* against each other. The "Laws of Spirit" & the "Science of Matter" as ONE.
 - <u>Religion</u> focuses on The Creator / The Divine Source of the Cosmic Laws & the Power / Wisdom / Love that gave Order, Structure, Balance, & Harmony for the Matter Universe to Operate Perfectly.
 - o <u>Science</u> focuses on the Laws, Parts, & Operation of the Matter Universe.
 - **Spirituality** focuses on The Soul & "God-Identity"; Striving to embody the Pure Qualities of God; & The Path / The Way of Ascending in Consciousness to merge into Oneness with the Higher Self & The Creator.
 - <u>**Technology</u>** focuses on Understanding the Nature of the Matter Universe & Utilizing that Knowledge for Greater Advancement / Development.</u>

Alpha	Father	Spirit	Yang	Masculine	Cosmic Laws
Omega	Mother	Matter	Yin	Feminine	Science

- In different ways, we will ALL BE **"Spiritual Scientists"**. Some will focus on the "Science of Spirituality", and some will focus on the "Spirituality of Science". Others will focus on Both!
- True Science is the **"Sacred Science of the Mother"**; it not only proves the Existence of God (as Father / Spirit) but also His Cosmic Workings through His Creation / Matter.

"The sacred Cosmos in the *energy* consciously *enfolding* man – this is the meaning of the word *science*."

- Lady Master Leto

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / September 30, 1973)

- During Previous Golden Ages, we had a Greater Understanding of the Divine Sciences. This Sacred Knowledge was "lost" to the General Public for tens of thousands of years. These are the "Sacred Sciences" that derive from "Cultures of the Mother" and are known & used to establish Golden Age Societies.
- We are destined to rediscover the Divine Sciences during the Aquarian Age in ways not seen since The Fall of Atlantis & Lemuria. Toward the end of the Piscean Age, we already began to see Technology that changed the world, such as "Electricity". It was the ending of one Age and the beginning of a New Age.
- Spiritual Development led to Technological Development, which we will see continue as the Aquarian Age unfolds. They are Divinely Connected. The Greater the Spiritual Progress of Man, the Greater the Technological Progress of Man.
- We must continue to *Balance*, *Blaze*, *Expand*, & *Intensify* "The Threefold Flame" (i.e., Power, Wisdom, Love). This will help us to rise Higher in Consciousness & become more One with God & Creation. In such States of Purity & Harmony, we will receive Cosmic Illumination to create things that have not been seen since Previous Golden Ages . . . and even things that have NEVER been seen on Earth before!
- The **"Divine Sciences"** will utilize God's Energy so that we can establish a Golden Age Civilization during the Aquarian Age. It will require Understanding & Application of Cosmic Law. We will develop "Solar Sciences" / "Fifth Ray Technology" / "Light Technology" / "Solar Technology" that work in complete Harmony / Oneness with God & Creation. They will allow Mankind to do incredible things that would seem like *Science Fiction* right now, which we might expect to see in Movies but not in Real Life.

• It can often be very helpful to compare **God's Holy Vision & Sacred Creation** to the **Fallen Ones' Unholy Vision & Counterfeit Creation** in order for us to clearly see the differences. This is especially beneficial at this time (2023), for we are currently being forced to live in a "Society of Darkness" while striving to establish a "Society of Light".

Fallen Ones' Creation vs. God's Creation – (just a few examples)

- Fallen Ones' Creation Artificial; Mechanical; Robotic; Limited; Expensive; Inefficient; Cannot Self-Repair or Reproduce Itself; Imperfect; Lifeless; No Conscience or Consciousness
- God's Creation Natural; Beautiful; Abundant / Unlimited; Free; Efficient; Can Self-Repair & Reproduce Itself; Perfect; Full of Life; Has Conscience & Consciousness
- The Ascended Masters (especially Saint Germain, as the Hierarch of the Aquarian Age) have already released some Illumination for New Inventions. The problem is that the Fallen Ones take control of those Inventions & the Information; they use it for their benefit & prevent everyone else from having access to it. The Fallen Ones steal it & then use it for destructive & manipulative purposes (e.g., war & genetic engineering). They only care about Power, Money, & Control . . . so the Ascended Masters have had to limit how much New Age Technology is released to Mankind until things change.
- Production & Use of "Energy" is vital for raising the standard of living around the world & for winning our Freedom from bondage. The Fallen Ones will have less Power, Money, & Control when we are "Energy Independent" as Sovereign Nations. They will have even less when this takes places at the Community / Local Level & especially at the Individual / Household Level.
- It is God's Will for Man to have Safe, Clean, Free, & Unlimited Energy! Anyone or Any Institution that is preventing that from happening is NOT in Alignment with God's Will... but is still controlling the situation for Power & Money.

A Few Questions to Ponder

- The "Tesla Tower" (i.e., Wardenclyffe Tower) was constructed over 120 years ago and would have provided Wireless Energy / Power to the entire world. Who made the decision to destroy it & for what reasons? After so long, why are we still not using this Life-Changing Technology?
- Why are we still using DC (Direct Current) or AC (Alternating Current)? They both served a purpose & helped to establish our "Modern Society". However, they are both outdated & should have been replaced with superior methods. If Tesla (and others after him) invented ways to produce electricity, for example, with no need for batteries or wires . . . then why are we still using them?

- Why is there such an aggressive push to end the use of "Fossil Fuels" without having better Technology & the Infrastructure to replace them? In the meantime, we still have to use "Fossil Fuels" (e.g., gasoline) but at a much higher cost.
- Why is there so much focus on Wind Farms? They are still expensive . . . take up a great deal of valuable land . . . produce noise pollution . . . are inefficient / unreliable . . . kill a great number of birds . . . breakdown quickly and/or start on fire . . . and use turbine blades that cannot be recycled but need to be buried in the ground. They require "Fossil Fuels" to manufacture.

"<u>China</u> has become the world's largest wind power equipment manufacturing base as well as a key exporter of wind turbines and parts."

(english.www.gov.cn/)

• Why is there so much focus on Solar Panels (as they are right now)? They are still expensive to install . . . still expensive for storing the solar energy . . . take up a great deal of valuable land . . . do not work for every roof type . . . are relatively inefficient / unreliable . . . and are challenging to install and/or relocate. They also require "Fossil Fuels" to manufacture.

"About 80% of all solar panels and materials are produced in China."

"Many solar companies from around the world either manufacture in or source parts from <u>China</u>."

(www.solarreviews.com)

• Why is there such an aggressive push for Electric Vehicles? There is plenty of oil around the world that could still be used. EVs are expensive . . . have very expensive batteries with relatively short lifespans . . . often catch fire . . . take a long time to charge . . . do not stay charged for very long while driving. & there is very little infrastructure set up to charge the vehicles. They also require "Fossil Fuels" to manufacture.

"<u>China's</u> efforts to ramp up lithium extraction could see it accounting for nearly a third of the world's supply by the middle of the decade."

(www.instituteforenergyresearch.org)

• Why is there such an aggressive push for "Green Energy" & "Renewables" using the artificial threat of "Climate Change"? The "Green New Deal" that was proposed by some governments / politicians around the world is NOT based on True Science. Also, "The Great Reset" that was proposed (and is being forced upon ALL Nations) by the Globalists is NOT based on God-Reality . . . but rather Unreality.

"China is preparing to be the world's Green OPEC."

• Which Nation is the biggest manufacturer / largest exporter of goods in the world? Why have so many Nations allowed the production of goods that they need to take place outside of their own Nation, especially when they have the ability, the resources, & the workers to produce their own goods "at home"?

"Why China Is 'The World's Factory"

"The 5 reasons why China is the world's biggest manufacturer"

(www.investopedia.com)

• Why are most of the Companies / Corporations in the world controlled by only a few powerful "Asset Managing Companies"? How does that affect product quality & cost? How does that affect the ability of companies to run their own businesses the way THEY choose? How does that affect the "Free Market" & "True Competition"? How does that affect Small Businesses? How does that affect Governments, the Media, & Big Tech (which controls Social Media)?

"BlackRock and Vanguard Are Less Than a Decade Away From Managing \$20 Trillion"

"Two towers of power are dominating the future of investing."

(www.bloomberg.com)

- There are two "common denominators" to the issues that were raised above (and many more that were not mentioned here):
 - 1) The Globalists
 - 2) The Chinese Communist Party (CCP)
- None of these diabolical plans are about "Saving the Environment"; they are about Power, Money, & Control. The Globalists want to control the world & everyone / everything in it. They control China & want it to become the new "Number One Superpower" in the world, usurping that position from the United States of America. They also want every other Nation to become versions of "Communist China", & this requires the strategic oppression and/or destruction of . . .
 - o Beauty
 - Christianity
 - Conservatism
 - Constitutions & Civil Liberties
 - Creativity & Innovation
 - Enlightening Education & Free-Flow of Information
 - Freedom & Independence
 - o Health

- o Individuality
- o Morality / Universal Spiritual Principles
- National Sovereignty
- Patriotism
- o Privacy
- o Private Property
- o Prosperity
- o Traditional Families, Principles, & Values
- o True Communities
- Truth & Truth-Speakers
- Western Civilization
- We do not want to focus on negative things for too long, but we also cannot ignore them. It is very important to understand what is happening so that we can develop a more Powerful Vision for the Future. We cannot change things unless we are willing to look at the issues / problems first. Everything that was mentioned above (and so much more) is NOT God's Will for Man! That is the Truth, and it must be said forthrightly.
- Even if we look at the suppression of Nikola Tesla's ideas, we are around 100 years behind where we could be as a Civilization. In fact, it would be even more due to the exponential growth that takes place with Technology. We believe that we are living in an "Advanced Society" today, but we are still living in the "Stone Age" compared to where we could be if the Fallen Ones were not interfering.
- Some people will argue that nobody is suppressing Information or Technology; it is just a "conspiracy theory". However, that is simply untrue. They say that out of ignorance or because they are somehow benefiting from the "System of Control" that the Fallen Ones have created, so they must lie & spread disinformation.
- Other people will say that New Technology must be released slowly (or not at all), for the economies of the world would collapse & people would lose their jobs. However, the Globalists are already taking jobs from Humans and having Robots / Artificial Intelligence do them. The economies would not need to collapse when a clear Vision is presented to The People & an effective strategy is implemented. The New Technology would end Third World Nations overnight & raise the standard of living for ALL. The Globalists would lose their Power, Money, & Control . . . so they must convince us that "Good Things" are actually "Bad Things".
- The Fallen Ones control every aspect of society at this particular time, and that includes Science. We must remember that for many years now, **"Science follows Money."** Scientists usually focus on whatever they receive funding to research. Private research can be expensive, & Geniuses are usually ignored / persecuted / prosecuted / executed for creating something that challenges the "Power Structure" of the Fallen Ones . . . and their research / inventions are either destroyed or are conveniently "lost & forgotten".
- We should also remember that we are being distracted with the "bells & whistles" of Big Tech. The Fallen Ones do "allow us" to have some Technology, but we rarely receive what Saint Germain & the Ascended Masters would like. When we do (e.g., the

Internet), the Fallen Ones will immediately try to control it & use it for their purposes. They are "experts" at using suppression & oppression to get what they want.

Example – (just one of many)

 Car Manufacturers spend a great deal of money on designing and developing newer models so that people will keep buying new vehicles. Before the EVs became the focus, companies would intentionally promote vehicles by how they looked; their different accessories & features; as well as their "performance" capabilities. Rarely, they would boast about getting slightly over 30 miles per gallon (as if that was a sign of fuel-efficiency).

Mostly, they would ignore the issue & keep us distracted by less important things. The purpose was to prevent us from "demanding" that vehicles get far more miles per gallon – through complaints, refusal to buy their vehicles, congressional support, and so on. We know that Technology has existed for many decades that could have given us 100 miles per gallon or more, but Oil Companies control the Car Companies . . . and it made more money to prevent vehicles from getting too many miles per gallon.

Now, everyone is talking about EVs (Electric Vehicles). However, they are NOT the Future of Vehicles! That may come as a shock to many right now, but the EVs are the vehicle equivalent to "CDs & DVDs". People were excited by that Technology & using them instead of Cassette Tapes & VHS Tapes. "Physical Media" has now been largely replaced by "Digital Media" (e.g., Streaming Services).

The New Technology of the New Age will make the Electric Vehicles of today look like the "Flintmobile" / "Cavemobile" from **The Flintstones** – (animated TV series)!

The Purpose of *Technology* is to allow more time for *Spirituality*.

Important Things to Study & Apply – (just a few examples)

- "Aether" / "Ether"
 - o Fifth Element / "Quintessence"
- Electromagnetism
 - o Two Fundamental Forces in Nature / Universe
 - 1) Electric
 - 2) Magnetic

- It cannot be created or destroyed; it simply changes form.
- o "Free Energy"
- o "Zero-Point Energy"

• Materials

•

- o Copper
- Crystals (Crystallography / "Crystalline Technology")
- \circ Gemstones
- o Gold
- o Silver

• Nature

- Understand & Apply the Practice of Biomimicry
- Work *WITH* Mother Nature, not *AGAINST* Mother Nature

• Quantum Physics

- Consciousness affects the movement of particles (i.e., Matter).
- The Universe (and Everything in it) exists due to a "Universal Consciousness" (i.e., God).

• Sacred Geometry

- Shapes & Energy Fields associated with them
 - Pyramid
 - Torus

• Scalar Energy / Scalar Waves

- \circ Communication
- Healing / Medicine
- Transportation / Vehicles

• Sound / Vibration

- Slow Vibration form / visible "solid matter"
- Fast Vibration formless / invisible rays & "ethereal"
- The Sun
 - Limitless Solar Energy (fuel, heat, light, etc.)
 - o Power of Light

Aquarian Age Technology – (just a few examples)

- Recreating Inventions from Lemuria & Atlantis

- New Inventions for the New Age
 - Anti-Gravity / Levitation Vehicles (similar to the "Landspeeder" in *Star Wars*)
 - Crystals (harness the Sun's Energy)
 - Furniture / Rooms & Vehicles that are controlled by Thoughts / "Christ Mind"
 - Healing Therapies (for "The Four Lower Bodies")

- Holographic "Hall of Records"
- Interplanetary Computer Network (connects Planets / share information)
- Interplanetary & Interdimensional Communication (similar to a Phone, Radio, & TV)
- Private Generators (to continually power everything in the house / building)
- Purify the Air, Water, & Soil (from pollution / toxins)
- Spaceships for travel throughout the Universe
- Teleportation Stations / "Star Gates" / "Portals"
- "Tesla Tower" (for Safe, Clean, Free, Unlimited, Wireless Power)
- Underwater Cities
- Vehicle that can travel underwater, in the air, & in outer space (all three / one Vehicle)

Inventors / Scientists to Study for Inspiration of New Inventions – (just a few examples)

- Albert Einstein
- Alexander Graham Bell
- Baron Karl von Reichenbach
- Benjamin Franklin
- Bruce DePalma
- Eugene Mallove
- Francis Bacon
- Galileo Galilei
- Georges Lakhovsky
- Hans Jenny
- James Watt
- Johannes Gutenberg
- John Ernst Worrell Keely
- John Hutchison
- Leonardo da Vinci
- Masaru Emoto
- Michael Faraday
- Nikola Tesla
- Roger Bacon
- Royal Raymond Rife
- Sandra Rose Michael
- Stanley Meyer
- Walter Russell
- Wright Brothers

"Footprints in the sands are a great gift to give to life when you move on, beloved. For if you do not leave footprints in the sands, who will follow you? Who will take up the reins of the mastery that you have gained, that you would bequeath to your children and to all who are on the same path?

Think in terms of light-years. Do not think in terms of the earthly body that will one day be no more, that will one day be captured by the flame.

Think, then, what will you leave behind you when you leave this planet? Where will you be? Will you be an instructor on other worlds? Will you be a leader of men, of nations, or an inventor of new technologies? Will you pave the way for the coming of civilizations undreamed of, that one can hardly imagine, civilizations that will play their parts, just as the golden ages of Atlantis and Lemuria played their parts?

Yes, beloved, if you know for certain that this is your final incarnation, make the most of it. Tidy up your life so that others who come after you may chart their course because you moved to carve out territory. And because you laid the foundation, they found the levels of the Mind of God, story by story, that you did not find when you were on earth. They sought and quickly found those levels of the Mind of God that will be within you in the hour of your soul's transition."

- Archangel Raphael & Mother Mary

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 26, 1997)

Environment

• God has blessed Man with a Magnificent Planet of Beauty, Purity, & Perfection. It is believed by most people (including those who are "Religious") that God Created the Earth, for example, and then decided to Create Man . . . as if Man was Created for the Earth. However, that is opposite of the Truth. The Earth was Created for Man!

"Everything - but everything - on Earth, every blade of grass, every insect, has been created for Man."

- Anastasia

(The Ringing Cedars of Russia)

- In fact, the entire Matter Universe was Created for the "Children of God" as a Sacred Environment for *Life*, *Liberty*, & *the Pursuit of Happiness* on a Cosmic Scale. It is Our Blessing & Privilege to have Equal Opportunity & Free Will to Spiritually Develop as God's Holy Children within God's Holy Cosmos.
- Everything is a part of God, and We are "Cells" within God's "Body". We were ALL Created as Individualizations of God. The Creator is within Creation, and that includes Man. Everything is connected, because Everything is God's Creation. This means that Man is One with God's Creation . . . and that means Mother Nature & Mother Earth.

In the Age of Aquarius ...

• We will Purify the Planet of all the chemicals / pollution / toxins & have Clean Air, Water, & Soil – (through Practical Action, Prayer, Technology, & Visualization).

- We will Restore the Earth to a State of Pristine Purity. We were given a Planetary "Garden of Eden", & we will Recreate that Edenic State. It will be an Earthly Paradise!
- There will be Beautiful Flowers & Trees to replace the asphalt / bitumen / concrete of cities, parking lots, roads, and so on.
- The Activities of Man will be in Harmony with Nature (e.g., Building, Living, Recreation, Spirituality . . . Learning, Growing, & Transcending).
- We will have a Greater Understanding of Man's influence on the weather / climate (i.e., thoughts, feelings, words, deeds, & "positive or negative karma").
- Elementals will no longer be burdened by the unintentional expressions of negative energy by the Sons & Daughters of God or by the intentional "Black Magic" & "Witchcraft" by the Fallen Ones. There will be no bad storms or harsh weather.
- Animals will rise Higher in Consciousness, as Man rises Higher in Consciousness. There will be only Love (no fear) between Man & Animals. They will be allowed to BE Free, as God intended. They will be "Friends" & "Servants" of Man.
- The Environment will be Clean, Healthy, & Pure. The Weather will be Beautiful yearround. Man will live in a State of Balance, Harmony, Joy, Love, Peace, & Tranquility with Mother Nature – (including Angels, Animals, Ascended Masters, & Elementals).
- Our Cities, Towns, Communities, & Homes will ALL be built using Natural Materials and will be designed & positioned to Flow with the Cosmic Energies of The Mother & The Holy Spirit . . . to BE in a State of Oneness with The Great Tao . . . to bring Heaven to Earth.
- We will establish Individual "Kin's Domains" / "Family Homesteads" discussed by Anastasia (the Siberian Mystic) in *The Ringing Cedars of Russia* book series.
- We will Understand & Apply the Practices of Biodynamics & Permaculture.
- We will Understand & Apply the Practice of Biomimicry.

"What is the use of a house if you haven't got a tolerable planet to put it on?"

- Henry David Thoreau (Familiar Letters)

"Rejoice, then, beloved, for all that must come to pass is for the restoration of personal and planetary balance. Therefore not to be resigned to it, not to resist it, not to become depressed, and not to become overjoyed but to go into the very center of the circle of white fire, into the very center of the T'ai Chi at the point of equilibrium and to know that life cannot progress until there is cosmic balance. Let the balance of Alpha and Omega be within you that you might be in that eye and realize that this beautiful earth that God has made must be restored, fire, air, water and earth, in elemental life, in her evolutions. And all that has been placed upon her as burden, all violations of cosmic law, and the individuals who have not forsaken their Darkness or their Evil–all these things must be brought to adjudication.

By the Power, Wisdom, and Love of transmutation there is adjudication. That is why the violet flame is a flame of justice, for the violet flame brings balance even as it adjudicates that karma. So it is a flame of mercy unto all who espouse the service of their God, and forgiveness comes again through the wine of the Holy Spirit and the Blood of Christ that flows in you. For you are my disciples and as I did breathe upon [my disciples two thousand years ago] the breath of the Holy Spirit, so I [do breathe upon you and I] say to you, 'Whosoever sins ye remit, they are remitted [unto them]; whosoever sins ye retain, they are retained.'"

- Jesus Christ

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 26, 1989)

Family

- Marriage is "A Sacred Bond".
- Sexual Union is "A Sacred Act for Spiritual Unity" & "A Sacred Act for Procreation".
- Fathers & Mothers represent "Alpha & Omega" in The Home.
- **"The Holy Family"** is "A Sacred Model for Families in the Aquarian Age" (i.e., Saint Joseph, Mother Mary, & Jesus).
 - **<u>NOTE</u>**: Saint Joseph was an embodiment of Saint Germain.
- "Trinity of Unity" / "Triunity" (Saint Germain / The Summit Lighthouse)

"Precious Ones, Man cannot justly sever the Holy Family. They cannot take this Tri-Unity of Cosmic Beings, Who appeared upon the Screen of Life to outpicture a drama of the Ages, and say, 'This Man is truly the Son of God,' and then deny the divinity of Joseph, the Guardian Protector, or of Mother Mary, the wondrous Queen of Love Who guarded the sanctity of His tiny form prior to his birth and then held her wonderful hands of Light over him through his boyhood and early youth."

- Maha Chohan

(Dictation through Mark L. Prophet / The Summit Lighthouse / May 8, 1964)

Examples

Father	Mother	Son		
i utilei		(The Christ)		
Alpha	Omega	Logos	Book of Revelation	
1	C	(The Word)	/ John 1:1	
New Jerusalem	City Foursquare	Lamb of God	Book of Revelation	
Descending Triangle	Ascending Triangle	Dot in the Center	Star of David /	
			Victory Star	
Sun	Moon	Jupiter	Astrology	
12 – 5 Lines	6 – 11 Lines	Center	The Cosmic Clock	
Etheric	Emotional	Mental	Quadrants / Bodies	
			(Physical – Holy	
			Spirit)	
Fire	Water	Air	Elements	
			(Earth – Holy	
			Spirit)	
Keter	Malkhut	Tiferet	Sefirot	
			"Tree of Life"	
Crown	Base	Heart	Chakras	
Strings	Strings Drums		Instruments	
Osiris	Isis	Horus	Egyptian	
			Holy Family	
King	Queen	Prince / Princess	Royal Family	

Focuses for Families – (just a few examples)

- Communities of the Holy Spirit
- Cosmic Honor Flame & Noble Characters
- Holiness / Saintliness
- Individuality ("sit under our own vine & fig tree" Micah 4:4)
- Kin's Domain / Family Homestead (i.e., "Focus of Light" / "Sun Center")
 - o Safe
 - o Joyful
 - o Healthy
 - o Music
 - o Nature
 - \circ Animals
 - Angels, Ascended Masters, Elementals
 - Learning, Growing, & Transcending

- **Raising Children** (i.e., Education & Training)
 - o To become "Adepts, Sages, Saints, & Yogis"
 - o To become "Buddhas" & "Christed Ones"
 - o To become "Future Leaders of Society" / "Servant Leaders"
 - To fulfill a Divine Plan
 - To prepare for a Twin Flame or Soul Mate
 - To prepare to Walk the Spiritual Path
- *Space of Love* discussed by Anastasia (the Siberian Mystic) in *The Ringing Cedars of Russia* book series
- *The Cosmic Clock* (Qualities of God)
- *The Four Commons* (Common Sense, Common Courtesy, Common Decency, & Common Good)
- *The Four S's* (Sacrifice, Surrender, Selflessness, & Service)
- The Golden Rule
- *The Three Pillars of Purpose* (Self-Perfectionment, Service to Life, & Co-Creating a New World)

"The Hand That Rocks the Cradle Is the Hand That Rules the World"

- William Ross Wallace (Poem)

"...but as for me and my house, we will serve the LORD."

- Joshua 24:15

"Family is the Cornerstone of Society."

* * * **NOTE** * * *

- It is important (for many reasons) to quickly discuss the concept of **"Royal Families"**. There is so much that could be said, but a few key points will be presented here.
 - Royal Families have often tried to justify their Power & Wealth by claiming that they have a "Divine Right to Rule" . . . as if it was God's Will. However, the true history of many Royal Families is based on treachery, manipulation,

deception, greed, selfishness, aggression, violence, war, death, and a desire for Power, Money, & Control. While in Power, they did very little to benefit others . . . but spent their time trying to maintain (& increase) what they had. There was nothing "Divine" about any of it!

 It is true that during Previous Golden Age Civilizations, there were "Monarchs". However, the Kings & Queens at that time were legitimate "Divine Rulers". They were Twin Flames & Ascended Masters, and they did not merely have "Royal Families" but rather "Holy Families".

They were in that Sacred Position & had a "Spiritual Mantle" because they had the Highest Attainment to lead their Kingdoms. These Great Beings of Light earned that Sacred Right because of their incredible Love, Wisdom, & Mastery developed over eons of Walking the Spiritual Path . . . being devoted to God . . . & dedicating their embodiments to Selfless Service. They were focused on *The Three Pillars of Purpose* for a very long time, and THAT made them Worthy / Deserving / Capable of BEing "Enlightened Leaders" . . . holding a Great Balance of Light . . . helping their fellow Man to rise Higher in Consciousness . . . & maintaining a Golden Age Society.

- A number of these "Kingdoms of Light" were also established at varying Levels
 of Consciousness (depending on when they existed), including King Arthur (an
 embodiment of El Morya) & the Legendary Camelot. Especially during "Dark
 Times" (or those forthcoming), there were Sacred Kingdoms & Communities
 of the Holy Spirit that served an Incredible Purpose at those particular times &
 became a Source of Inspiration for many centuries to follow.
- It is NOT God's Will for the "Few" to control the "Many". During Golden Ages, the "Holy Monarchs" were not interested in Power, Money, or Control; their Sacred Labor was to maintain a Majestic Vision for the Kingdom & The People ... along with their Pure & Balanced Expressions of Love, Wisdom, & Power.
- The Fallen Ones always copy the Ascended Masters by doing the opposite. They took the concept of "Golden Age Leaders" & "Holy Families" and established their "Dark Age Leaders" & "Unholy Families". Their "Families of Darkness" were intended to counteract the "Families of Light". They wanted to acquire & maintain Power, Money, & Control . . . because they really wanted to oppress and/or destroy the Sons & Daughters of God. Their "Bloodlines of Darkness" can be seen in many of the Aristocratic Families, Dictatorship Families, Mafia Families, Political Families, and so on.
- We learned in *The Ringing Cedars of Russia* book series that certain "Priests" created "Princes" (and eventually what we would call "Royal Families") by using "Serpentine Logic" to convince some individuals that they were "Better" than others & that they deserved to be "Rulers" over them. We can see that same diabolical / sinister strategy used by the "Priests" (i.e., Black Magicians) who manipulated some of the Pharaohs in Ancient Egypt.
- It is true that many Fallen Ones made themselves the "Rulers". However, the most powerful Fallen Ones normally do not want to be "in the spotlight", for

they would rather work "behind the scenes" to manipulate situations & more easily maintain their Power / Control. Most of them will play the unassuming role of an "Advisor" of some kind while they are actually controlling the "Leaders". We see that this also happens in Politics & in the Royal Families today around the world. Those who seem to be "Leading" the Nations are NOT the ones in control!

- Some people are certainly justified in pointing out that Royal Families can be worth billions of dollars, and yet the people around them are struggling to support their own families. Therefore, why do "Royal Families" exist? This is definitely true with Families of Darkness, but it can be true even with Families of Light. They often have multiple palaces, private planes, fancy cars, & giant yachts . . . and yet the general public is not living in luxury like them.
- However, it is worth remembering that the Royal Families of Light today do not have much Political Power. Most are not in charge of legislation or managing the economy; they are "Figureheads". Their true purpose, which most might not realize, is to hold a Balance of Light for their respective Nation. Most of them are also involved in living a "Life of Service" & spend a great deal of time / money through various charities, foundations, & volunteer work. They use their platform to bring Hope to The People. They are being used by the Great White Brotherhood to counteract the Families of Darkness.
- It may seem that discussing "Royal Families" was irrelevant, but it does serve a purpose. In Pillar 3 (and in this section on "Family"), we are trying to share a New Vision for Families for the New Age of Aquarius. It is important to present ideas for what such Families will be like & to even discuss the so-called "Royal Families" in order to discuss a Higher Spiritual Teaching.
- The main point to remember is that ALL Families of Light are important to God. ALL of our Families can achieve wonderful things for the members of our Families & for the World, no matter how seemingly "simple" we are living. ALL of our Families can become "Holy Families", if we choose.
 - Our <u>Family</u> is "Royal" to Us & to God.
 - Our <u>Home</u> is Our "Palace".
 - Our <u>Kin's Domain</u> is Our "Kingdom".
- It is not Power / Money / Control that makes Families "Royal" or "Divine". Emulating the "Holy Family" of Joseph, Mary, & Jesus; embodying the Pure Qualities of God; becoming Christed Ones; Serving All of Life; & bringing more Light into the World . . . *THAT* is "**Royalty**" . . . *THAT* is "**Divine**"!

We are ALL "Royal" in the Eyes of God!

Fitness

- During the Aquarian Age, we will Understand & Master our "Four Lower Bodies" (i.e., *Etheric, Mental, Emotional, & Physical*). This Sacred Process will be greatly assisted when we also have an Understanding of *The Cosmic Clock* & strive to embody the Pure Qualities of God.
 - Etheric Quadrant: God-Power, God-Love, God-Mastery
 - o Mental Quadrant: God-Control, God-Obedience, God-Wisdom
 - o <u>Emotional Quadrant</u>: God-Harmony, God-Gratitude, God-Justice
 - o Physical Quadrant: God-Reality, God-Vision, God-Victory
- Throughout history, various Philosophers & Spiritual Teachers have spoken about the need for Man to focus on Purifying, Disciplining, & Mastering the Mind, the Emotions, & the Physical Body. Few (at least in "Outer Teachings" for the general public) spoke about the Etheric Body, which is also known as the "Memory Body".
- It is vital to learn about our "Higher Self" (i.e., Holy Christ Self, I AM Presence, & Causal Body). It is also vital to learn about our "Lower Self" (i.e., the Soul & Its Four Lower Bodies). This is why the "Chart of the Magic Presence" ("I AM" Activity), "Chart of Your Divine Self" (The Summit Lighthouse), & "Buddha Nature Chart" (The Hearts Center) are among the Greatest Spiritual Teachings released to Man outside of Mystery Schools.
- To become "Adepts", we must Master our Four Lower Bodies. They are "Instruments" / "Vehicles" for our Soul, and they must firstly be Purified of ALL impure energies. Our Goal is to become a "Crystal Chalice" for our Holy Christ Self / I AM Presence / the Holy Spirit / the Divine Mother / the Great White Brotherhood / God . . . and that means our Four Lower Bodies must become Individual Crystal Chalices / Cups for the Pure Energies of God to flow through us.
- **Purity** is a Vital Key on The Path, especially when it comes to *Self-Perfectionment*. That is Pillar 1, and that is the **"Path to the Ascension"**.
- We must strive to Purify our thoughts, feelings, words, & deeds. We must use the Violet Flame to transmute every erg of energy that is NOT of the Purity of God in our Four Lower Bodies. It can be difficult for people to know how to Purify the Etheric Body, because we have less understanding about that "Body" compared to the Mental Body, Emotional Body, & Physical Body. That will change, and we will Understand all four of them ... Purify them ... Discipline them ... & Master them.
- We should spend an equal amount of Effort / Time on each of our Four Lower Bodies, without neglecting one or more of them. It is important for our development to be done in a Balanced & Harmonious manner. The entire Cosmos was created to BE in a State of Balance & Harmony, which means that Man should strive to BE in that State as well. This includes the manner in which we Walk the Spiritual Path . . . everything should be done to achieve / maintain Balance & Harmony (within & without).

• Surrendering all pride / self-centeredness / vanity, we do still need to focus some of our attention on our Physical Bodies. We are still living on the Physical Plane, & becoming Adepts (i.e., One with our Holy Christ Self) while still in embodiment requires us to make our Physical Bodies as Pure, Strong, & Healthy as possible. The Four Lower Bodies are interconnected, which means that the condition of our Physical Body will help or harm the condition of our Emotional, Mental, & Etheric Bodies.

"Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?"

- 1 Corinthians 3:16

• Along with a Healthy Diet & Proper Rest, we (and our children) must make time to exercise. There are many types of physical activities that people can engage in, and there is no need to provide a long list of examples. People must do what they enjoy & do so regularly. We can also study the lives of Adepts to find out what activities they practiced so that we can emulate them – (e.g., Anastasia & Babaji).

Examples

- o Archery
- o Bodyweight Activities / Calisthenics
- o Dancing (e.g., Ballet & Waltz)
- o Five Tibetan Rites
- Gymnastics
- o Hiking
- Martial Arts (e.g., Aikido, Jeet Kune Do, Shaolin Kung Fu, Wudang Quan)
- Mountain Climbing
- Paneurhythmy
- Plyometrics
- Qigong
- Sports (Individual and/or Team)
- \circ Sprinting
- Stretching
- o Swimming
- o Tai-Chi
- Walking
- Yoga (different types)

"Blessed ones, it is not necessary for you to lay down your body and therefore pass through a transition and have to return to reincarnate on this earth in order to have a pure body and a pure manifestation of light for the age of Aquarius. You can so be rejuvenated, you can so re-create yourself as to be a babe in Christ and move through the cycles of Jesus' life until in the twinkling of the eye of God you stand at the symbolical age of thirty-three once again; having built a firm foundation, you are now ready to place the capstone upon the pyramid of your own life. Know, beloved, that as you are in your temple, so the violet flame may fill you as an elixir, not only to your own regeneration, not only to your own ascension, but as a quickening, as an intensity, as a crystal fire mist that can be transmitted to others.

Do not accept, therefore, that it takes so many years or lifetimes to achieve your Christhood, neither entertain the folly that the achievement of Christhood is easily won. It is not easily won, beloved, or you should have long ago won it, for many of you are devotees of great ardor. It does require the slaying of that dweller on the threshold, and I rouse you to give that call for the slaying of that dweller daily, to give it three or nine times a day and to determine that no thing within your temple shall ever again hinder you from the full victory of the Light descending into your form!

Therefore, beloved, have a sense of co-measurement that [the advent of] full Christhood in you should make you at that level of the unascended Masters of the Far East. Understand that though that Christ Mind may occupy and serve through you, its full occupancy in your temple does require the greater strength of the Holy Spirit anchored in the physical form, atoms, cells and chakras.

Know, then, beloved, that the physical fitness of this body, the correct exercise and yoga of your choice, which means a physical devotion to your own I AM Presence, is essential as a part and parcel of any diet. Know, then, that the wholesomeness of life, the morality, the conservation of the life-force, that which is kind and pure and loving, uplifting, all of these things contribute to a health that does become even a wholeness [a holiness] and a vessel for the Holy Spirit."

- Portia

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 4, 1988)

Food Production & Consumption

- The previous section focused on the importance of Fitness when it comes to taking care of the Physical Body. Along with Rest / Sleep, it is important to quickly mention Food. During the Aquarian Age, our Food Production & Consumption will be significantly different than it is right now (for most people).
- We will "Eat to Live", not "Live to Eat".
- We will be Vegan or Vegetarian.
- We will only be eating Food that contains "Light" / "Life Force" (e.g., berries, fruit, honey, nuts, pollen, seeds, vegetables).
- We will "drink our food" (i.e., chew more) & "chew our drinks" (i.e., drink more slowly to mix with saliva & chew any bits of food like in smoothies) . . . allows for greater absorption of nutrients.

- We will eat less Food because it will ALL be Healthy, & our bodies will more easily absorb / utilize the nutrients. We will also eat more Food with higher percentages of water, so we will not be dehydrated. We often over-eat because of a lack of hydration, not because our bodies want more Food.
- We will drink clean / pure Water with no chemicals added (of ANY kind).
- We will drink Herbal Teas & Fruit / Berry Juices.
- We will eat fresh, raw, organic, locally grown, & in-season Food.
- We will know what our bodies need, which means we will ALL have different diets (e.g., WHAT to eat, HOW MUCH to eat, & WHEN to eat).
- We will practice regular Fasting to support our Health & Well-Being (i.e., Spiritually, Mentally, Emotionally, & Physically).
- We will use *The Cosmic Clock* to better understand what Minerals correspond with the 12-Lines of the Clock (and the Zodiac Signs). For example, it is beneficial to know the Mineral for our Astrological Sun Sign in order to eat more Foods with that Mineral.
- We will no longer eat unhealthy / "lifeless" Foods (e.g., frozen or packaged).
- We will no longer use chemicals (e.g., fertilizers, herbicides, insecticides, pesticides).
- We will have a "Kin's Domain" & eat Food grown on our own land (as discussed by Anastasia in *The Ringing Cedars of Russia* book series). We will be "connected" to our plants & trees, and the Food will grow specifically to help support our Health in a way that cannot happen when eating Food from grocery stores / supermarkets.
- We will live in "Communities of the Holy Spirit" & share Food from our own land with others. The Love within the Food will bless those who eat it, because it will be grown in a "Space of Love".
- We should study the Teachings of the Ascended Masters regarding Food / Diet; the lectures / writings of Adepts & Wise Teachers – (e.g., Anastasia, David Christopher Lewis, Mark & Elizabeth Clare Prophet, Omraam Mikhaël Aïvanhov, Paramahansa Yogananda, & Peter Deunov); as well as Macrobiotics & the books of Anthony William (the "Medical Medium").
- When we Balance Negative Karma, Master our Four Lower Bodies, & are One with Mother Nature . . . we can work with Elementals to create Beautiful Weather, which will assist in growing Food.
- We will also learn to use the *Music of the Spheres* & the *Science of the Spoken Word* to increase the Growth, Health, & Light of Plants, Trees, & the resulting Food.
- It may sound impossible to most people now, but one day we will get to a stage of not having to "eat" like we do now. It happens during Golden Age Civilizations (and with

Adepts even now), where we take in **Pollen** simply by Breathing . . . **Prana** through Special Breathing Techniques . . . and **Light** through Solar / Sungazing Techniques.

- Even more seemingly impossible is that we will one day know how to "Precipitate". This means that we could Materialize Food & Drinks out of the "Universal Substance" and/or from the "Etheric Plane". They would be "Living Light" & "Elixirs of Life".
- God never intended for His Children to be hunters, farmers, or grocery shoppers. He would not have Created us to spend so much Energy / Money / Time trying to feed ourselves (or having to kill His Animals), when eating is one of the most basic Human Needs. It was meant to be Effortless & Harmonious.
- God blessed His Children with **"The Abundant Life"**. Even after "The Fall" (i.e., the departure from the Garden of Eden), we still have had an Abundance on this Planet. However, when we rise Higher in Consciousness & become One with God / Creation, we will always have EVERYTHING that we need!

"And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these."

- Matthew 6:28-29

The End of Certain Practices – (just a few examples)

- "Big Agriculture" / Communist China / Globalists buying farmland around the world to control & manipulate food production
- Boxed, Canned, Frozen, & Packaged Foods
- Brainwashing / Manipulating people to eat bugs (while Globalists eat like Royalty)
- Chemicals / Fertilizers / Sprays
- Clearing Land / cutting down trees for planting crops
- Cooking Food (will occur less often & eventually stop)
- Eating Animals
- Eating "Lifeless Food" (i.e., no Lifeforce / Light)
- Healthcare System focused on diseases / illnesses / treating symptoms of "Poor Health" resulting mostly from unhealthy foods / drinks & chemicals / toxins in the body
- Machines / Trucks / Trains / Planes for planting / harvesting / transporting food
- Overeating & Obesity
- Polluting the Air, Water, & Soil
- Soil Depletion
- Using land for raising animals to be slaughtered & sold for food
- Waste (e.g., Food & Packaging Materials)

"By wrong diet, beloved, you are placed in the frequencies of the astral plane and you do not contain the higher vibrations of the Holy Spirit. Even so, let the diet be the perfect balance of the yin and the yang principles within you. For in the physical sense, you are what you eat. And in the sense of infertility, in the sense of those many who cannot bear children, it has been diet [as well as karma] that has caused this; and yet this is not proclaimed as it should be by the medical and health professions. Correct the diet, beloved, and you will see healthier children coming forth who can focus their minds, who can learn what they must learn."

- Mother Mary

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 26, 1990)

Aspects of New Age Food Production – (just a few examples)

- Biodynamics
- Clean / Healthy Air, Water, & Soil
- Crop Rotation
- Hydroponics
- Kin's Domains and/or Communities of the Holy Spirit
- Materialization / Precipitation
- Music of the Spheres (increase Growth, Health, & Light of Food)
- Permaculture
- Spiritual Development & Oneness w/ Nature (improve the Weather)
- The Spoken Word (increase Growth, Health, & Light of Food)

"Blessed ones, this is an hour when great ones are prepared to descend. Yet even in this Community we see those who have been sponsored to have children who have not been diligent in understanding that the holy preparation is not only spiritual but very physical in the equation of right diet. [For through right diet] the body might have the strength, the suppleness, the balance of mighty yin and yang forces that these souls might come and be clothed upon with those bodies that were had by the great prophets and patriarchs and Christed ones of old."

- Kuan Yin

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 18, 1992)

Fragrances & Scents

• An Ancient Science that will be Understood & Applied to Greater Levels during the Aquarian Age is the use of "Fragrances & Scents". One example from the Past was a very special Incense Offering (i.e., *Ketoret*) by the High Priest in the Holy Temple where the Ark of the Covenant was placed. We also see the increased popularity today of Essential Oils used in Aromatherapy & different kinds of Incense for Health and/or Spiritual Purposes.

- Most people already appreciate the Beautiful Fragrances / Scents of flowers & incense. However, we will develop a greater understanding of the importance of specific smells when it comes to our Spirituality & overall Well-Being.
- EVERYTHING that is God's Creation is beneficial to Man & Animals in ways that most people do not know about. As we rise Higher in Consciousness & increase our Oneness with God & Creation, we will develop Greater Wisdom & Mastery to better Understand & Apply the countless flowers, herbs, plants, resins, seeds, & trees for our Health & Transcendence (Spiritually, Mentally, Emotionally, & Physically).
- We will Understand & Apply the Sacred Fragrances of Ascended Masters & Saints, for we will learn that Beautiful Scents are directly associated with (and result from) States of Holiness, Loveliness, & Purity. It is a "Heavenly Perfume" / "Odor of Sanctity" / "Spiritual Sweetness". Everyone has an Individual "Fragrance", just like everyone has an Individual "Musical Keynote".
- We should study the fascinating experiences that many people have shared about smelling the "Holy Fragrances / Perfumes" of various Saints (e.g., Padre Pio, Teresa of Ávila, & Thérèse of Lisieux).
- We should study the Sacred Teachings on this subject by the Ascended Masters; Adepts (e.g., Anastasia & Omraam Mikhaël Aïvanhov); & Wise Teachers (e.g., Corinne Heline & Paramahansa Yogananda).

Examples

- o https://www.reversespins.com/esotericscents.html
- o The Hearts Center
- The Ringing Cedars of Russia book series
- The Summit Lighthouse

"When the petals of the lotus unfold, the bud of divinity does release its precious fragrance. And the fragrance of God, like a rose from heaven, is wonderful to inhale. It is precious and priceless. It is sacred and supernal. It is joy and eternal!"

- Gautama Buddha

(Dictation through Mark L. Prophet / The Summit Lighthouse / October 13, 1962)

"All of Nature stands to kiss the heart of the world. The fruit upon the trees is the voice of God, the mellowness of God. The fragrance of the flowers is the fragrance of God. The seeds of the earth are the meat of man. All of the wondrous manifestations of Nature are benignly bestowed upon humanity; the voice of God speaks through them.

And then there is also the beam of angelic beauty in the face, even in the eyes, of a tiny child--innocence speaking to age."

- Sanat Kumara

(Dictation through Mark L. Prophet / The Summit Lighthouse / July 4, 1971)

Aquarian Age Practices – (just a few examples)

- Higher Purposes of *Cedar Resin*, *Deodar*, *Heather*, *Mint*, *Musk*, *Pine*, & *Rose*.
- Higher Purposes of Essential Oils.
- Higher Purposes of Incense (e.g., *Frankincense*, *Myrrh*, *White Sage*, etc.)
- Learn the Ancient Meaning & the Sacred Application of the many Fragrances that were used in Ancient Times (e.g., *Ketoret*).
- Learn how modern fragrances (e.g., colognes & perfumes) are more often than not "chemical combinations" that are artificially created in laboratories and can be harmful to people's Health. Man-made perfumes will never equal, let alone surpass, the incredible Aromas & Benefits that are naturally produced by God's Flowers, Herbs, Plants, Resins, Seeds, & Trees.

"Healing through the fragrance of flowers, resins, and seeds goes back to hoary antiquity. Thus, a rose not only possesses a similarity to musk but also prevents imperil. A garden of roses was considered by the ancients as a place of inspiration. Freesias are beneficial for the sympathetic nervous system, which vibrates so much in a Yogi. The seeds of barley are unsurpassed for the lungs. You know already about mint, about the resin of cedar and other resins. Perfumes are now bereft of meaning like all other desecrated values, yet the origin of fragrance underlies a useful but forgotten knowledge."

> - El Morya (Dictated through Nicholas Roerich / Agni Yoga) (*Hierarchy* – 1931)

"Thus appeal to all of the Bodhisattvas who rejoice to be in your midst, who come through this place once a day with tinkling bells and censers whereby the frankincense does permeate, does purge and purify even as it acts to exorcise those foul spirits who cannot bear to be about that most melodious fragrance of frankincense.

Let, then, the altars of this retreat and the altars of Keepers of the Flame in the earth experience once a day a little of the fragrance of frankincense burning that you might also know that Morya himself steps through the veil of frankincense."

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 11, 1993)

Gemstones

• God's Creation is Magnificent in ways that Man has barely even begun to understand. There is Unbelievable Beauty everywhere throughout the Cosmos. Man is truly Blessed in countless ways!

Examples

- Angels
- o Animals
- o Dimensions / Planes / Realms
- Elementals
- Elements (Fire, Air, Water, Earth)
- o Flowers
- o Lakes / Oceans / Rivers / Seas
- \circ Mankind
- o Moons / Planets / Stars
- o Mountain Ranges
- o Prairies / Meadows
- \circ Rainbows
- o Rolling Green Hills
- o Sunrises / Sunsets
- o Trees / Forests
- o Valleys
- o Waterfalls
- Weather
- Gemstones are another of God's Beautiful Creations that everyone appreciates, even if people have not seen them in person and/or cannot afford to purchase any of them. They are valuable for many reasons, including their Incredible Colors.
- During the Aquarian Age, we will understand the True Nature of Gemstones and how to apply that Sacred Knowledge for Practical Purposes & Spiritual Purposes. An entire **"Divine Science"** will be established that focuses on Gemstones beyond what already exists today. The focus for most people now is merely on the composition & quality of the Precious & Semi-Precious Stones (e.g., Carat, Clarity, Color, Cut).

However, more people are beginning to focus on the Unlimited Spiritual Potential of Gemstones. We should Pray, Meditate, & Study the Writings of Illumined Individuals (e.g., Edgar Cayce & Omraam Mikhaël Aïvanhov) and the Teachings of the Ascended Masters on the Higher Purposes & Applications of the Sacred Stones (e.g., The Hearts Center & The Summit Lighthouse).

Examples

- Acceleration (e.g., Chakras, Four Lower Bodies, & Spiritual Light)
- o Anchoring Spiritual Flames / Light / Rays of God
- Defense / Protection
- Enhancing Meditation
- Harnessing Energy
- Healing & Supporting Health / Well-Being
- Holding a Specific Balance of Light
- o Increasing Attunement / Discernment / Illumination
- o Increasing the Intensity / Power of God's Qualities through the Chakras
- Powering Homes & Vehicles
- Purification (e.g., Aura, Chakras, & Four Lower Bodies)
- Raising Consciousness
- Storing Data / Information (e.g., Quartz Crystal)
- Storing Light / Vibration (e.g., Amethyst, Jade, Lapis Lazuli, & Quartz)
- o Talismans
- We should study the Ancient Teachings & the Ascended Masters' Teachings about the 12 Sacred Jewels / Stones in the **"Breastplate of the High Priest of the Israelites"** (i.e., *Hoshen*). Each Stone was very important for specific reasons.

The Power of 12

There is Great Power in the Number 12, and there are certainly many Mysteries of God in relation to that Sacred Number and multiples of It. One example includes the 12 Lines of the Cosmic Clock. However, there are many other examples that people would find very interesting and may want to study, pray, and meditate in order to develop a greater understanding about the spiritual importance of the Number 12 in God's Creation.

- The "Great Year" (a 25,800 year cycle on the Cosmic Clock when divided by 12, it equals a 2,150 year cycle for each Line of the Clock . . . and now is the "Age of Aquarius".)
- 12 Lines on the Cosmic Clock
- 12 God-Qualities on the Cosmic Clock
- 4 Quadrants on the Cosmic Clock (Fire, Air, Water, & Earth) with 3 Zodiac Signs assigned to each of them (when multiplied, it equals 12.)
- 12 Solar Hierarchies on the Cosmic Clock
- 12 Zodiac Signs
- 12 Labors of Hercules
- 12 Elohim, 12 Archangels, and 12 Chohans of the Rays
- 12 Rings of the Causal Body (with the I AM Presence in the center)
- 12 Spiritual Rays (7 primary rays and 5 secret / crystal rays)
- 12 Main Chakras (7 primary chakras and 5 secret / crystal ray chakras)
- 144 Chakras in the Etheric Body (a multiple of 12)
- 12 Petals of the Heart Chakra

- 12 Main Temples and 12 Fountains (ancient Lemuria)
- 12 Major World Religions
- 12 Sons of Jacob
- 12 Tribes of Israel
- 12 Stones in the Breastplate of Aaron (Exodus 28)
- 12 Disciples of Jesus
- 12 Days of Christmas
- The "four and twenty elders" (a multiple of 12) . . . (Revelation 4)
- A "crown of twelve stars" (Revelation 12)
- The "hundred forty and four thousand" (a multiple of 12) . . . (Revelation 14)
- The "twelve gates" of the Holy City (Revelation 21)
- The "twelve manner of fruits" (Revelation 22)
- 144 Qualities of Love (a multiple of 12) . . . (Radiant Rose Academy)
- 144 Virtues (a multiple of 12) . . . (The Hearts Center)
- 12 Olympians (Greek Pantheon)
- 12-faced symmetrical geometric solid / dodecahedron (Pythagoras believed it was the foundation of the universe.)
- 12 notes in an octave
- 12 piano keys per octave (7 white / 5 black)
- 12 hours on an analog clock
- 24 hours in a day (a multiple of 12)
- 12 months in a year
- 12 inches in a foot
- 12 troy ounces in a troy pound
- 12 basic hues (color wheel)
- 12 main minerals (for the 12 Zodiac Signs)
- 12 jurors in a trial jury (e.g., America, Australia, United Kingdom)

Possible Examples

- 12 Knights of the Round Table (Camelot)
- 12 Dimensions of the Matter Universe
- 12-Stranded DNA (for humans to function in all 12 Dimensions of the Matter Universe)

"The violet (or amethyst) flame is a healing flame, even as the green (or emerald) flame is a healing flame. Understand, beloved, that each of the seven rays of the Holy Spirit carries a specific quality of healing, each one corresponding to one of the seven chakras and to specific gemstones. Each of the Seven Chohans magnifies the color, the healing quality and the light frequency of the ray he sponsors as well as of the corresponding gemstones.

The rays of the Seven Chohans provide for your healing at all levels of consciousness in the four lower bodies. In order for you to become whole, you must achieve healing in the etheric body, the mental body, the desire body and the physical body. Therefore,

call upon the Chohans by name to assist you in balancing your chakras through the light of their rays, healing qualities and gemstones:"

- Saint Germain

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 31, 1996)

Chohan / Ray	Color	Chakra	Qualities	Gemstones
El Morya / First Ray	Blue	Throat	Power, Faith, Protection, Goodwill	Diamond, Lapis Lazuli, Sapphire, Star Sapphire
Lord Lanto / Second Ray	Yellow	Crown	Wisdom, Understanding, Illumination	Yellow Diamond, Yellow Sapphire, Topaz
Paul the Venetian / Third Ray	Pink	Heart	Love, Creativity, Beauty, Charity	Ruby, Diamond, Garnet, Rose Quartz, Pink Beryl
Serapis Bey / Fourth Ray	White	Base of the Spine	Purity, Discipline, Order, Perfection, Joy	Diamond, Pearl, Zircon, Quartz Crystal
Hilarion / Fifth Ray	Green	Third Eye	Truth, Science, Healing, Vision, Wholeness, Abundance	Emerald, Diamond, Jade, Quartz Crystal
Nada / Sixth Ray	Purple & Gold Flecked w/ Ruby	Solar Plexus	Peace, Service, Ministration, Brotherhood	Topaz, Ruby, Alexandrite, Diamond w/ Pearl
Saint Germain / Seventh Ray	Violet	Seat of the Soul	Freedom, Justice, Forgiveness, Mercy, Transmutation, Alchemy, Ritual	Amethyst, Diamond, Aquamarine

- The Summit Lighthouse

(Table: Chohan / Ray, Color, Chakra, Qualities, Gemstones)

Geography

- Many (if not most) Souls living on the Earth originated somewhere else. That may be surprising to some people to hear, especially those who do not believe in Reincarnation and/or have not spent much time trying to understand the Nature of Our Existence.
- Even though there are Souls on the Earth from many locations throughout our Galaxy (and Beyond?), this Beautiful Planet is currently "Our Home". Some Souls have been embodying on the Earth for a VERY long time, while others have not. Earth is also not the "Final Destination" for many Souls: some will earn their Ascensions & move on to Higher Cosmic Service . . . some will Reincarnate on other Planets . . . some will go to their Final Judgment.
- Once the Earth "Ascends" and becomes a "Freedom Star" / "Victory Star", many Souls (i.e., their Higher Self) will then focus on trying to save other Civilizations & Planets throughout the Universe.
- While we are Here on Earth, we should enjoy it & be grateful for it. This is a truly Incredible Planet, and it is not even a Golden Age right now. It is going to be absolutely Magnificent when that happens! We are so Blessed to BE HERE, and we should seek to Protect It & Cherish It.
- We should also learn much more about the Earth than we do today. There is a great deal that has been hidden from us by the Fallen Ones about EVERYTHING, and that also includes "Our Home".
 - \circ $\,$ We should learn the many Nations of the World & where they are located.
 - We should learn that the Earth is actually "Honeycombed".
 - We should learn that there are Subterranean Cities located around the world & a Network of Tunnels that connects them.
 - We should learn about the "Inner Earth".
 - We should learn about Ley Lines & Sacred Sites
 - We should learn about the Ancient Histories of various "Lands"; the Advanced Civilizations that lived in those locations in the Past (e.g., Lemuria & Atlantis); & the People / Souls who live there now (e.g., the Garden of Eden was located near where San Diego, California is today The Summit Lighthouse).
- Learning the Geography of the World is also important when it comes to applying the **Power of Visualization** & the **Science of the Spoken Word** to improve conditions / situations in various Nations. For example, it can be more effective to Visualize specific places while Praying for People & Situations . . . such as corruption, disasters, disease, poverty, & war. We can more directly project Light into "Places of Darkness" for the increase of God-Purity & the eventual Victory of the Light and into "Places of Light" for Greater Acceleration & Spiritual Progress.

- Learning the Geography of the World is beneficial when it comes to learning the specific locations of Chakras in Nations & States / Territories. Just as our Etheric Body has 7 Primary Chakras & 5 Crystal Ray / Secret Ray Chakras, the Nations & States of the World do as well.
 - $\circ \ https://encyclopedia.summitlighthouse.org/index.php/Geographical_chakras$
- Learning the Geography of the World is also beneficial when it comes to performing "Cosmic Service". Of course, we can spend our "waking hours" Serving Life. We must remember that we can spend our "sleeping hours" Serving Life as well. Our Souls can leave our Physical Bodies when we go to bed or when meditating, and they can travel around the World (& Beyond) in our Etheric Bodies engaging in Selfless Service.

This can happen without consciously knowing WHERE we would go & WHAT we would do, but it can also happen consciously (as demonstrated by those with Greater Spiritual Mastery) through our direct / intentional collaboration with our I AM Presence & the Great White Brotherhood. In that case, we must Visualize the specific location / locations that we want to travel to so that our Souls can have a Direct Path there.

- It is also very important to better understand Geography when it comes to learning the Sacred Locations of the Ascended Masters' Retreats. Their Retreats are located on the Etheric Plane and are positioned over specific Physical Areas (e.g., The Resurrection Temple / Retreat of Jesus & Mother Mary is located <u>over</u> Jerusalem). The same is true when it comes to the "Cities of Light"; they are located on the Etheric Plane and are positioned over the Seven Deserts & Seven Seas of the World.
 - o https://www.ascendedmastersspiritualretreats.org

"We would see you become adepts not only in human knowledge but in the pathways of the higher mind that lead the soul to the spiritual retreats of the heaven-world, the golden-age cities of light and the universities of the Spirit. Yes, we escort your souls there at night while your bodies sleep so that you may be shown the inventions that will be brought forth as soon as the educational standards are stepped up."

- Archangel Jophiel with Christine

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / June 25, 1995)

God-Given Rights

• The Sons & Daughters of God were given Life as "Individualizations of God". We are not robots or mindless clones; We are Free to think, feel, speak, & act in any manner We choose. We are Free to have countless Experiences that will hopefully lead to our

Self-Realization & Self-Mastery so that We can become "Co-Creators" with God. We are Free to Walk the Spiritual Path at our own pace . . . to Learn, Develop, & Transcend.

• Life is a **"Sacred Adventure"**, and We are Free to live in many different places while having many different experiences through Reincarnation (on the Physical Plane) as well as other Dimensions / Planes / Realms. We do not become "dust" when we die, nor do we live only one life / embodiment. We were created to become **Immortal**... not as a Human Being but as a Great Spiritual Being of Light!

Our Two Greatest Gifts from God

- Life
- Free Will
- God does not control Us, which is why "bad things" are allowed to happen. God did not create the negative experiences that take place; they were created by the Fallen Ones & by the Children of God through the negative influence of the Fallen Ones. God only Envisions Love & Light for ALL of His Creation. If God controlled Us, the world would not be in the state that it is right now . . . and for the last 500,000 years or more.

A Very Important Rhetorical Question

If God & the Ascended Masters do not control Us, then why do "mere mortals" think that they can control Us?

Our Response to Such People

Control Yourself, not Me!

- It is God's Will for Man to BE FREE! We must NEVER forget that, or else we will be Slaves to the Fallen Ones & be imprisoned in their counterfeit creation. Freedom is not "Free" when the Fallen Ones are in control; it comes with a Price . . . which means that we must maintain Eternal Vigilance & "mutually pledge to each other our Lives, our Fortunes and our sacred Honor." (Thomas Jefferson / United States Declaration of Independence).
- We must also remember that Freedom has Consequences. That is the "Law of Karma"; We Reap what We Sow (Galatians 6:7). Our Expressions of Light lead to Experiences of Light (i.e., "Good Karma"), and our Expressions of Darkness lead to Experiences of Darkness (i.e., "Bad Karma"). We create our Experiences through our Expressions. We are in control of our Life (& our Embodiments). God only wants Light & Love for Us!

The Two Pillars of the Aquarian Age

- Love
- Freedom
- We can see in the world today that ALL of the "bad things" taking place are impure expressions of Love & Freedom. This Darkness is coming to the surface to be exposed & transformed into the Pure Expressions of God's Love & God's Freedom.
- God blessed Us with Life & Free Will, and We will have Reverence for Life & Respect the Free Will of others during the Aquarian Age. We will embody the Purity of God's Love & His Freedom. This will establish the Foundation of a Golden Age Civilization.
- We were "Created Equal", but we are not "Born Equal". This is due to the choices that we have made over many embodiments as well as our personal karma & dharma. However, we ALL have certain "God-Given Rights".

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness."

- Thomas Jefferson

(United States Declaration of Independence)

- We were created to BE Free . . . with Equal Opportunity & Potential . . . and with certain Rights no matter WHEN or WHERE we are living. If we do not know our Rights, then they can (and will) be trampled on by the Fallen Ones & their Puppets. We know that is true by what has taken place in the Past & by what is still happening in the Present.
- We know that **"Perfect Freedom requires Perfect Discipline"**. This understanding will help us to remember that Freedom does not mean simply doing whatever we want & wrongly believing that there are no consequences to ourselves & others . . . or that there is no "Divine System of Justice" to hold us accountable.
- We must also develop Wisdom & Mastery. The Greater the Freedom we have, the Greater the Wisdom & Mastery that are required so that ALL of our Expressions are Beautiful, Pure, & in Harmony with God's Will so that we do not harm Ourselves, Others, or Any Part of Life . . . and do not produce negative karma, as a result.
- It has been said, **"With Great Power comes Great Responsibility."** This is certainly true, especially when it comes to having Greater Freedom. As we make progress on the Spiritual Path (as Individuals & as a Civilization), we will rise to Higher Levels of Freedom . . . which means accessing Higher Levels of Power.

The word *Power* is often mentioned as a negative thing, but only because the actions of people (especially the Fallen Ones) are frequently expressions of impure / tainted Power (e.g., aggression, condemnation, corruption, oppression, & violence). However, God used Pure Power to Create the Cosmos! It is important to remember that "Power" is a Quality of God that we need to do ANYTHING . . . whether it is struggling to get out of bed in the morning or striving to build a New World. It ALL requires Power!

It is God's Will for Man to BE POWERFUL, but that does include Greater Levels of Responsibility . . . and, therefore, that requires Greater Wisdom, Discipline, & Mastery. The more we develop those Sacred Qualities, the more Freedom we will have. The more Freedom we have, the more Power we will also have. And on it goes in Upward Spirals of Transcendence!

- It is no coincidence that the Ascended Master Saint Germain speaks regularly about "Freedom"; He is the Chohan of the Seventh Ray . . . which is the "Ray of Freedom". It is also no coincidence that Saint Germain is the Primary Sponsor of the United States of America; that Blessed Nation does have a "Divine Destiny" to be the Center of the Golden Age & to be a "Beacon of Light, Hope, & Freedom for the Earth" during this New Age . . . and He is the Hierarch of the Aquarian Age.
- We should study the **Great Documents of Freedom** throughout history to understand our God-Given Rights (e.g., *Declaration of Independence & U.S. Constitution*).
- We should study the True Symbolism of the **Statue of Liberty** in New York City.
 - o https://encyclopedia.summitlighthouse.org/index.php/Statue_of_Liberty

Our God-Given Rights – (just a few examples)

- Freedom of ...
 - o Assembly
 - o Press
 - o Private Property
 - Religion
 - Self-Defense
 - o Speech
 - Thought

"...as the eternal Son becomes one with the Father, so I may ultimately become one with Thee in that dynamic moment when out of union is born my perfect freedom to move, to <u>think</u>, to <u>create</u>, to <u>design</u>, to <u>fulfill</u>, to <u>inhabit</u>, to <u>inherit</u>, to <u>dwell</u> and to <u>be wholly</u> <u>within the fullness of thy Light</u>.

Father, into thy hands I commend my being."

- El Morya

(The Covenant of the Magi / The Summit Lighthouse)

Gold & Crystal

- There are two Beautiful & Powerful Words that will be used often when discussing the Aquarian Age & the New World . . . *Gold & Crystal*.
- Truly, an entire book and/or website could be dedicated just to this topic alone! People would benefit immensely by Studying, Praying, & Meditating upon the Symbolism & Practical Applications for both Gold & Crystal. They will be Fundamental Elements for us Individually & for the Age of Magnificence that we are going to establish.
- The short list below cannot possibly do this topic justice, but it does provide a number of examples for people to have Greater Levels of Understanding about the importance of Gold & Crystal (Spiritually, Mentally, Emotionally, & Physically).
 - o <u>Gold</u>
 - Gold (i.e., "Precious Metal")
 - <u>Bars / Coins / Nuggets</u> (Increase the Balance, Stability, & Security of Individual Finances by owning some physical gold.)
 - <u>Edible</u> (Beneficial in Food & as a Supplement)
 - <u>Jewelry</u> (Increase the Balance & Stability of the Four Lower Bodies / Acceleration of Higher Consciousness by wearing gold necklaces, rings, etc.)
 - <u>"Precipitated Sunlight"</u> (Important for the Balance, Stability, & Consciousness of the Earth through anchoring / "solidifying" Light in the Physical Plane)
 - <u>"Talisman of the Great Central Sun"</u>
 - "Gold Standard"
 - Increase / Maintain the Balance, Stability, Security, & Prosperity of a Nation's Economy
 - Golden Age Civilization & Golden Age Technology
 - "Golden Anvil" (Gautama Buddha / The Summit Lighthouse)
 - "Golden Aura" / "Golden Halo"
 - "Golden City" (i.e., The New Jerusalem *within* & *without*)
 - "Golden Consciousness" (i.e., Christ Consciousness)
 - "Golden Harvest" (i.e., Consciousness of Love / White Eagle Lodge)
 - "Golden Light" (from the Sun Center / White Fire Core in the Heart)
 - "Golden Man of the Heart" (i.e., Holy Christ Self)

- Golden Ratio
 - Architecture
 - Art
 - Mathematics
 - Nature
 - Technology
- "Golden Rule"

"The term *golden age* did not derive from nothing. Golden age means an age based upon the gold standard—the standard of the gold of the Christ consciousness, of the golden rule, of gold as precipitated sunlight for the balance of the mind and the emotions and the flow of life even in the physical temple.

Gold, beloved ones, is necessary for the stability of consciousness as well as for the stability of the economies of the nations. Unless there be a certain portion of gold even on the body temple, the balance of the elements is not held. When the people no longer hold gold in their possession or wear gold, there is far greater mental and emotional disturbance.

Gold is the lodestone of Alpha and Omega. It is a reminder to every child of God, at the soul level, of the great throne of grace, of the great throne room that is white and gold in the Great Central Sun. It is from this room that souls of light took leave of the octaves of Spirit, descending in the planes of Mater.

It was my commission from Alpha and Omega aeons and aeons ago to establish the focuses of gold in the Matter planes among the galaxies and, thus, to teach elemental life (under the four hierarchies and through the Elohim) how the balance of forces in the four planes of Mater would be anchored through the magnetic quality of this precipitated sunlight. Thus the elementals learned to precipitate gold. And thus gold does grow in the earth, veins expand; and this balancing of energy corresponds directly, first of all, to the blueprint of the Christ consciousness of the evolutions of earth or of a system of worlds and, then, to that which has been outpictured through the threefold flame."

- God of Gold with the God Tabor

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 10, 1977)

o <u>Crystal</u>

- "Crystal Age" (i.e., "Golden Age" / "Golden-Crystal Age")
- "Crystal Bell" (The Summit Lighthouse)
- "Crystal Chalice" (i.e., Purified Four Lower Bodies / "Pure Vessel")
- "Crystal Chamber of the Heart" (The Hearts Center)
- "Crystal Cord" (The Summit Lighthouse)
- "Crystal Cup" (filled with the "Elixir of Life" / "Liquid Light")
- "Crystal-Diamond Tube of Light" (The Hearts Center)
- "Crystal Fire Mist" (The Summit Lighthouse)

- "Crystal Hearts" (The Summit Lighthouse)
- "Crystal Helmet, Shield, & Sword" (The Summit Lighthouse)
- "Crystal Light" (The Summit Lighthouse)
- "Crystal Rosary" (Kuan Yin / The Summit Lighthouse)
- "Crystal Spheres" (The Summit Lighthouse)
- "Crystal Sword" (The Summit Lighthouse)
- Crystal Technology
 - Harness the Energy of the Sun (e.g., homes & vehicles)
 - Healing
 - Molecular Structure can hold Physical & Spiritual Light
 - Record Data & Information
 - Slide-Projector to View the Akashic Records
- Crystal Temples
- "Crystallization of the God Flame" (i.e., Christ-Realization)
- "Five Crystal Rays" (The Hearts Center)
- "Terrible Crystal" / "Crystal Ray" (Ezekiel 1:22 & The Summit Lighthouse)

"Let each one, devotee, devotee of the Arahant, now, my beloved, look within to the Author, to the Finisher—look for the finishing of the Word, look for the finishing of unreality, look for the finishing of all that has gone outside of the Exalted One! Even I, the Lord Buddha, would take up my abode with you but must tarry till the Finisher establish the finishing of his work. Then let us look to new beginnings. Then let us look to the unfolding of the tightly coiled lily of the heart.

Bring forth the mighty calla lily that has come forth in my honor! Bring it forth to me now at this altar of peace. For I would bow before elemental life. I would bow before the Son of Light and all who bow before the Lord of the World.

I come to celebrate the gold-and-white calla lily within you. I come to establish the Inner Retreat. I come for the rotation and the inversion of the world—that East might become West, North become South, and the Golden Crystal Age appear!"

- Gautama Buddha

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 18, 1981)

<u>Government</u>

- Some important thoughts about Government were already shared in the "Economics" section above, so that vital information will not be repeated here.
- However, this section will be a great place to provide a few additional examples of what Future Governments will look like in the Aquarian Age. Similar to other topics that consist of many "moving parts" & greatly influence every aspect of our Society, there is no way to fully cover this issue in just a few pages. Like this entire website (and every section it contains), the goal is to provide Foundational Truths & Fundamental Ideas

that can be applied anywhere in the world . . . and upon which people can strive to build a Golden Age Civilization.

- Government (i.e., "Politics") has always been a crucial aspect of Society throughout history, and that will be true during the Aquarian Age as well. However, most of the examples of Government from the Past & Present will not be used in the New Age . . . except for the Previous Golden Ages & the Ideas / Nations that were Sponsored by the Great White Brotherhood (e.g., Lemuria, Atlantis, & the United States of America).
- It would take too long to speak about what is wrong with the Governments of the world today, and doing so would also taint the Exciting / Joyful Message that is intended to be shared here. Simply stated, we must do the opposite of almost everything that is currently being done in order to have Better Government!
- It was never God's Will for "Big Government" to exist. That was the diabolical idea of the Fallen Ones to acquire Power, Money, & Control. It must be said that it is NOT God's Will (especially when trying to build a Golden Age Civilization) to have Brutal Regimes, Corrupt Monarchies, Fascism, Marxism (i.e., Socialism & Communism), or Tyrannical Dictatorships.
- While "Democracies" are certainly preferable to the examples mentioned above, they are not Ideal and can be as corrupted / manipulated as any other form of Government (which we see happening today in 2023). The great things about a Democracy can also be negated by the terrible things that can happen (e.g., "Majority Rules" is always concerning but becomes worse when it transforms into "Mob Rules" or when the True Majority is attacked or ignored by the Globalists & Corrupt Governments that are invested in supporting the Radical Minority for various political / social reasons).

"Saint Germain sees World Communism as the greatest threat to individual freedom, especially the freedom of the soul to walk the path of initiation with the Christ and the Buddha. Where that freedom is denied, the purpose for life and for living is lost and then the very purpose for the perpetuation of earth itself is lost."

"Saint Germain teaches that without the freedom to create there is no freedom."

"The opportunity to create is the basic endowment we have with the gift of free will. When you have a government that provides everything the individual needs so that he does not have to exercise the muscles of the mind or of the soul or even move himself, then the energies of sloth, self-centeredness and the pleasure cult set in. The danger of the pleasure cult in America today is greater than ever."

- Elizabeth Clare Prophet

(https://www.summitlighthouse.org/inner-perspectives/ascended-master-saint-germain/)

What is the Purpose of Government?

- 1) **Defense**
- 2) Justice
- 3) Vision
- The Federal Government must defend The People (when necessary); must provide a Fair System of Justice; & must maintain a Vision of Greatness for the Nation, The People, & the World. Anything beyond these SHOULD NOT be done by the Federal Government! That may shock many people to hear, but it is the Truth.
- There must be "Limited Government" so that people have Power over their own lives to Walk the Spiritual Path & work together for the Greater Good. If God does not interfere in our lives or violate our Free Will, then Governments should not either. We do need some Laws (right now), but "Human Laws" will no longer be needed when people are One with their Holy Christ Self . . . and are Self-Realized & Self-Mastered.

<u>**Current Model of Power**</u> – (leads to the **Slavery** of God's Children)

$Globalists \rightarrow Federal\ Governments \rightarrow State\ Governments \rightarrow Local\ Governments$

No Power: Community / Family / Individual

Future Model of Power – (leads to the **Freedom** of God's Children)

$Individual \rightarrow Family \rightarrow Community \rightarrow Local \ Governments$

Power to Oversee: Wise Ruler/s & Selected Council

Aquarian Age Government – (just a few examples)

- "God-Government"
 - https://encyclopedia.summitlighthouse.org/index.php/God-government
- "True Republic"
 - Like what the United States of America was Divinely Designed to BE
- "Philosopher-King" / "Priest-King"
 - As mentioned by Plato (Ancient Greek Philosopher)
 - Like Melchizedek of Salem
 - Like King Arthur of Camelot
 - Ruler/s (King & Queen) who are Ascended Masters or Adepts

- "Wise Councils"
 - 12 Members (those with the most Wisdom & Mastery)
 - o 6 Men & 6 Women
- "Temple Society" (i.e., focused more on Spiritual Development)
 - Works parallel with God-Government
 - Priests & Priestesses (provide mediation / training in the Temples for those needing assistance & preparing for any role in society)
- "Honorable Politicians"
 - o Enlightened Leaders
 - Public Servants
 - o Servant Leaders
- "God's Law"
 - Everything will be done in accordance with Cosmic Law / Universal Law (i.e., God's Law).
 - o Governments will always Acknowledge & Revere that "God is over Men".
 - Nations will always be "One Nation Under God" (e.g., *Pledge of Allegiance* United States of America).

Important Reminders – (just a few examples)

- Every Nation can have a similar Foundation of Government, but they should also be established to focus on the Individuality of each Nation & Its Peoples (e.g., Culture, Dharma, Karma, & Spiritual Development). No single form of Government will be the best in ALL Nations, & there should never be a "One-World Government" by which the Globalists would take control over everyone.
- The Purest, Wisest, & most Self-Mastered Individuals should be the ones with positions in Government. Only those who have passed certain Spiritual Initiations have proven themselves as being Worthy, Deserving, & Prepared to BE True Leaders. The Light of the Aura will be seen & known by everyone; there will be no deception regarding One's True Identity & Service to either the Light or to the Dark. Those with the most Light in their Auras will easily be recognized as the Best Individuals to become Leaders, for they will have Greater Spiritual Attainment.
- Society (like the Spiritual Path) is "Merit-Based". We get what we deserve (Physically & Spiritually). Government is not intended to hold back the progress of people or force a "false equality" by taking from one group to give to another. It is not intended to prevent people from struggling or striving out of "false compassion" or "ulterior motives". How the Government is structured & how it operates should be based upon the same Founding Principles as those for the Spiritual Path.
- Government has no money of its own; the money belongs to The People. It should be spent very wisely & with complete transparency / approval from The People. There will be no need for money or taxes in the Aquarian Age. There will be no "Welfare State" / "Nanny State", for God Envisions His Children being Independent, Self-Sufficient, &

Strong. If anyone needs assistance, they will receive it from their Fellow Brothers & Sisters who are Selfless Servants dedicated to Charity & Loving Kindness.

"And so, my fellow Americans: ask not what your country can do for you — ask what you can do for your country.

My fellow citizens of the world: ask not what America will do for you, but what together we can do for the freedom of man."

- John F. Kennedy

(Inaugural Address – January 20, 1961)

- Government should be based on Universal Moral / Spiritual Principles, even though Politicians may not necessarily be associated with a particular Religion and no single Religion will dominate the Government. A "Higher Power" must be recognized, or the Fallen Ones will create a corrupt system in which THEY are the most powerful . . . and "godless" Governments inevitably decline into tyranny.
- Governments will be based on *The Golden Rule* & embody the *Cosmic Honor Flame*. Only those who demonstrate this will be allowed into Leadership Positions. As people become more One with their Holy Christ Self, they will also Purify every aspect of their Beings. This means that they will not have the "Human Ego" with ALL of its impurities negatively affecting how they Serve in Government. Corruption will simply NOT exist, which seems impossible to imagine today . . . but it is true!

"Of all the dispositions and habits which lead to political prosperity, religion and morality are indispensable supports. In vain would that man claim the tribute of patriotism who should labor to subvert these great pillars of human happiness, these firmest props of the duties of men and citizens."

> - George Washington (Farewell Address – 1796)

"Our constitution was made only for a moral and religious people. It is wholly inadequate to the government of any other."

- John Adams

("Letter from John Adams to Massachusetts Militia" - 11 October 1798)

 Governments always reflect the Spiritual Development / Levels of Consciousness of The People. If we want a "Golden Age Government", then we must make ourselves Worthy & Deserving of having it. We can easily get frustrated when we see corrupt politicians & terrible governments, but we must remember that such a situation could not exist if The People did not knowingly (or unknowingly) allow it. The Fallen Ones cannot control us when our focus is on God, Morality, & Spiritual Development. Our Vigilance is just as much about maintaining our Spirituality as it is about being watchful of "Enemies" seeking to destroy our Nation.

• We must always make sure that Governments do not turn our "God-Given Rights" into "Government-Granted Privileges".

Freedom is not a Privilege; it is a Right!

Our Rights come from God, not the Government!

- We should study the Embodiments & Teachings of El Morya & Saint Germain to learn more about God-Government in the Age of Aquarius & striving to establish a Golden Age Civilization.
- We should study the Life & Ideas of Deganawida ("The Great Peacemaker") who helped to establish The Iroquois League & whose Iroquois Confederacy was influential on Early Americans regarding the Union of the Original Thirteen Colonies.
- We should study the Lives & Ideas of the English Settlers (i.e., "The Pilgrims") who established Plymouth Colony and "The Founding Fathers of America" who established a New Nation by uniting the Thirteen Colonies, defeating Great Britain in the American Revolutionary War, & creating a New Government.
- We should study various Divinely-Inspired Ideas for effective Governance from the Past & Present in order to receive Greater Illumination & New Ideas for the New Age (e.g., *The Mayflower Compact & The United States Constitution*).

"I believe in the United States of America, as a government of the people, by the people, for the people; whose just powers are derived from the consent of the governed; a democracy in a republic; a sovereign Nation of many sovereign States; a perfect union, one and inseparable; established upon those principles of freedom, equality, justice, and humanity for which American patriots sacrificed their lives and fortunes. I therefore believe it is my duty to my country to love it, to support its Constitution, to obey its laws, to respect its flag, and to defend it against all enemies."

> - William Tyler Page (The American's Creed)

"I am come to initiate the spiral of God's will to men and women who see that the purity of heart, spoken of old by Jesus the Christ (Matthew 5:8), will enable them to see God, to know his laws, to know his will, and to manifest that dominion over the earth which will produce in the annals of time and space a record of nobility, of chastity and of charity to all. I come as the Chief of the Darjeeling Council, teaching men of goodwill how to govern themselves and then how to govern the cities and the nations. This is a time for Godgovernment upon earth. This is a time for the sealing of the governments of the nations, by divine edict, in the flame of God's holy will.

That divine edict comes forth from the Almighty as well as from your own divine God Presence. For the authority in the footstool kingdom is in the free will of man. It is in the crucible of your decision and your decision-making apparatus. If heart, head and hand you are willing to pledge your energies to the establishment of God-government upon earth, then I say it is time to examine your hearts, to examine the apparatus that establishes a decision for or against an issue, for or against the light."

- El Morya

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / September 1, 1973)

Health, Immortality, & Living Naturally

- Some very important information was already shared about Health in the "Fitness" section above, but a few more examples will be presented here.
- We can achieve so much more with *The Three Pillars of Purpose* when we are Healthy in Body, Mind, & Soul. This is not to suggest that being unhealthy / sick prevents us from working on Self-Perfectionment, providing Service to Life, & striving to Co-Create a New World. However, we are less burdened when we are Healthy, & it is easier to get things done. The Healthier we are, the Stronger we will be . . . and the Stronger we are, the more Successful we will be in our "Holy Endeavors".

"Physician, heal thyself."

- Ancient Proverb

• It can be very difficult to do anything (especially with Constancy & Excellence) when we are unwell. This includes Walking the Spiritual Path; challenging the Fallen Ones; & even just dealing with "daily tasks". We must stay Healthy & Strong in our Four Lower Bodies, and that means being Mindful of our environment, eating / drinking habits, thoughts, feelings, words, & deeds.

Purity in . . . Purity out.

Healthy in . . . Healthy out.

- The Fallen Ones have done everything they can to make the Children of God unhealthy, because that makes us less Powerful & easier to Control than when we are Healthy, Strong, & One with our Holy Christ Self.
- Being "Healthy" is Natural, and it is God's Will for Man to always BE in a State of Perfect Health & Wholeness. We can best achieve / maintain this when we focus on "Living Naturally".
- It is also God's Will for Man to have extended lives. However, it is vital to focus on *Quality* as much as *Quantity*. There is no joy in living a long life that is unhealthy & miserable. We should strive for "Quality of Life" while also doing the Right Things to have longer lifespans.
- In the Aquarian Age, we will see the end of ALL diseases / illnesses. There will be no drugs or vaccines. We will finally see the end of "Big Pharma" & those who seek to profit from people's continued health issues. We will live in complete Harmony with God & Creation (which includes Nature). We will have Healthy & Happy Individuals, Families, Communities, Nations, & World!

Healthy Individuals = Healthy Society

Healthy = Happy

Happy Individuals = Happy Society

- Increasing our Levels of Consciousness / Rising Higher on the Spiritual Ladder will lead to Healthier Living, Balanced Karma, & Purer Body, Mind, & Soul. We will also increase our "Life Expectancy" to 100 years or more. Some people will be able to maintain a Physical Body for hundreds of years like Babaji & the individuals we read about in the Old Testament.
- It is difficult for many people today to imagine living for 1,000 years, but that did take place in the Past & will happen again in the Future. At some point during the Golden Age, most people (if not ALL) will be like Babaji & can leave embodiment whenever they choose to do so and/or when they have "earned their Ascension". There will be an increase in the size of our Threefold Flame & Crystal Cord, which will increase the amount of Light that will flow into us from our I AM Presence.

Immortality – (just a few examples)

• It is God's Will for Man to become **"Immortal"**. However, this is in reference to the Soul and not the Human Body / Physical Incarnation. Our Soul reincarnates countless times, but it only becomes "Eternal" / "Immortal" by becoming One with the I AM Presence through the "Ritual of the Ascension". The Threefold Flame within is already Immortal, but the Soul needs to achieve that Sacred State by Walking the Spiritual Path.

- The Fallen Ones want Immortality as well, but they cannot have it (Physically or Spiritually). They are cut off from God / The Source. They have no Threefold Flame. They have no Light of their own and require Dark Activities (e.g., Human Sacrifice & War) in order to get Light from the blood of Lightbearers. They also use Satanic Rituals in order to work with Dark Forces to acquire / maintain Power.
- This is why they are obsessed with Technology (e.g., Artificial Intelligence, Computers, Genetic Manipulation, & Robots). They are Lightless & Lifeless, and they believe that "merging Man & Machine" is the way for them to live forever. They are focused on "Transhumanism" because they have rejected God & His Holy Will for the Spiritual Evolution of His Children & His Creation. They refuse to repent for the atrocities that they have committed & will continually reincarnate until they finally balance their negative karma or will go to their Final Judgment / "Second Death".
- On the other hand, the "Children of the Light" / the "Sons & Daughters of God" can be Beautiful, Healthy, Powerful, Pure, Whole, Wise, & Youthful. They can live in the same Physical Body, if they choose, for 1,000 years (or more?). They can be "Eternally Young" & eventually be "Immortal".
- We must also remember that our current environment (i.e., society) is designed to make us unhealthy & to die. We do not have a "Culture of Life" right now; it is a "Culture of Death" created by the Fallen Ones. We will reverse this in the Aquarian Age. What we focus on is what manifests in our lives. So, we will stop focusing on "getting old" or accepting that we will "get sick" & eventually "die". Our focus will be on God, Light, & Life! We will follow the **Path of Immortality** & emulate the Great Beings who showed us The Way.

"I AM Immortal!

What does this convey to you, beloved?

I will tell you what it [conveys to you]. Your body elemental hears. Your Christ Self hears. Your soul and your spirit hear. And in that hearing there is the calling up of the ancient memory of the Law, the law of immortality, which does declare that where the flame of immortality is, there there can be no decay, no disease, no disintegration, no death [of the soul]!

Where immortality is, there is eternal Life! And the law of mortality is struck down and neutralized by the law of immortality!

Therefore when you declare, '*I AM Immortal*!' every cell and atom and electron of your entire being responds, is quickened and affirms the same. And you reverse the spiral of death and disintegration and you enter the spiral of integration and everlasting Life right within these four lower bodies! And that soul begins to put on the permanent atom of being. And the Deathless Solar Body is woven and the strands are woven tightly until that Deathless Solar Body becomes an armour of Light invincible!

- Saint Germain

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / December 29, 1991)

<u>Tips for Immortality</u> – (just a few examples)

• Increase the Light within Us.

- Balance Negative Karma
- Breathing Exercises
- Healing Therapies (e.g., Aroma, Color, Gemstones, Light, Sound)
- Healthy Diet
- o Living Naturally / Harmony with God & Creation
- o Meditation / Visualization
- Music / Singing
- o Physical Exercises
- Purify the Aura & Chakras
- o Purify the Four Lower Bodies / entire Consciousness, Being, & World
- Purify the God-Qualities on The Cosmic Clock
- Science of the Spoken Word
- o Service to Life
- Solar Sciences / Stargazing / Sungazing
- Spiritual Exercises (e.g., Paneurhythmy & different Yogas)
- Toning of the Chakras

<u>**Tips for Living Naturally**</u> – (just a few examples)

- Books
 - Study & Apply ideas for Living Naturally (Specific recommendations will be in the "Resources" section of this website.)

• Breathing

- Study & Apply various Breathing Exercises.
- **Buildings**
 - o Study & Apply Feng Shui Principles.
 - Study & Apply Sacred Geometry for Architecture.
 - Use only natural materials for buildings.

• Care of the Physical Body

- Try to NOT use colognes / perfumes with chemicals (use only natural products).
- \circ Try to NOT use hair dye (or at least try to use only natural products).

- Try to use only natural toothpaste.
- Try to use only natural products for EVERYTHING (e.g., body & hair).
 - "If you cannot eat it, then do not put it on your body."

• Clothing & Footwear

- Try to wear things that are ethically-produced & made of only natural materials (e.g., bamboo, hemp, organic cotton, silk, wool).
 - NOT made by hurting or killing animals (e.g., certain furs, leather, etc.)
 - NOT made in "sweatshops" or through "slave labor"

• Exercise

- Try to exercise every day.
- Try to exercise in Nature as often as possible.
- Try to exercise through natural movements & using one's own body weight.

• Food & Water

- Drink natural water from rain, streams, etc. as often as possible.
- Eat organic, fresh, raw, locally-grown, in-season food with Life Force / Light.
- Listen to the body to know WHAT to eat, HOW MUCH to eat, & WHEN to eat.
- Take natural supplements (if necessary, to complement a healthy diet).
- Work to transition to a vegetarian diet.

Healing & Wellness

• Try to use natural methods for healing & sustained wellness.

• Jewelry

- Try to wear jewelry that is ethically-produced & made of only natural materials (e.g., gemstones, gold, silver).
 - NOT made in "sweatshops" or through "slave labor"
 - NOT made of animals (e.g., leather)
 - NOT made of man-made materials (e.g., plastic)

• Kin's Domain / Family Homestead

- Study & Apply the ideas for creating a Kin's Domain (which were presented in *The Ringing Cedars of Russia* book series).
 - Flowers & Trees
 - Fruits, Herbs, Nuts, Seeds, Veggies
 - Growing a "Living Fence"
 - Size of the Property
 - "Unnatural" to be Farmers, Hunters, Nomads, Peasants

• Mother Nature

- Spend time making contact / forming a connection with Mother Nature.
- Spend time outdoors to get enough sunlight, fresh air, & clean water.
- Spend time walking barefoot outdoors.
- Spend time with animals.
- Stargazing
- Sungazing

• Music of the Spheres

- Listen to the different types of Music that are inspiring / raise the consciousness & are known to have tapped into the "Music of the Spheres".
 - Including the songs that captured various Keynotes of the Ascended Masters, Etheric Retreats, & Spiritual Flames

• Reverence for Life

- o Respect for Activities / Individuals / Organizations of Light
- Respect for animals, environment, flowers, humans, trees (the entire planet)
- Respect for Sacred Sites
- Respect for the Sanctity of the Soul

• Selfless Service

- Figure out one's "Sacred Labor" & pour one's Energy / Love / Time into it.
- Live a "Purposeful Life" of serving others & bringing more Light into the world.

• Sleep

- o Blankets, Mattresses, Pillows, & Sheets made of only natural materials
- o Circular bed
- Dark rooms w/ little or no light
- Position head & feet in proper directions (re: Earth's Magnetic Poles).
- Sleep outdoors (occasionally).
- Study & Apply Feng Shui Principles for the bedroom.
- "Technology-Free Zone" (unless it is Golden Age Technology)
 - NO computers, phones, televisions, etc. in the bedroom

• Sounds of Nature

- Enjoy the outdoors & meditate upon the beautiful sounds / "music" of nature.
 - Birds chirping & singing
 - Dolphins & Whales communicating / singing
 - Rain
 - Space sounds (e.g., movement of moons & planets)
 - Water flowing (e.g., oceans, rivers, streams, waterfalls)
 - Wind blowing

• Spirituality

- Fast, Meditate, Pray, & Study.
- Live a "Spiritual Life" of Devotion, Gratitude, Joy, Love, & Reverence for both The Creator & The Creation.
- The Three Pillars of Purpose

• Spoken Word

- Communication / "Universal Language of Love"
- Science of the Spoken Word
- Vocal Training (e.g., chanting, praying, singing, speaking, storytelling, etc.)

• Tao

- \circ Study & Understand the Tao & how to flow with It.
 - Aikido & Morihei Ueshiba's Teachings
 - Feng Shui

- Qigong / Tai-Chi / Yoga
- Study & Live in Harmony with nature, people, etc.
- Taoism & Lao Tzu's Teachings
- Wudang Quan

• Technology

- Find ways to negate / prevent EMF, radiation, etc. from the house.
- Try to use only natural ways of improving technological methods & devices (i.e., to work *with* Mother Nature instead of *against* Mother Nature).
- Use technology only when necessary.

Man follows the Earth. Earth follows Heaven. Heaven follows the Tao. Tao follows what is Natural.

- Lao Tzu

(Tao Te Ching)

History

- The Past, Present, & Future are ONE for God in the "Eternal Now". That concept can be difficult for many people to understand, especially while we are still embodying on the Physical Plane & have not yet Mastered "Time & Space" or fully understand the Nature of Existence in Higher Dimensions / Planes / Realms. Therefore, we do focus on the three phases separately . . . while acknowledging that they are interconnected.
- We know that our Past created our Present, and our Present will create our Future. It makes perfect sense that we should develop a better understanding of the Past so that we can achieve the Greatest Good in the Present . . . and, thereby, achieve the Greatest Good moving forward into the Future.
- Even if some people did not consider the importance of understanding Man's Past, we must only look at the diabolical actions of the Fallen Ones to realize that there must be something to it. They have done so much around the world to hide the Truth & suppress the free-flow of information among the Sons & Daughters of God. They have tried very hard to "erase history" (and our memories), which they are still trying to do today. So, why would they do all of that . . . unless they knew just how crucial it was for Man to know His Past?!
- What the Fallen Ones do not want is for people to know *Who they are* ... *Where they came from* ... *Why they are here* ... and *Where they are going*. They do not want people to know about Previous Golden Age Civilizations or to remember "better times than today" so that we accept the nightmarish conditions that they miscreated for us.

They do not want us to know that the Holy Ones who came before us were intended to show us The Way so that we could follow in their Sacred Footsteps. It is God's Will for us to BE Powerful . . . to Live Free in the "World of Reality" . . . and to develop into "Enlightened God-Beings". That is the exact opposite of the Fallen Ones who want us to be Mindless & Powerless Slaves imprisoned in their "World of Unreality".

They also do not want us to know about their "Dark History"... going back to the story of the Fallen Angels being "cast out of Heaven" by Archangel Michael & His Legions. They have infiltrated (and control) nearly every aspect of society & seek to prevent people from knowing that they even exist. After they infiltrated the Catholic Church, for example, they sought the destruction of Enoch's books & then took control of the Doctrine to make sure that it was no longer preaching the Full Teachings of Jesus.

Secrecy is crucial for the Fallen Ones, for they must operate "in Darkness" in order to survive. We can see this same mentality among the Globalists; the most wealthy & influential people will NEVER be known by the general public. Those who are known are NOT the most powerful ones. If we know that they exist & how they operate, we can win our Freedom from them once and for all!

"And ye shall know the truth, and the truth shall make you free."

- John 8:32

- Every Adult & Child will develop a Greater Understanding of Man's History (and their own Individual History) during the Aquarian Age. They will learn incredible things that would be mind-blowing for most people to hear about today!
- We will have access to Ancient Wisdom from Future archaeological discoveries, the different "Halls of Records" around the world, the ability to read / view the Akashic Records, the ability to remember "Past Lives", & direct contact with the Ascended Masters to name just a few examples.
- We will learn the True History of the Earth & the many Evolutions of Beings that have been embodying here from around the Universe. We will learn the Cosmic History of Civilizations scattered throughout the Universe as well. All of this learning will help us to Understand God, Creation, & Ourselves in ways that most people would find difficult to imagine right now!
- This Incredible Knowledge will also be instrumental in helping us to establish a Golden Age Civilization . . . and for Man & the Earth to eventually "Ascend into the Light" (i.e., rise to Higher Planes & Levels of Consciousness).

"Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding."

- Proverbs 4:7

"What is the gospel <1> that is preached by the servants of the Lamb? It is the sevenfold statement of the law of Elohim as that law is applied by the sons and daughters of God to the sevenfold path of initiation made manifest within the Matter spheres foursquare.

The first gospel is the Gospel of God's Kingdom, his consciousness come in Spirit and in Matter through the fusion of the Light of Alpha and Omega in the Son of God. This is the gospel of the one God whose Selfhood contains the Father/Mother polarity, as above so below. It is the gospel of the eternal Spirit (masculine) ever one with the eternal Mater (feminine) manifest in cloven tongues of sacred fire in heaven and in earth. It is the gospel of the Divine Us (Elohim) ever individualized in the Person and the Principle of the Lord. The good news of this Lord, who declares I AM WHO I AM, is that Elohim is individualized within the creation in the I AM Presence of every living soul.

This is the story of God consciousness and of the covenants made between the I AM Presence and the soul. It also contains the record for all to read and run with of the interaction of souls with the I AM Presence down through the vast millenniums of earth's recorded and unrecorded history. Whether by virtue and patience or by trial and error, this outpicturing of the Law and the Lawgiver by the evolutions of earth is written in the layers of *akasha* as proof of the Everlasting Covenant of our Maker unto his offspring that those who keep his commandments will one day eat of the fruit of the Tree of Life and live forever, and those who do not obey his commandments, because they love not, shall not live forever but perish by their faithlessness and their unbelief."

- Sanat Kumara

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / August 5, 1979)

1.) "Gospel": from the Anglo-Saxon *godspel*, or "God's story"; from the Greek *euggelion* "good news, good tidings, good word," hence the "God word." The Gospel is the *story of God*. It is God's *word* delivered by his Son and his servants. It is the *good news* of salvation, the elevation of the soul to the state of grace through the incarnation of God's Word. The evangel, or evangelist, from the Latin *evangelium*, is one who goes before the angels (i.e., ascended masters) as the bearer (messenger) of the good tidings of God's Word. It is the message of grace through the incarnation of the Son in Jesus Christ and in all whom he anoints with his light of Sonship, joint-heirship.

Kin's Domains

- One of the simplest, and yet most Powerful, concepts is that of the "Kin's Domain". Also known as a "Family Homestead", this one idea can solve most (if not all) of the problems taking place in society. This is proof that some of the "easiest to understand" concepts can also be incredibly complex in what they are capable of achieving.
- The most valuable source of information on this topic is *The Ringing Cedars of Russia* book series by Vladimir Megré. It contains the story of his experiences with a Siberian Mystic called Anastasia & shares many of her Life-Altering Teachings. Her Beautiful Vision & Immaculate Concept of an "Earthly Paradise" has inspired millions of people around the world (and many more to come during the Aquarian Age).

• Among the most important ideas shared by Anastasia is that of the Kin's Domain, which is referred to as a **"Space of Love"**. Couples should have at least one hectare of land (i.e., 2.5 acres) & turn it into a "Garden Oasis" to raise a Family. In such a Sacred Place, so many seemingly simple (but incredible) things could occur.

"...I need to raise a Man, I need to raise my son. That can only be done properly where a Space of Love has been created. This Space has been created and perfected by my forebears, near and distant. It is still small, but it is what ties me to the whole substance of the Universe. Every Man must create around himself his own Space of Love, and offer it to his child. Bearing children without preparing a Space of Love for them is criminal. Every Man must create around himself a small Space of Love. And if everyone understood this and acted upon it, then the whole Earth would become the brightest focus of Love in the Universe. This is the way He wanted it, and this is Man's purpose. For only Man is capable of creating such a Space."

> - Anastasia (Book 3 – "The Space of Love" by Vladimir Megré)

- It is important to remember that Man was not intended to be a hunter or a farmer, nor should we have to go "grocery shopping" for food. God did not Create Us to have to spend so much Energy, Money, or Time just trying to feed ourselves, when that is one of the most basic human needs. Adam and Eve were not living in the "Farm of Eden", the "Apartment of Eden", the "Ghetto / Slum of Eden", or even the "City of Eden". They were living in the "Garden of Eden", which was Beautiful & Abundant with everything that they needed for a Spiritual, Natural, Healthy, Happy Life.
- We must also remember that after so long since "The Fall", we are Destined to return to the "Garden of Eden" during the Aquarian Age. Of course, this is a reference to a State of Consciousness (i.e., the Christ Consciousness & Beyond). However, we can also strive to create a Physical Garden of Eden on our personal Kin's Domain. When people around the world all freely choose to do the same, we can turn the entire world into a Magnificent Garden consisting of millions (or billions) of Individual Gardens.

"One of the greatest principles that Anastasia has taught you is that your kin domain may be sanctified through love. The sacred space of love may be created all around you by your loving intent, by your Presence and as you realize that to put off to a future life in another realm what can manifest in *this* dimension, in *this* time, here and now, is the highest folly of spiritual procrastination. For the Lord gave you dominion, through divine thought, over all the creation as his son or daughter, as Man—truly the divine man and woman, the manu ideal for all.

You see, dearest ones, when you behold perfection, beauty and the world that we are all about in co-creating in the present with clarity within your mind, then the angels, the masters, the nature spirits, the hierarchy of light, even unto the most powerful of cosmic beings, come to the aid of that collective vision and see to it that it is manifest as a reality for all. In the twinkling of an eye, you have heard, all shall be changed. And you have even heard that this eye is the eye of Elohim—the All-Seeing Eye of God. Let that

twinkling of stellar light manifest within your eyes, aligned and trued with the highest God-vision, beheld immaculately within the Creator's purview. Yes, let that be your vision, and behold light, joy, glory and peace everywhere."

- Clare de Lis

(Dictation through David Christopher Lewis / The Hearts Center / November 23, 2009)

Other Ideas to Consider – (just a few examples)

- Circular / Round Homes (a more natural "shape" for Man Spiritually & Physically; like sleeping on a Circular / Round Bed)
- Special New Age Equipment that will align the home (or a building) to the Earth's Magnetic Field to maintain stability
- Study & Apply Astronomy, Feng Shui, Sacred Geometry, & other Special Sciences that were already mentioned in the "Architecture" section above.
- Water Storage (use of Copper & one day Crystal, which is a more Golden Age Idea)
- Windows & Walls specially made to see outside but not inside (similar concept as a one-way mirror but an opaque / translucent crystal substance so that animals / birds will not crash into them like they would with a mirror)

"I tell you—because you need encouragement, beloved hearts—that this community of the Holy Spirit has become the magnet for the marriage of twin flames and of soul mates and those on the path of Almighty Righteousness. It has become the place consecrated by Saint Germain and Mother Mary and by Jesus to the holy family, where souls, together in the concept of the old homestead of America, could realize in truth the persons of the Godhead within their own family circle—and that without idolatry, but surely in the pure love of Christ, heart to heart, that combines forces, welds together the faithful, and creates truly that organic body of God that is continually bearing the fruit of the Spirit of the Holy Ghost."

- Maha Chohan

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / May 22, 1983)

Language

- A truly fascinating subject for Adults & Children to Study & Apply is "Language". It is important for so many reasons & on so many Levels.
- We know that even God used "Language" for Creation. Of course, it was not human language . . . but it was still a form of "Cosmic Language".

"And God said, Let there be light: and there was light."

- Genesis 1:3

"In the beginning was the Word, and the Word was with God, and the Word was God."

- John 1

- We know that "The Word" is "The Logos" . . . "The Light" . . . "The Christ".
- We also know that Language is used by Animals, Humans, Trees, & even Cells for Communication. For example, different animals have different languages / methods for communicating, and people living in different Nations (and even Regions) of the world have different languages / methods for communicating.
- We know that many people call Mathematics the "Universal Language", because it is the same around the world & goes beyond "Human Words" while still allowing people to communicate about that subject.
- Language is incredible in allowing people to express their thoughts verbally or through the written word. As we rise Higher in Consciousness, we will develop more Mastery in the use of Language to Communicate. This is why Language becomes more Complex as we increase our Complexity of Thought.
- We know that every Word has a meaning (or more) in the specific Languages that it is spoken. What most people may not know is that many Words (for example, in English) also have a "Spiritual Origin" that have been shared with us by the Ascended Masters. Words are "Cups of Light".
 - o https://encyclopedia.summitlighthouse.org/index.php/Word_meanings
- It is vital for Children to be taught to Read & Write using Phonics, for it is the most effective method. However, it is important for Spiritual Purposes as well (e.g., the "Science of the Spoken Word" & understanding / applying the "Power of Sound").
- It would be extremely beneficial for Adults & Children around the world to learn the Sacred Languages of *Sanskrit*, *Hebrew*, & *English*. This will allow them to better study Ancient Wisdom / Spiritual Teachings that were written in Sanskrit & Hebrew. It will also allow them to learn English, as a "Universal Language" that unites all Nations. It is also very important to know that the Ascended Masters chose English as the Primary Language to release their Wisdom Teachings to the general public over the last 150 years or so.

"The English language is a descendant of a high Atlantean tongue, which comes from angelic tongues."

- The Summit Lighthouse

(https://encyclopedia.summitlighthouse.org/index.php/English_language)

• We should know that there are "Languages of Light" & "Languages of Darkness". The Higher the Languages, the closer we get to the "Language of God". There are many Languages of Light across the Universe (on various Dimensions / Planes / Realms).

Examples

- o Advanced Civilizations
 - On Earth & on Moons / Planets / Suns throughout the Universe
- Angels
- o Ascended Masters
- \circ Elementals

"Some of the languages spoken by the people on earth today are so far removed from the original Word of the angelic tongue as to be inadequate for the transmittal of light. For this reason, the Ascended Master Saint Germain chose the English language to deliver the teachings of the Word on the I AM Presence. For the same reason, the dictations of the ascended masters delivered through our messengers over the past fifty years have also been released in the English language.

Inasmuch as there are numerous laggard languages in use today as well as the tongues of fallen angels whose languages quite understandably are also fallen languages, it is the desire of the Great White Brotherhood to see English become the second language in all nations. For the new tongue of the dynamic decree spoken in unison by hearts of light the world around will surely precipitate a rolling momentum, reversing the tide of darkness and bringing in the long-awaited golden age of peace, freedom, enlightenment, and universal love."

- Sanat Kumara

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 21, 1979)

- We know about the "Gifts of the Holy Spirit", and many of them involve Language (1 Corinthians 12:8-10):
 - o Word of Wisdom
 - Word of Knowledge
 - o Prophecy
 - Divers Kinds of Tongues (i.e., "Speaking in Tongues")
 - Interpretation of Tongues

"Beloved ones, I perceive that you are beginning to understand that the pursuit of the gift of speaking with new tongues has many ramifications. May I tell you that most noteworthy of these is your speaking the universal language of Love. For this is the new tongue that I have brought to earth in my service as bodhisattva, as Buddha, as the beautiful Christ.

The language of Love is the language of the heart whereby you are empowered by the Holy Spirit of the lineage of the Ruby Ray to transfer the understanding of the treasured teachings of the ascended masters to all people, to all levels of awareness, to all states of consciousness. This making plain the truth is making straight his paths. And the strait gate to God is the soul's ascent through the mediation of the individual Christ Self to the three-in-one of the Holy of Holies within his own Godhood."

- Sanat Kumara

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 21, 1979)

- When we rise to Higher Levels of Consciousness (and develop more Spiritual Mastery), we can communicate **Telepathically** . . . to speak without speaking through our Voice.
- We should Study & Apply the **"Power of Symbols"** when it comes to Language & expressing specific Ideas / Visions.
- We know that the Ascended Masters speak to people via "Human Languages", because they speak to (and through) Human Beings. However, we have learned that they also communicate via "Thoughtforms" . . . especially with each other at Higher Levels.

Materials

- The subject of "Materials" has been mentioned a few times already in different sections above, so there is no need to repeat all of that again here. However, it is still important for this to be a separate section of its own.
- In the Aquarian Age, EVERYTHING will be done differently. It will be in Harmony & Oneness with God . . .and that means with Creation. We will be "Living Naturally" in ALL ways, which includes the Materials that we use in our daily lives & in society.
- We will NOT be harming Animals, People, or the Environment to acquire the Materials that we need. Our "Modern Society" is dependent on plastics right now; however, we will stop using them & transition to the use of Natural & Higher Vibrational Materials.

Examples

- Gemstones (especially Crystal)
- \circ Gold
- o Silver

- \circ Stone (various types)
- Wood (possible use of naturally-fallen trees and those that are 500-years-old as mentioned by Anastasia regarding the "Ringing Cedars" of Russia)
- We must remember that there are "Unknown Elements" that have not been discovered yet, for it has been said that there are 144 Elements (and not just the 118 on our current Periodic Table). This supports the idea that we will have access to New Materials in the New Age.
- We must also remember that with Greater Purity, Wisdom, & Mastery there will come a time when we will be able to "Materialize" / "Precipitate" whatever we need. This means producing Materials already available on the Physical Plane or producing Higher Vibrational Materials by "lowering them" to the Physical Plane from the Etheric Plane.

"The balance of power in earth is always the balance of gold and of other precious commodities that store the light of the 144 elements. <5> Thus we see that the question of gold remains a key issue that must be tended to by the children of God, the sons of God in your midst. Let us not neglect those dynamic decrees, then, for the economy. For without this physical structure of the abundant life, we cannot integrate the divine plan for perpetuity in this age."

- El Morya

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / May 27, 1979)

5.) 144 elements. The 144 flames of God came forth from the twelve rays, and these flames are materialized as the 144 natural chemical elements in the physical universe, though scientists have not yet isolated all of them. Thus, the 144 flames, or virtues, are condensed as Matter, forming the platform for man's spiritual evolution from the form to the formless.

Mathematics

- Similar to the "Materials" section above, the subject of "Mathematics" also applies to other sections as well. There is no need to repeat everything that was already mentioned. However, it is still important for it to have a separate section of its own.
- Understanding the complexity of the "Mother Aspect of God" involves Mathematics & Science. Both are interconnected, and both are necessary when studying the Structure, Forces, & Operation of the Matter Universe . . . from the Macrocosm to the Microcosm.
- It is very important for Adults & Children to have a solid Foundation of Knowledge regarding Mathematics & Science, and they can build upon that Foundation if they are interested to do so for Greater Understanding and/or for a specific Profession.
- During the Aquarian Age, we will see Mathematics & Science ascend to Higher Levels. What we know right now will be "elementary" compared to what we will learn as time

goes on. For example, we will learn New Mathematics that go even beyond that which is used in Quantum Mechanics.

- We will understand God & Creation in ways that we do not right now. This certainly applies Spiritually, but it also applies Physically. We will "Spiritualize Life" much more in the Future, and that means our Spiritual & Physical focuses / strategies / techniques will be intertwined. Religion & Science / Spirituality & Technology will be ONE.
- We will Understand & Apply "Higher Mathematics" to many areas of our Individual Lives & to Society, including the "Mathematics of the Spirit" . . . the intertwining of Alpha & Omega / Spirit & Matter. There will be "Divine Mathematicians".

Examples

- o Sacred Architecture
- Sacred Art
- Sacred Music
- o Sacred Technology / Solar Sciences
- We will Understand & Apply "Sacred Geometry" in ways that have not been done since Previous Golden Age Civilizations.
 - G.O.D. "Geometry of Divinity"
 - Architecture
 - Art
 - Communities of the Holy Spirit
 - Gardens
 - Jewelry
 - Kin's Domains
 - Temple Complexes
- We will learn from the Greatest Mathematicians of the Past and also receive Direct Illumination about "Aquarian Age Mathematics" / "Golden Age Mathematics" from our Higher Self, the Ascended Masters, & other Beings of Light from Advanced Civilizations throughout the Universe.

Examples

- o Albert Einstein
- Archimedes
- Carl Friedrich Gauss
- o Euclid
- o Fibonacci
- o Hypatia
- o Isaac Newton
- o Johannes Kepler

- o Leonhard Euler
- o Pythagoras
- o Srinivasa Ramanujan

"An equation for me has no meaning unless it expresses a thought of God."

- Srinivasa Ramanujan

• We will also Study, Apply, & Transcend the Higher Mathematics demonstrated by Previous Advanced Civilizations on Earth (e.g., Lemuria, Atlantis, Egypt, & Greece).

Examples

- o Parthenon
- Pyramids around the world (including the Great Pyramid of Giza)
- It is also fascinating to consider that there is a **Unique Mathematical Expression** for each of us, as we embody in the Matter Universe. Similar to everyone having a Unique Keynote that is like a "Musical Fingerprint" by which we can be Identified, it is also an exciting thought that we have a "Mathematical Fingerprint" that does the same!

"I speak not in riddles, but to dash the cup of the finite consciousness that it might enter into the infinite consciousness of oneness. Mankind do not find it difficult to deal in fractions and decimals. They have a sense of that which is whole and that which is the parts of the whole. Mathematics is not subject to the passionate debate which clouds the issues of a true and a false theology.

God is mathematics and the supreme mathematician. He allows fractionalized fragments of his own self-awareness to inhabit the earth as the evolutions of mankind. When the parts of the Whole which comprise eighths and quarters and thirds and sixteenths of his Self-awareness return to the Whole, they will discover that there is but one God, one Christ, and one Self."

- Kuthumi & the Brothers of the Golden Robe

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / January 25, 1976)

* * * **NOTE** * * *

• It is definitely worth mentioning (especially in this section on "Mathematics") that the Ancient Greek Philosopher & Mathematician, Pythagoras, was an embodiment of the Ascended Master Kuthumi.

Media

• We know that most of the Media is controlled by the Globalists, and its "job" has been to peddle disinformation, lies, & propaganda. That has always been true, but it is more glaringly obvious now (2023) than ever before.

We cannot fully BE Free until we have Truth, and the Media has been hindering that Sacred Process on behalf of the Few who want to continue controlling the Many. They spend a great deal of Energy / Money / Time suppressing information & attacking / silencing Truth-Speakers.

In order for their "World of Illusions" to continue, they must control the narrative & destroy anyone / any information that would expose their lies & unreality. They want Power, Money, & Control . . . and will do whatever they have to in order to get it. That diabolical agenda requires keeping the general public in a permanent state of ignorance.

- Another huge problem with the Media is that the Industry is driven by making money. Good & Uplifting Stories are usually considered "boring". Happy & Positive News is supposedly "unstimulating". In order to get higher ratings (i.e., more viewers), they mostly focus on chaos, crimes, death, drama, scandals, suffering, violence, & war. Too often, they will exaggerate stories to be more dramatic & get an emotional reaction from their audience. Shockingly, many will even make up fake stories for ratings and/or for political / social reasons.
- This is not to suggest that EVERYONE in the so-called "Mainstream Media" is a Fallen One or intentionally a part of the sinister strategy to deceive / fool the Children of God. Some people do try to expose corruption & bring forth Truth . . . usually with little success, because they are controlled by their "bosses" and/or thwarted by the Corrupt Ones themselves. Others simply read whatever is put on the teleprompters, and they do not express their personal beliefs, opinions, or engage in True Investigative Journalism. Still others have no loyalty to anyone / anything but will say or do whatever they have to for Money, Privileges, & Status.
- This is one reason why the Internet was such a powerful invention. With so many websites, social media platforms, chat rooms, and so on, there is more opportunity for Light to overcome Darkness by Truth-Speakers being able to share crucial information very quickly around the world to counteract "the Liar & the Lie".

"Walk, then, as children of Truth, as initiates of Pallas Athena and the sword and the shield of Truth. And know the meaning and the power of Truth to defend the individual and the community against all enemies whose case must be founded upon error or the lie or the murderous intent. Let them then be judged for the motivation of the heart. And by their own fruits let the Law act."

- Zarathustra

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 31, 1985)

• It is God's Will for there to be "Truthful Media" in ALL Nations around the world. It is God's Will for Man to BE Free . . . which means having Truth about EVERYTHING!

Truth = Freedom

• During the Aquarian Age (and for however long the "Media" is needed), our Vision & Divine Plan must be to establish a Media that is Free, Truthful, & Uplifting. It will provide an Accurate, Balanced, Fair, & Unbiased Presentation of Local, National, & World Events. It will NOT be controlled & manipulated by the Fallen Ones & their Puppets . . . those who have been blackmailed, bribed, or intimidated.

"Mighty is the **power of truth**. And whether **truth** be whispered in the ear or shouted from the housetops does not matter. For **truth** has inherent within itself the power of deliverance. And deliverance given unto men will set them free from all that binds them and will bring them to a status of God-freedom, where the air they breathe is indeed saturated with light."

- Saint Germain

(Dictation through Mark L. Prophet / The Summit Lighthouse / August 14, 1966)

Militaries

- One of the Primary Qualities of the "First Ray of God" is **Protection**. This demonstrates that without Defense / Protection, everything else is vulnerable & at risk of being lost.
- This supports that Presidents / Prime Ministers must first seek to Protect their Citizens. Principals & Teachers must first seek to Protect their Students & fellow Staff Members. Parents must first seek to Protect their Children & Each Other. This can take place in different ways, such as establishing a "Safe Environment" & maintaining "Eternal Vigilance" in a mindful / watchful state. It requires being *Prepared*, *Purified*, & *Ready* at all times. It is motivated by Love, not by Fear.
- The world has been negatively influenced by the Fallen Angels for a very long time, and that includes their sinister agenda to attack & destroy the Sons & Daughters of God as well as Sacred Activities of Light. This has required the need for Defense / Protection as Individuals, Families, Communities, & Nations. One of the most basic Human Rights is the "**Right of Self-Defense**", because we have a God-Given Right to Live.
- This is why Nations have a Military. When they embody the *Cosmic Honor Flame* & act with Pure Intentions, the different Branches of the Military are intended to Defend / Protect the Citizens of the Nation as well as the "Defenseless & Innocent" around the world. If a smaller / peaceful Nation is being attacked by a bigger / aggressive / tyrannical Nation, then a Strong Nation should come to Its Defense (if asked to do so).

- There are times (in a "Dark World") when Physical Defense is necessary to maintain Freedom & Peace. God would not want people to use violence or hurt / kill others, but it may be needed as a last resort when all other options have been exhausted. Especially when dealing with those who do not have a Reverence for Life & seek to hurt / kill for Power, Money, & Control . . . we must Defend Life, Liberty, & Everyone's Right to Pursue Happiness. We can never allow the Darkness / Evil to consume the Light / Good.
- It is worth noting that the Branches of the Military have a Spiritual Aspect in Nations that are established by Almighty God... are sponsored by the Great White Brotherhood ... and Serve to "Defend the Light".

Example – (The Four Branches of the United States Military / Four Aspects of God / Four Elements / Four Quadrants on *The Cosmic Clock*)

Marines	Air Force	Navy	Army
Father	Son	Mother	Holy Spirit
Fire	Air	Water	Earth
Etheric	Mental	Emotional	Physical

"I tell you, beloved hearts, there must be such a fervor and such a cry of freedom that men no longer are fooled by pacifism; they are no longer fooled by the tales of ultimate threat, ultimate horror, ultimate war, and therefore stupefied into nonaction while the armies of the Soviets move on. You should not allow yourselves or your representatives to kowtow to madmen and the insane who threaten international terror and to destroy the leaders of nations.

Why, I tell you, there are hearts of fire and Christed ones worthy of the archangels, who are embodied—serving in the marine corps and the air force, the army and the navy of this nation and other nations of freedom—to whom the leaders of those nations and the generals of those forces cannot even hold a candle of light!"

"Above all, every individual heart of light ought to understand, as he understands the path of physical survival in the wilderness, also how to defend oneself under any and all conditions—how to defend one's family, how to defend one's city, one's citadel, one's community and nation. Thus, beloved ones, the posture of survival and of defense must be the left hand and the right hand of preparedness—not out of fear and not out of hatred, but out of the *peace*-commanding presence of the Buddha.

Therefore, I AM Gautama and I AM at the head of the military complexes of this nation and of all nations. I AM at the head of the **armed forces**. I AM at the head of those who command the seas in the **navies** of the nations. I AM at the head of those who command the air in all the **air forces** of all nations. And I AM at the head of those who are the marines and who go before the rest to hold the balance in fire. I AM at the head of the armies of the elementals— fire, air, water, and earth. And I AM with the mighty archangels! And therefore, if you see me seated in the mighty blue lotus and if you see me as the flying Buddha, as my disciple Milarepa, understand that we Buddhas also know where we stand on the line of peace, where peace itself is a fiery flame that swallows up war and where we *thrust* the light, whereby it is not necessary to fire a shot.

For the power of love is sufficient to the consuming of all hate and hate creation. And at every level of manifestation, individuals must bear that which is necessary to hold the line of love and bind the forces of hatred unleashed."

- Gautama Buddha

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 4, 1983)

• At the same time, Nations must be careful not to get dragged into unnecessary conflict / war or "foreign entanglements". The Fallen Ones crave endless conflict / war for many nefarious reasons. **Power**, **Money**, & **Control** are always the motivating factors.

Examples

- Destroying Democracies & Establishing Tyrannies
- o Eliminating the Middle Class w/ only the small Upper Class & big Lower Class
- Making Money (i.e., trillions of dollars)
 - Banks
 - Businesses
 - Governments / Politicians
 - "Military Industrial Complex"
- o "Regime Change" (i.e., overthrowing Strong Leaders to install "Puppets")
- "Spilled-Blood" (i.e., Stealing Spiritual Light)
- o Stealing Land / Territory
- o Stealing Natural Resources
- The Fallen Ones also want the Sons & Daughters of God to create negative karma, so they will regularly manipulate situations in order for God's Children to naively engage in the "wrong activities" for the seemingly "right reasons".

For example, the Fallen Ones use "Patriotism" / "Love of Country" against the Brave Men & Women who join the Military. Far too often, they are maimed or killed while fighting for a cause that is NOT real. They are betrayed & deceived, but they sincerely want to fight for Good Causes & are trained to follow the orders of their "Superiors". They are tricked into believing that they are fighting for "Freedom", but they often are fighting so the Fallen Ones / Globalists can increase their Power, Money, & Control.

The Fallen Ones have used this diabolical strategy throughout history, and very few conflicts / wars have been truly justified (as a last resort). Two worthy examples include King Leonidas & the 300 Spartans at the Battle of Thermopylae and the American Revolutionary War.

• During the Aquarian Age, we will see the reduction of Militaries . . . in terms of budget, operations, & size. They will eventually no longer allow themselves to be the "personal military" of the Globalists and will refuse to be used for their benefit. They will be used as "Peacekeepers" & for defending One's Nation / Others who genuinely need help. One day, there will be no need for Militaries at all . . . when the Fallen Ones are gone & there is a Golden Age Civilization.

"Let the world, then, unite as never before behind the **power of Truth**. For the dark forces have scattered the children of the Light as chaff before a wild hurricane! And they have done it because men have been easily turned aside from the **power of the Light**. It has taken no more than a fragmentary thought—a whisper, a rumor—and souls long rooted in the **power of the Christ** have departed to listen to the voices of human inharmony.

I say, then, let us cut the ties for all time that bind men to a sense of egoism and to a sense of oppression whereby they feel a need to oppress one another. Let all understand: the **power of freedom** is the greatest gift that mankind can have, and there is no higher initiation than the initiation of **absolute freedom**. For when men give unto others the same freedom that they expect to enjoy for themselves, it comes to pass that the world is raised and men literally pull themselves up by their own bootstraps!"

- Maitreya (Dictation through Mark L. Prophet / The Summit Lighthouse / April 11, 1968)

Movies & Television

- We know about the **"Power of Images"**. What we focus on, we become and/or we manifest in our lives (Individually & as a Society). If we want to BE Adepts / Buddhas / Christed Ones, then we must focus on emulating those who already achieved it. If we want a Golden Age Civilization, then we must focus on what it takes to establish one.
- People around the world are influenced by Movies & Television Shows. That has been the case for decades, but it is even more true today with the seemingly countless options for entertainment. The problem is that the majority of the entertainment contains images / music / scenes that are very harmful to the Spiritual, Mental, Emotional, & Physical Development of Man.

It should not be a surprise for anyone to hear that viewing Movies or Shows that depict sex, violence, & death (along with destructive music) does not help people to rise Higher in Consciousness. How can they rise to the **Consciousness of Heaven** when they are regularly exposed to the Consciousness of Hell through the many nightmarish Movies & Programs they watch... as well as "Astral Celebrations" like Halloween?!

"Throw out that rubbish, beloved ones, and stop all diversions that take you downstream to the astral plane, that leave engrams in the mind and in the subconscious. And you would be surprised how long it takes you to remove the patterns of motion pictures and the amplification of modern so-called music. This is because the heavy emotions and the misqualified energy of the lower chakras projected through modern movies and music affect the emotional body and the soul with an intensity that is severe. And the younger your children are when you allow them to watch violence on TV and in the movies, the more damage that is done-for life."

- Nada

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 11, 1993)

• While we should (and will) spend most of our time outdoors & living in Harmony with God & Creation, people will spend some time watching various programs. Aside from meditating, praying, & studying Spiritual Teachings, people will still enjoy Art, Music, & different forms of entertainment. However, we must replace "Unholy Programs" with "Holy Programs" / "Divine Entertainment".

This means that we must raise the Level of our Movies & Television Shows. They must be used to Inspire & Uplift people. They must be used to raise our Consciousness. If we are going to watch something, it should depict Beautiful, Joyful, Loving, & Pure Images . . . which includes Actors / Actresses of Great Purity & Higher Consciousness as well as scripts that help Civilization to Spiral Upward instead of Downward (i.e., the characters, dialogue, scenery, storyline, and so on).

Our Goal is to bring Heaven to Earth & raise Earth to Heaven. We can use Movies & Television Shows to portray the Highest Expressions of God & Creation. Television Shows, in particular, can be excellent platforms for the Arts, Drama, Music, & Sciences to help illumine people by providing educational / entertaining programs.

We must BE Vigilant. We must Guard our Body / Mind / Soul (and Third Eye Chakra) and those of our Pure & Innocent Children. If we are going to watch anything (when not outdoors in Nature), it should be Incredible Images depicting an Incredible World.
 . a New World & Golden Age Civilization. It should depict the Magnificent Scenes of the Heaven World, until we learn how to see them for ourselves through Meditation / Projecting our Consciousness / Leaving our Body.

"Visualize yourself systematically transmuting records of the ancient and near past until you have a fully cleansed temple that the Lord Christ might occupy. Yes, see yourself encircled in pulsating ovoids of violet flame . . . For what you see and internalize you shall become.

Your goal is to have the Lord Christ of you, your Holy Christ Self, occupy your four lower bodies. If those bodies are full of debris that has been stored in the attic of the brain for centuries, there is no room whatsoever for the Christ to enter in."

- El Morya

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 16, 1995)

- There is so much that could be said about the importance of Music, & a great deal was already shared on this website . . . such as the section called "Music of the Spheres" that can be found within the section on "God & Creation". Extremely valuable links were also provided for additional information. However, some vital points will still be presented here as well.
- We must understand that the "**Power of Sound**" can Create or Destroy. Therefore, we must also understand that Sound can lead to either the *Regeneration of Society* or to the *Degeneration of Society*. Music consists of different Sounds, which means that there is Great Power in Music . . . for better or worse (depending on the types of Music).
- We must also understand that the Lyrics & Consciousness of the Performers affects the Music that we hear & how it influences us. The Greater the Lyrics, Music, & Performers are, the Greater the Positive Effects will be on All of Life.
- We should study the amazing work by Hans Jenny with Cymatics / "Science of Sound" (i.e., Vibrations creating different visible patterns).
- We should study the equally fascinating work by Masaru Emoto regarding the effects of people's thoughts, feelings, & words on Water . . . as well as from Sound & Music.
- We should study the effects on plants by different types of Music (especially Classical).
- We should study & apply Music & Sound for Healing.
- We should teach Mathematics & Music together.
- We should build Beautiful Amphitheaters to perform Beautiful Music.

"I can imagine music especially designed for the **open air**, all on big lines with daring instrumental and vocal effects which would have full play in the open and soar joyously to the tree tops. Certain harmonic progressions which sound abnormal within the four walls of a concert hall would find their true value in the **open air** . . . Thus art might find regeneration and learn the beautiful lesson of freedom from the efflorescence of the trees . . . So the very air, movement of leaves, the perfume of flowers would work together in mysterious union with music which would bring all the elements into such natural harmony that it would seem to form a part of each. In this way it could be proved that music and poetry, alone of the arts, dwell in space. It is my belief that this idea will be the dream of future generations."

> - Claude Debussy (*The Cosmic Harp* by Corinne Heline)

• We should study & apply the "Rhythms of Life".

Examples

- o **4/4**
 - Four Petals of the Base-of-the-Spine Chakra
 - Release of Mother Energy from the Base Chakra
 - Kundalini / Mother Light rising upward from the Base to the Crown
 - <u>Rock Music</u> syncopated beat that drives the Energy / Mother Light downward into the Base Chakra instead of upward to the Crown
- o **3/4**
 - Rhythm of the Heartbeat
 - Balancing The Threefold Flame
 - Power of the Waltz
 - Violet Flame

"Rock music is the perversion of sound and rhythm that was already in vogue in the last days of Atlantis and was one of the factors that contributed to the breaking up and the cataclysm that resulted in the sinking of the continent."

- The Summit Lighthouse

(https://encyclopedia.summitlighthouse.org/index.php/Rock_music)

- We must understand that behavior is directly connected to Music, and we must know which types of Music will lead to Positive or Negative Behavior. For example, nobody has ever used this expression: **"Sex, Drugs, & Classical Masterpieces"**. That alone tells us that Classical Music is Positive & Rock Music is Negative.
- One criticism of Classical Music, for example, is that many people say it is "boring". It is not boring; it is very calming, harmonious, & peaceful. In our current fast-paced / over-stimulated society, too many people do not know how to be calm, harmonious, & peaceful. It does not help when they also listen to most forms of so-called "popular" / modern music that is loud, chaotic, has a heavy beat, & keeps the Energies stirred up in the Base Chakra instead of being gentle, soothing, & naturally supporting the Energies to rise upward through all of the Chakras to the Crown.

"Pop Stars" / "Rap Stars" / "Rock Stars" will fade into History & one day be forgotten. The **"Great Composers of Light**", for example, will live forever because of the Beautiful & Inspirational Music that they shared with Humanity. They helped to bring Heaven to Earth, so that we could strive to raise Earth to Heaven!

Examples

- o Bach
- \circ Beethoven
- o Brahms

- o Chopin
- o Elgar
- o Franck
- o Gounod
- o Grieg
- o Handel
- o Liszt
- o Mahler
- o Mendelssohn
- o Mozart
- Pachelbel
- o Puccini
- o Rachmaninoff
- o Rimsky-Korsakov
- \circ Schubert
- \circ Shostakovich
- \circ Sibelius
- o Sousa
- Strauss I & II
- Tchaikovsky
- o Verdi
- o Vivaldi
- o Wagner

"Music is a trinity of Life. The power of the Father is established by the rhythm. The melody becomes the intelligence of the Son. And the harmony, the embellishment, becomes the Holy Spirit."

- The Summit Lighthouse

(https://encyclopedia.summitlighthouse.org/index.php/Music)

- We should study & listen to the **"Music of the Spheres"**. We must also understand that **"Rhythm"** is the Key to the Music of the Spheres.
- During the Aquarian Age (especially a Golden Age Civilization), we will enjoy ONLY the **"Music of Nature"** & the **"Music of the Spheres"**.
- During Previous Golden Ages, only the Purest / Wisest / Most Masterful Individuals were able to compose Music, for the people understood the immense Power of Sound . . . and Its incredible ability to be used for Creative or Destructive Purposes.
- We must understand that Music & Spirituality need to remain intertwined, for they are already. Only when we separate the two (and separate Ourselves from God) do people begin experimenting with destructive rhythms. The Greatest Composers were / are very Spiritual, which is why they could / can tap into the Music of the Spheres.

- We should study & apply the Teachings / Writings on Music by the Ascended Masters & Wise Teachers (e.g., Agni Yoga, Corinne Heline, Omraam Mikhaël Aïvanhov, Peter Deunov, The Hearts Center, The "I AM" Activity, & The Summit Lighthouse).
- We should listen to the "Music of the Spheres" composed by **Dorothy Lee Fulton**. She was embodied as Brahms, was a "Messenger of Music", & earned her Ascension.
 - o https://www.summitlighthouse.org/dorothy-lee-fulton-messenger-music/
- We should study the concept of **"Keynotes"** & listen to the Heavenly Music associated with the Ascended Masters, Etheric Retreats, & Spiritual Flames.

"A keynote is that aspect of music of the spheres which fulfills the electronic blueprint of the soul in the sound ray. It is a specific melody that registers as the harmony and frequency of the soul. The ascended masters' keynotes are the music that emanates from their auras. Their keynotes can be heard with the inner ear when they are at hand.

Each person has a divine keynote. It may or may not have been recorded by a composer in this world. But some people's keynotes are so powerful that they are heard by musicians on the planet and written down, and many of these have become traditional songs. When we sing a master's keynote, we are tying into that blessed ascended-master presence."

- The Summit Lighthouse

(https://encyclopedia.summitlighthouse.org/index.php/Keynote)

• During the Aquarian Age (especially a Golden Age Civilization), people around the world will create various New Instruments by receiving "Blueprints" / Illumination of "Heavenly Instruments" that already exist on the Etheric Plane. In the meantime, we can continue to enjoy the Beautiful Sounds that are made from Special Instruments on our Physical Plane.

<u>Special Instruments</u> – (just a few examples)

- Aeolian Harp
- o Carillon
- o Esraj
- o Flute
- \circ Handbell
- o Harp
- \circ Harpsichord
- o Organ
- Pan Flute
- o Piano
- o Sitar
- o Violin
- o Zither

• As we rise Higher in Consciousness, we will better understand what types of Music are Positive & can be used to support the Spiritual Development of Man. We will create even Higher Forms of Music while accessing Higher Realms of Light. The New Age will bring forth New Music that will help us to **Save the Earth** & establish a destined **Golden Age Civilization**.

<u>Uplifting Music</u> – (just a few examples)

- o Buddhist Chants
- o Celtic
- o Christian Hymns
- \circ Christmas
- o Gregorian Chants
- o Indian Bhajans
- Indian Classical Raga
- New Age / Spiritual Music
- o Renaissance / Baroque / Classical / Romantic
- Russian Bards
- o Samaveda
- o Taoist
- o Tibetan
- o Zoroastrian

"I AM the God of Music. Therefore, *I AM determined to save the earth with music*. What is music, beloved? It is the original sound with which earth was endowed in etheric spheres. It is the sound and the hum of a bee or an electron or a child learning his first tune. Music is the melody of the soul that is always in the divine rhythm of Love. Music conveys all virtues of God. Music therefore does bring to you the inner sound of the living Word. But you are that Word, you are that Peace, you are that Peacecommanding Presence.

I propose, then, to drench the earth with the eternal sound simply because the sounds that come from the earth in this hour-the sounds of the groanings of pain as individuals pass from life through the tortures of hell (a hell of their own creation, I must say, beloved, and yet we have compassion)-the sounds of the earth violate the Christ of you and the Cosmic Virgin, [they violate] the sounds of the Infinite One.

Lo, I AM THAT I AM: I will fill all the earth with music but I must have vessels, vessels who contain the sound of our dictations, for on another track they are all music, beloved.

Music is the perpetually flowing stream. It is the River of Life. It is movement in self, and as movement, beloved, it is always power. Each change of the note, the vibration, beloved, is a release of power.

Therefore, we wrap the earth in the swaddling garment of the music of the Divine Mother. May this presence of the power of Elohim and the music of all seven rays not drown out the freewill expressions of those who have a right to their free will. But let it be such a Peace-commanding Presence, such an illumination, such an inspiration that gently by the Holy Spirit and powerfully, too, souls may be turned around, galvanized, then, to the original sound that gave them birth, the sound of the chorusing of twin flames and their retinue of angels."

- Elohim Cyclopea

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 30, 1988)

Parenting

• The topic of "Parenting" was already mentioned in some detail above in the section on "Education", but it is necessary for it to have a separate section of its own in order to provide more valuable information.

Parents have the most important job in society; they are raising the Future Leaders of the World!

- Everything that Parents think, feel, say, & do will affect their children's Bodies, Minds, & Souls. It is unbelievably important for Men & Women to remember this daily so that they will strive to provide their children with only the BEST things needed for their Natural Development.
- If we hope for our children to become a modern-day "Buddha", "Confucius", "Jesus", "Krishna", "Kuan Yin", "Mother Mary", or "Zarathustra" . . . then we need to raise them in a manner that will help them to achieve that. Of course, we want our children to become THEIR True Selves; yet, there is nothing wrong with striving to emulate the Pure God-Qualities that were demonstrated by Great Beings of Light while we work to refine ourselves . . . so that we can understand & express our own Unique Individuality.
- During the Aquarian Age, adults will understand that "Parenting" & "Education" are intertwined and that both begin BEFORE Conception. This means that adults will work to Purify Themselves in every way possible to prepare for getting pregnant. There will be no such thing as "accidents" / "unplanned pregnancies". They will be One with their Higher Selves & the Ascended Masters, and they will seek to do everything in Harmony with God's Will.
- Adults will understand Karma & Reincarnation. They will understand the Spiritual Path & what type of Environment they must establish / maintain for their children to be born, raised, & educated in. They will be "Alpha & Omega" in the eyes of their children, & they will take that role very seriously (but very joyfully). They will create an incredible "Space of Love" / Kin's Domain & provide everything that their children will need for complete development as a "Whole Person" (i.e., Spiritually, Mentally, Emotionally, & Physically).

- Adults will protect children from anyone / anything that would harm their development & allow them countless opportunities to experience everything Beautiful & Wonderful within God's Creation. They will help their children to become Strong, Independent, & Self-Sufficient . . . acting as "Outer Teachers" who guide them to the "Inner Teacher" within their Heart (i.e., their Holy Christ Self).
- Adults will understand that Sex is **"Sacred Union"** & has two purposes: **Procreation** & a **Holy Act of Oneness** (on ALL Levels) between a Man & Woman in Harmony with God & Creation. It will not be degraded or perverted, and it will not be done merely for pleasure, power, or as a meaningless activity. It will demonstrate The Great Tai Chi in the Microcosm, as a reflection of the Macrocosm . . . As Above, So Below. It will be the Union of two Twin Flames or two Soul Mates coming together in the "Eternal Now" to express the Beauty, Harmony, Joy, Love, Peace, & Purity of the Cosmic Intertwining of Yang / Yin . . . Masculine / Feminine . . . Alpha / Omega . . . Father / Mother.
- During a Golden Age Civilization when people are Adepts & fully One with their Holy Christ Selves, they will not need to "have sex" to procreate. Even though Sexual Union is a Sacred Act, we are not animals & were never intended to procreate the way animals do. Instead, couples will establish a powerful figure-eight flow . . . will have a perfect balance of Love / Wisdom / Power within each of them . . . will be Pure in their Four Lower Bodies . . . will Communicate with the Soul on the Etheric Plane that is waiting to be born . . . will Visualize a "Divine Blueprint" for a Perfect Physical Body . . . & will Combine their Sacred Energies to Materialize a Physical Body for that Beautiful Soul to enter. That may sound impossible to most people, but it will happen one day.
- Adults will prepare themselves Individually to be as Pure as possible in their Four Lower Bodies (i.e., *Etheric, Mental, Emotional, Physical*). They will have a very healthy diet, exercise, pray, meditate, engage in spiritual exercises, & strive to raise their Consciousness daily to become One with their Holy Christ Self / I AM Presence.

The Greater the Consciousness of the Adults, the Greater the Souls they will be able to give birth to, because only those with Higher Consciousness can bring forth Souls with Higher Consciousness. We cannot just "expect" to give birth to Great Beings of Light; that requires a great deal of Spiritual Purification & Testing of our Souls. Saint Joseph & Mother Mary had to demonstrate that they were "Worthy" & "Deserving" to be the Parents of Jesus (i.e., *Prepared*, *Purified*, & *Ready*), so that definitely applies to ALL Men & Women in the world as well.

(<u>NOTE</u>: There are exceptions to this for important Spiritual Reasons where High Souls are purposely born into "Dark Areas" of the world and/or to Parents of Lower States of Consciousness. This is decided by the High Souls & the Karmic Board.)

"Therefore you yourselves who would be **parents in the New Age** must become liquid, that the liquid might be purified, distilled in the fire of the golden age, that it might be poured into the mold of Aquarius, that it might become the earth, the air, the fire, and the water of the New Age."

- God & Goddess Meru

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 18, 1976)

• Adults will understand that Parenting begins BEFORE Conception, and that Pregnancy is also a crucial time for the proper development & education of the Soul... Spiritually, Mentally, Emotionally, & Physically. Parents will monitor their every Expression of Energy so that nothing harmful will negatively influence their child. Parents will also work with the Higher Self of their child on "Inner Levels" regarding development & preparation for the birth. That Soul hopes that the Parents will be Healthy & Pure ... for that Soul would like to be born as Healthy & Pure as possible.

Parents will speak to their unborn child, read stories, sing songs, pray, dance, enjoy periods of stillness & silence. Everything affects the development of the child in the womb, and Parents will be unbelievably mindful to make sure that the unborn child will be exposed to only Beneficial / Positive Influences.

The Most Sacred Place in the World ... is a Mother's Womb!

- During Pregnancy, women will meditate on Beautiful & Perfect Images; spend as much time in Nature as possible; & listen to Beethoven's "Nine Symphonies" for each of the Nine Months of Gestation.
- During the Aquarian Age, there will be Holy Temples unlike what we have in the world today. Women (& their Husbands) will go to these Temples to Meditate & Pray; they will also go regularly during Pregnancy in order to support the Natural Development of their unborn children.
- Giving birth was never intended by God to be painful; that happened after "The Fall" when Man was no longer in the "Garden of Eden Consciousness". We will return to that in the Aquarian Age.

Women will give birth at home (at their "Space of Love" / Kin's Domain). Some may have a "Temple Priestess" assist them in the process . . . not for the physical delivery but to support the Holy Ritual of bringing forth "A New Life" into the world.

Some women will choose to have "water births" with room-temperature water. Others will choose to give birth in a specially made "cradle" that will later be used as the child's bed (which was mentioned in *The Ringing Cedars of Russia* book series). The lighting will be dim; it will be quiet; the temperature of the room will be pleasant; & only natural materials will be used without immediately wrapping the child. It is a shock for the child to leave the womb, so everything will be done to make the transition as Loving, Comfortable, & Peaceful as possible.

• Parents will educate their children at home or a "Golden Age School" that is designed to provide Higher Education for Higher Consciousness . . . to provide support for Souls to Walk the Spiritual Path; become Adepts / Buddhas / Christed Ones; to establish Holy Families & Communities of the Holy Spirit; to build a Golden Age Civilization; & to help Mankind & the Earth to Ascend.

• Parents will help their children to learn the "Science of Thinking", which is not about developing the "Human Mind" but rather the "Christ Mind"... and learning to access the "Mind of God". Parents will want their children *to be given* Truth, *to seek* Truth, & *to speak* Truth. They will want their children to be Awakened / Illumined... to develop their Intuition (i.e., Attunement with their Holy Christ Self) & Critical Thinking Skills so that they cannot be brainwashed, deceived, fooled, indoctrinated, or manipulated by the disinformation, lies, & propaganda of the Fallen Ones & their Puppets.

Examples

- Surrender Beliefs & Opinions.
- o Objectively Make Observations.
- Listen Without Bias or Preconceived Ideas.
- Ask Reasonable & Valid Questions.
- Do Your Own Experiments & Research.
- o Always Remain Open-Minded.
- o Pray, Meditate, & Fast for Illumination & Guidance.
- Spend Time in Nature to Support Inner Tranquility.
- Form Your Own Conclusions.
- Never Be Attached to Your Conclusions.
- Always Seek the Truth!
- While this document (and this entire website) is focused on a Magnificent Vision for a New World (i.e., a Golden Age Civilization), we must also remember that even Jesus mentioned being "wise as serpents & harmless as doves" (Matthew 10:16).

Until the Fallen Ones are removed from the Earth, it is necessary for Adults & Children to understand that they are still "sheep in the midst of wolves". Purity & Innocence / maintaining the "Sweetness of a Child" is our True State of BEing and our Goal on the Spiritual Path. However, that does not mean we should stop being Mindful & Vigilant; it does not mean that we should not be Strong, Able, & Willing to deal with Dark Forces & Negative Influences. It is not about Fear or Paranoia; it is about being in a Balanced State of Power, Wisdom, & Love . . . and "Being Prepared" for anything.

- Parents will show their children ONLY Beautiful Things. They will be surrounded with Beauty in all aspects of their lives. They will be given the Most Beautiful / Pure / Perfect Experiences through their five senses (and beyond) . . . because that is what they will understand; that is what they will look for as they mature; & that is what they will create in their own lives (and in society). If children are exposed to (and surrounded by) the opposite of Beauty / Purity / Perfection, then that is what they will Embody & Express.
- Parents will help their children to help themselves (as mentioned by Maria Montessori). They will only do what is absolutely necessary so that unrequired assistance will not hinder the children's Natural Development. Their Sacred Duty is to provide the most effective Parenting, Environment, Materials, & Experiences that will give children whatever their Souls need in order to fulfill their Divine Plans.

It is a Holy Activity focused on the **"Preparation of the Soul"**, which takes place in different stages of development. Men & Women will understand the importance of what happens BEFORE Conception. They will understand the importance of what happens DURING Pregnancy. They will understand that the "Foundation" is established during the first seven years of a child's life. They will understand that the "Framework" is built during the next seven years of a child's life. Once children are 14-years-old (or at least by 12-years-old), they should have what they need to take their development to Higher Levels. This was demonstrated by Jesus traveling to the East during his teens & twenties to Study, Pray, Meditate, & Serve in Holy Preparation for his Sacred Mission.

• Parents will want their children (and ALL children throughout the world) to have the Greatest Lives possible . . . while taking into consideration their Dharma, Karma, & Free Will. Parents, Teachers, & every other Adult in Society will feel this way:

What kind of Adult would I be, if I did not want ALL CHILDREN to be better than me?!

- During the Aquarian Age, children will also have Direct Communication with Angels, Ascended Masters, & Elementals. These Personal Relationships will be just as Real as their relationships with family members & friends.
- Parents will understand & apply the Teachings of *The Cosmic Clock* for Themselves, their Children, their Families, their Communities, their Nations, & the World.
- Parents & their Children will be focused daily upon *The Three Pillars of Purpose* (*Self-Perfectionment, Service to Life, & Co-Creating a New World*).
- Parents will understand that their Sacred Role is to work together in Harmony, Joy, Love, & Purity to establish an "Aquarian Age Holy Family" . . . which truly is the "Cornerstone of a Golden Age Society".

"As hierarchy observes the present plight of mankind, the dilemma of personal and planetary karma, as hierarchy is concerned for mankind's transition into the golden age, hierarchy looks forth to individuals nourishing the flame, the threefold flame of life, as anchoring points for the energies and the spiral of a new age. As karma goes and as energy flows, you see, the Aquarian age is also known as the golden age of the family. For it is through the matrix of the family that hierarchy will allow sons and daughters of God to balance the energies of their karma. This matrix of the Holy Family, which was founded by Mary and Joseph and Jesus as the Trinity of Father, Mother, Son (and Holy Spirit as the flame ensconced in the three), is a matrix that does not exclude the way of the celibate, the way of priest and priestess of holy orders.

The matrix of the divine family is for the nourishment of souls waiting to be born to release the sacred fire of the golden morn into form, into the here and now for the

- Nada

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 11, 1974)

Pilgrimages & Excursions

- It was mentioned in the "Geography" section above how important it is for people to better understand the Earth, since this is "Our Home" . . . at least for now. This supports the idea that Adults & Children should make time to see / experience different places in their own Nation & around the World.
- For Learning Experiences & Spiritual Purposes, it is truly wonderful for people to have many opportunities to travel to various destinations. It was mentioned above in the "Education" section that the Learning Process during the Aquarian Age will take place in different ways and will definitely NOT take place by just reading books or listening to Adults speak.

Learning will also take place through Personal Experiences . . . using our five senses (and beyond) while we visit different places. This certainly refers to physical locations on the Surface of the Earth . . . but it also refers to locations Underground, in the "Inner Earth", on other Planets, & even on other Dimensions / Planes / Realms.

- We can Pray, Meditate, & Fast in order to receive Illumination / Guidance from our Higher Self & the Ascended Masters regarding any specific places that we should visit. There are times in many people's lives when they must go to certain locations for certain reasons beyond just "having a holiday" . . . but rather for Spiritual Development and/or to fulfill Spiritual Requirements of some kind. We can also look to the Ascended Masters' Teachings to see what specific examples they mentioned regarding various Pilgrimages / Excursions that people would benefit from.
- There are countless examples that could be given, but just a few of them are shared below (as well as in the "Education" & "Geography" sections above).

Animals

- Farms
- Nature
- Wildlife Rescue & Rehabilitation

* * * **NOTE** * * *

• It is wonderful to spend time with animals, especially in certain environments (like those listed just above). However, it is also important to remember that places like Aquariums & Zoos are NOT the "natural habitat" for animals and will NOT exist in the Future . . . during the "Age of Love & Freedom". Animals, like Humans, are intended to BE FREE. God's Beautiful Creatures should NOT be forced to live in aviaries, cages, enclosures, or tanks. *Divine Love sets Life Free!*

Monuments / Paintings / Sculptures

- Art Galleries
- Memorials
- Museums
- Outdoor Displays
- Shrines

Mother Nature

- Deserts, Gardens, Lakes, Mountains, Oceans, Rainforests, Rivers, Waterfalls
- Nature Reserves / State & National Parks

Specific Examples

- *Alps* (South-Central Europe)
- o Amazon Rainforest (Bolivia, Brazil, Ecuador, Peru, etc.)
- *Andes* (Western Coast of South America)
- o Gobi Desert (Northern China & Southern Mongolia)
- o Grand Canyon (Arizona, USA)
- *Great Barrier Reef* (Northeastern Coast of Australia)
- o Himalayas (Bhutan, China, India, Nepal, Pakistan)
- o Lake Louise (Alberta, Canada)
- Niagara Falls (New York State, USA & Ontario, Canada)
- *Norwegian Fjords* (Norway)
- Red Rock State Park (Arizona, USA)
- o Redwood National & State Parks (California, USA)
- Sahara Desert (Northern Africa)
- *Uluru* (Northern Territory, Australia)
- *Yellowstone National Park* (Montana & Wyoming, USA)
- *Yosemite National Park* (California, USA)
- Autumn Leaves in New England (USA)
- Cherry Blossoms in Japan
- Green Mountains, Lava, Ocean, Rainbows, & Waterfalls in Hawaii
- Northern Lights in Scandinavia
- Snowfall in the Rocky Mountains
- Vineyards in Italy

Music

- Festivals
- Indoor & Outdoor Concerts

Operas / Plays

• Indoor & Outdoor Performances

Sacred Places / Sites

- Dolmens (e.g., Russia)
- Islands (e.g., Hawaii, USA / "Island of the Sun" Lake Titicaca in Bolivia)
- Megaliths (e.g., Cusco, Peru / Montana, USA / Tiahuanaco, Bolivia)
- Mountains (e.g., Croagh Patrick / Grand Teton / Kailash / Shasta)
- Pyramids (e.g., Giza, Egypt / Yucatán, Mexico)
- Sphinxes (e.g., Bucegi Mountains of Romania / Giza, Egypt)
- o Bethlehem in Palestine
- o Delphi in Greece
- o Fátima in Portugal
- Garabandal in Spain
- o Jerusalem in Israel
- Lourdes in France
- o Machu Picchu in Peru
- o Medjugorje in Bosnia and Herzegovina
- o Mont-Saint-Michel in France
- *Potala Palace* in Tibet
- o Sacsayhuamán in Peru
- o Sistine Chapel in Vatican City
- Stonehenge in England
- Taj Mahal in India
- Tiger's Nest Monastery in Bhutan

<u>Universe</u>

- Observatories
- Planetariums
- Stargazing Outdoors

"The ancient tradition of pilgrimage is one that becomes more relevant every day in our busy modern world. Through making a pilgrimage to a sacred place we can reconnect with the ancient wisdom and find our own personal 'Holy Grail' of inner truth and spirituality. Wherever we live or however physically mobile we are, White Eagle tells us that we can all be pilgrims on an inner or outer level, following the guidance of the ancient light within our planet to gain a rich and beautiful spiritual heritage and connection with the world. Exploring spiritual places from the famous to the unknown, as spiritual pilgrims we make new discoveries on our spiritual path."

- White Eagle Lodge

(Walking with White Eagle in Sacred Places: A Spiritual Pilgrimage)

<u>Religion & Spirituality</u>

• There is so much that could be said about "Religion & Spirituality" that many books & websites would be needed to discuss every aspect in greater detail . . . and even then, it would be the "tip of the iceberg". This is not just in reference to *Quantity* but also to *Complexity*. As we rise Higher in Consciousness, our understanding of God & Creation also rises Higher in Complexity. It is like learning Arithmetic and then working to learn Higher & Higher Mathematics as we mature & increase our understanding.

"And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written."

- John 21:25

• The "Sacred Labor" of creating this website (i.e., *Saint Germain's New World*) was to provide Foundational Truths & Fundamental Ideas that can be used by everyone in every Nation on Earth. It was intended to be *Practical, Simple, Timeless, & Universal.* Those who read this section of this particular document are certainly encouraged to read through the entire website, for every part of it is focused on Spirituality. It will not all be repeated here, for the sake of keeping this section & this document relatively brief.

"Our God is Love and this is the religion of the golden age."

- Elohim Heros & Amora

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 11, 1988)

- The last part of this website is a Resource Page. This is an excellent place for people to see other recommendations of Books, Individuals, Organizations, & Websites that can be used to learn more about the incredible topic of "Religion & Spirituality". Of course, the purpose of any "Outer Teachings" is to lead people within their own Heart in order to receive "Inner Teachings" from their own Higher Self & the Ascended Masters.
- It is important to simply point out that the Age of Aquarius will be more Spiritual than Previous Ages . . . at least since the Previous Golden Age Civilizations. People will not focus on God & Spirituality "occasionally" or only when it is "convenient" to do so;

they will do it ALL DAY . . . EVERY DAY. We will live in a State of Oneness with God & Creation. We will focus on Love & Freedom as the Two Primary Pillars of the New Age.

Spirituality will be intertwined with EVERY aspect of our daily lives. There will be no separation between us Walking the Spiritual Path and everything else that we will be involved with. We will **"Spiritualize"** EVERY aspect of our Society, for this is how a "Golden Age Civilization" will be established!

Essential Aspects – (just a few examples)

God is in ALL. Without God, there is nothing.

The Creator is within The Creation.

- The Five L's "Foundation of Creation"
 - 1) Love
 - 2) Light
 - 3) Life
 - 4) Law
 - 5) Liberty
- Cosmic Balance & Harmony ("The Great Tao" . . . Yang & Yin / Alpha & Omega)
- **Oneness of Creation** (Everyone & Everything within It)
- Many Dimensions / Planes / Realms (Spirit & Matter)
- Four Aspects of God
 - 1) Father
 - 2) Mother
 - 3) Son
 - 4) Holy Spirit

• Three Primary Attributes of God

- 1) Power
- 2) Wisdom
- 3) Love
- Flames & Rays of God
- Sound
 - Keynotes

- Music of the Spheres
- \circ The Word
- Light
- Cosmic Law
- **Transcendence of Creation** (ALL Levels)
- Macrocosm & Microcosm ("As Above, So Below")
- Individualizations of God
 - $\circ \quad ``I \text{ AM THAT I AM''} \rightarrow ``I \text{ AM''}$
- Twin Flames & Soul Mates
- Root Races
- Thirteen Tribes
- Aquarian Age ("The New Age" / 2,150 years)
 - o Beauty & Purity
 - Illumination & Freedom
 - o Love & Joy
 - Peace & Harmony
 - Truth & Justice
- Saint Germain & Portia (Hierarchs of the Aquarian Age)
- The Three Pillars of Purpose
 - 1) Self-Perfectionment
 - 2) Service to Life
 - 3) Co-Creating a New World
- States of Consciousness (just a few examples)
 - o Buddhic
 - Christic
 - o Cosmic
 - o Edenic
 - o Yogic
 - "Heaven" (Levels on the Etheric Plane)
- Tree of Life
 - $\circ \quad \text{Hebrew Names of God}$
 - o Sefirot

• Chart of Your Divine Self

- I AM Presence
- Causal Body
- o Holy Christ Self
- o Soul
- o Threefold Flame
- o Crystal Cord
- Violet Flame
- Tube of Light
- Aura & Chakras
- Merkabah / "Deathless Solar Body"
- Body Elemental
- Walking the Spiritual Path
 - o Guru & Chela Relationship
 - o Initiations / Tests
 - Karma & Reincarnation
 - o "Outer Path" & "Inner Path"
 - The Cosmic Clock
 - o "The Eternal Now"
- Dharma / "Divine Plan"
- Heavenly Support
 - Angels
 - Ascended Masters
 - Cosmic Beings
 - \circ Elementals
- Golden Age Civilization

"You then have a responsibility; and that responsibility is to keep yourselves so filled with light that at any hour of the day or night you are found free moving, a free agent of the sacred fire-not bound by your own sense of limitation or the limitation which others would impose upon you. You must be free to accept the limitless reality of your being. You must not allow anyone to take from you the freedom to be unlimited in your God Self. God made you free, and you must defend the law of your being and your freedom to create after the image and likeness of your own God-reality.

Just as you must garner the necessary thrust of light to preserve the freedom of your soul, to preserve your soul in freedom, so the planet as a whole must retain that thrust of light that will keep it in orbit not only around the physical sun center of this solar system, but also around the spiritual sun that is the source of life for all lifewaves in the system. Each one who is able to sustain the thrust of light required to keep himself free becomes a candidate for the garnering of energies necessary to keep the planet free."

"When the chelas of the Ascended Masters will demonstrate their unity in the flame, then they will see how their combined thrust of light energy will expand the word and bring the planet into the golden age."

- El Morya

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / March 2, 1975)

Space Travel

- This interesting topic was already discussed (in some detail) in the section above called "Energy, Science, & Technology". However, it is definitely going to be important as we progress more into the Aquarian Age, so it deserves a section of its own.
- The first question that we (i.e., Humanity) should ask is this:

"Should we travel to other planets?"

• That may sound like a strange question to ask, because this is the response that most people would immediately give:

"Of course, we should! Why wouldn't we?"

• It is a fascinating topic, and nearly everyone would agree that Mankind should indeed visit other Planets when we have the ability to do so. However, the question was not about if we COULD visit other Planets but rather if we SHOULD. Having the ability to do something does not always mean that we must do it. Having Knowledge & Power to engage in specific activities does not automatically mean that we should go ahead and do them . . . at least not until we are *Prepared*, *Purified*, & *Ready*.

We will certainly develop our Space Programs, and we will certainly travel throughout our Solar System, Galaxy, & Beyond (visiting different Moons / Planets & establishing Human Colonies). However, our decision to do these things must be based on having a Higher Level of Consciousness . . . including Morality, Self-Mastery, & Wisdom.

Imagine the harm that we would cause across the Universe if we visited other Planets that were uninhabited & created situations like we have on Earth right now (2023)! Imagine the damage that we would do to Civilizations on inhabited Planets if we treat them & "Their Home" like we are currently treating each other & "Our Home"! It is a

big responsibility to make contact with other Civilizations; if we influence them (with *their* approval), we want it to be Beneficial / Positive.

The point being made here is that before we visit other Planets & interact with other Civilizations, we must Walk the Spiritual Path in order to rise Higher in Consciousness so that we will represent THE BEST of our True Selves & share THE BEST of Humanity! This is yet another reason why focusing on *The Three Pillars of Purpose* will be absolutely vital during the Aquarian Age.

We must remember that the time will come when Beings of Light from other places throughout the Universe will openly visit the Earth & share ideas with Humanity. In fact, it has already happened many times throughout history (which most people may not know). We hope that they will represent THE BEST of their True Selves & share THE BEST of their Cultures with us, so we must do the same when we travel to other Planets & interact with other Civilizations. We will be "Astronauts of the Spirit".

Earth's Interplanetary Gene Pool

"This multiplicity of cultures, along with the unique genetic endowment of the peoples, did not necessarily begin on planet earth. Likewise, the mental capacities of the people point to origins in far-off worlds and in civilizations long buried beneath the ocean floors and shifting desert sands that cover the footprints of the most primitive and the most advanced of humankind.

Earth's evolutions have been visited by extraterrestrials for aeons. Some who have studied them suggest that they arrived on earth five hundred thousand years ago, using the ancient pyramids for navigation and as landing sites, and that they have influenced the history, culture and evolution of man. Truly earth has been a crossroads for many space travelers who have repeatedly come and gone, leaving a trail of genetic material that has either raised or lowered the brain capacity of Homo sapiens.

Among the many evolutions who have come to earth, journeying long distances from their native stars, there are those of benign intent and those of not-so-benign intent. Many have been here for ages, and in the process they have made positive and negative karma with earth's evolutions."

- Saint Germain

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / June 30, 1996)

Just as there is an "Outer Path" & an "Inner Path" for Spirituality, there is an "Outer" & "Inner" aspect to ALL parts of Life. For example, there is an "Outer Science" & an "Inner Science". During the Aquarian Age, we will understand & apply more of the "Inner Science" / "Divine Sciences" that will allow us to do incredible (and seemingly impossible) things! This includes the different ways that Mankind will be able to travel throughout the Universe – (including various Dimensions / Planes / Realms).

Examples

• Spaceships

- Faster & Capable of Traveling Greater Distances
- New Energy Production & Usage
- New Materials (New Elements not yet discovered & "Organic Ships" that are *grown*, not *manufactured*)
- Large Ships for "Space Travel"
- Smaller Ships for "Exploration & Colonization" of Moons & Planets
- Super High-Tech Ships for "Interdimensional Travel"

• Teleportation

- Portals / "Star Gates" (Newly Created; Pre-Existing from Past Golden Age Civilizations; and/or Naturally-Occurring)
- Transport Machines that Teleport the Physical Body

• Spiritual Projection

- Bilocation
- Projecting the Consciousness

• Leave the Physical Body

 The Soul Leaves the Physical Body & Travels in the Etheric Body / "Light Body" / Merkabah – (during Meditation and/or when Sleeping)

o De-Materialize & Re-Materialize the Physical Body

 Consciously Transport the Physical Body by "Spiritual Teleportation" without the need for Technology – (i.e., Transport Machine)

"And you can remind yourself that the great yogi of Tibet, Milarepa, did not require a **spaceship** to journey through the skies, nor do the ascended masters or quite a number of their unascended chelas. And therefore in your science and in your proof of the Law that is truth, prefer, then, the way of the yogi and learn to levitate by the inner science.

Is this so impossible? Is anything impossible with the God of science? *Nothing is impossible*! But you must submit the totality of your consciousness and your energy! You must pursue the raising of the light of the chakras! You must realize that these discs of light whirling within you are given to you for a purpose, a cosmic purpose!

And what was the chariot of fire into which Elijah rose? Was it a spaceship? I say, no. It was the great chakra of the causal body of Elijah spinning to receive him in the cycling of energy in the ritual of the ascension. And yet those who see only a materialistic science would interpret all activities of the scientists of the Spirit in terms that they understand, and this is understandable."

- Leto

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / April 15, 1976)

"The schools of devotees of the Gurus unascended thus learn the art and the science of bilocation, of the dissolution of the bodies, the re-creation of the bodies. Our point of contact is for the anchoring in the layers of Mater of the inner light. Our spheres are for the transfer of the inner God Self and the holding of the balance for evolutions yet in ignorance, in samsaric existence."

- Milarepa

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / December 3, 1977)

Vehicles

- The topic of "Vehicles" was mentioned above (in some detail) in the "Energy, Science, & Technology" section. What was said, and will be said here, also applies to the "Space Travel" section just above as well. They are all connected through the understanding & application of Energy & Science to create New Technology for the New Age. These topics involve our Spiritual Development along with our Technological Development, for they are intertwined. Therefore, the topic of "Vehicles" needed a section of its own . . . with references to other sections of a similar nature.
- Without repeating too much of what has already been said, it is important to share a few key ideas regarding the Future of Vehicles. During the Aquarian Age, our options for transportation will change. Those who are not Spiritual are focused on a mechanical & robotic type of Society, including how they travel from place to place. We see this depicted in most Movies & TV Shows.

However, the New Age is going to be a Great Age of Spirituality, so our New Inventions will make our current technology seem extremely primitive. When we are Illumined by our Higher Selves & the Ascended Masters, we will create things that we cannot even imagine today. We will BE ONE with God & Creation!

Higher Levels of Consciousness will lead to Higher Ideas, Higher Inventions, & a Higher Society. We will be creating Technology that works in Harmony with Mother Nature. We will understand & apply the "Inner Science" / "Divine Sciences" that most people do not currently know about. With our focus on God, we will create amazing things in ALL aspects of Life during what will be called the *Age of Magnificence*!

Examples

- We will use only natural materials for Vehicles. We will shift from using "Fossil Fuels" to alternative forms of Energy Production, but the New Age Technology sponsored by the Great White Brotherhood is being suppressed by the Fallen Ones or it cannot be released to Mankind until it is certain that the Fallen Ones will not steal it & misuse it.
- Electric Vehicles are NOT the Future! The aggressive push for people to buy them is a part of the Globalists' Agenda. The Future of Technology will involve working with Natural Forces that we may not even know about yet . . . let alone understand how to utilize. It will definitely involve the "Solar Sciences", including the use of Crystals &

harnessing the Energy of the Sun to power our Vehicles. We will have Safe, Clean, Free, & Unlimited Energy.

- We will have "Flying Cars" / "Levitating Vehicles". There will be no need for tires, which are a huge source of pollution (because of the rubber & synthetic materials) . . . that few people ever discuss as being a problem (but was mentioned by Anastasia in *The Ringing Cedars of Russia* book series).
- There will not be any highways / roads like we see today. In fact, why would we need any roads if we will have Flying Cars? There will be no destruction of trees & natural landscapes; no harm or death to animals; no traffic issues; no accidents; & no pollution.
- In the "Space Travel" section above, some examples were shared regarding methods for traveling throughout the Universe. A few of those methods also apply to Vehicles, such as Portals & Transport Machines (i.e., Teleportation). The other options presented were Spiritual in nature & can be used to travel anywhere on the Earth & Beyond.

It is extremely important to remember that Advanced Technology will have its place in the Aquarian Age, for New Inventions will be used to support Mankind's Spiritual Development & to help establish a Golden Age Civilization. However, it is certainly worth noting that God did not intend for Man to become dependent on Technology.

While it does have many uses, we do not need Technology to Walk the Spiritual Path & become our True Selves. We already have EVERYTHING that we need *within us* to rise Higher in Consciousness. When we have developed enough Spiritual Mastery & Wisdom, we will do things for ourselves without using Technology like we do now.

Why would we need <u>ANY</u> vehicles, if we could . . . Bilocate, Fly / Levitate, Leave the Body, or Spiritually Teleport?

This was demonstrated many times throughout History by the Great Adepts, Buddhas, Christed Ones, Sages, Saints, & Yogis. Jesus is the most well-known example of a person doing things that people did not believe was possible. Even in our modern times, we know about various Adepts who can do similar things (e.g., Anastasia & Babaji). They are just three examples of Great Beings of Light who achieved Great Levels of Mastery & Wisdom, and they showed Mankind what we can ALL do. That is the Key; they did not seek to be worshiped or be seen as the "Exception"... for they were the "Rule" & showed us The Way.

"Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father."

- John 14:12

When we become our True Selves, we will become Unbelievably Powerful. The Fallen Ones will lose their Stolen Power, and that means "Game Over" for them! They know this, which is why they spend all of their Energy, Money, & Time trying to stop it from happening. However, they will NOT win . . . for WE will be Victorious!

"Two thousand years ago when Christ walked upon the waters of the Sea of Galilee, his demonstration was a manifestation of the natural law of levitation operating within an energy frame-work of cohesion, adhesion, and magnetism—the very principles which make orbital flight possible. The light atoms composing the body of Christ absorbed at will an additional quantity of cosmic rays and spiritual substance whose kinship to physical light made his whole body light, thereby making it as easy for him to walk upon the sea as upon dry land.

His body was purely a ray of light shining upon the waters."

- Saint Germain

(Dictation through Mark L. Prophet / The Summit Lighthouse / June 29, 1962)

"And this is the beginning of actual bilocation. First you bilocate at the etheric level, then the mental, then the astral. And finally, physically, you will be as Milarepa—here and there—and other saints who have appeared and been seen, as in the case of Padre Pio. He was seen here and he was seen there, not always physical but very physical to the eye. He may have been seen kneeling in prayer from across the room. It may therefore be the etheric body that is seen, and by and by it is stronger and stronger until you, too, can say with Lanello *before your ascension*, "Lo, I AM everywhere in the consciousness of God!""

- Nada

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / October 7, 1983)

Waste Management

• When striving to "Co-Create a New World" (i.e., build a Golden Age Civilization), we must focus on EVERY aspect of Society . . . what is not working & what must be done to change things for the better. While this document may seem long, it only focuses on the most important aspects of Society that we need to reform. It does not focus on every single topic, but what was shared is definitely enough to provide people with what is needed to begin making Incredible Changes in their own lives & around the world!

- This document was organized alphabetically so that the presentation of ideas could have some sense of "Order", which will hopefully make it easier to follow, understand, & apply by those who read it. This section on "Waste Management" is the final one.
- During the Aquarian Age, we will be living in Complete Harmony & Oneness with God & Creation . . . and that includes "Mother Nature". Our Goal is to Restore the Earth to Its Original Pristine / Pure State. God blessed us with Paradise; the Fallen Ones & their Puppets have worked to destroy that. Unfortunately, many of God's Children have either not known or have not challenged the destructive behavior.

The Air, Water, & Soil have been intentionally polluted in countless ways. This not only causes us great harm by negatively affecting our Health & Spiritual Development, but it certainly causes great harm to the Environment / the Earth. However, we will change things so that the Earth will have Pure Air, Water, & Soil once again. We cannot possibly have a Golden Age Civilization until that happens!

• Another extremely important topic is the management of our "waste". Today (2023), we can see that there is so much garbage all over the world. This is largely due to our "modern society" that consists of producing & purchasing so many products, and most of them require packaging materials. As a result, there is a great deal of garbage / waste.

In the Past, people mostly had only what they NEEDED. Today, we have so much that we do not NEED... but that we WANT. And our WANTS either change, or we WANT MORE. All of that leads to MORE waste. Also in the Past, people only used Natural Materials that decomposed / quickly broke-down to become One with Nature again. Today, we use so much plastic & other synthetic materials that can take hundreds of years to decompose.

We also see that Companies / Corporations are producing low-quality products that do not last very long. This is done intentionally to cut the costs of production & so that we must continue buying MORE of their products to replace the ones that we must throw out. All of this leads to MORE waste, which is completely unnecessary. They care about Profit, not saving the Environment!

People around the world do recycle, which is certainly better than nothing, but that is similar to bailing water out of a boat that still has holes in the bottom. We produce far more garbage than can be recycled, and too much of it cannot be recycled.

We have "garbage dumps" / landfills, which will definitely be remembered as one of the most ridiculous ideas ever presented (and applied!) in the History of Mankind. How was it ever an option for people to bury their garbage in the ground?! Instead of having so much garbage and/or finding better ways to deal with the waste, it somehow seemed like a reasonable option to cover it with dirt. "Out of sight, out of mind." Yet, that is no different than people sweeping their houses & then hiding the dirt, food particles, and so on under their rugs.

• During the Aquarian Age, we will continue to rise Higher in Consciousness. As a result, we will be focused on **Spirituality** instead of **Materiality** (e.g., purchasing unnecessary

material goods). We will produce far less waste that can be easily / naturally managed, and we will also get back to using ONLY Biodegradable & Natural Materials.

We will receive Illumination & Guidance from our Higher Selves & Angels, Ascended Masters, & Elementals about how to do things more Wisely. We must remember that the "Mind of God" has Divine Solutions for EVERYTHING!

"And you will see what vast miracle will be wrought as God saves the earth through you and you, but only one of you, for you are one. So the miracle of healing the earth and the nations is seen in your identification with the One."

- Sanat Kumara

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / February 18, 1979)

Examples

- Incinerating Garbage (and using effective filters to prevent pollution)
- "De-Materialization" of Materials (the opposite process of "Materialization" / "Precipitation")
- Use of the "Maxin Light" (described as an "Unfed Flame" in the Temple of Incal on Atlantis / The Summit Lighthouse)
 - https://encyclopedia.summitlighthouse.org/index.php/Maxin_Light

"And therefore, in many levels of earth you minister to people of many persuasions who hold to differing solutions yet who are all a part of the collective of those who see themselves on the front lines of restoring the earth to a certain pristineness. Sharing a common purpose that is nothing less than the replenishing of earth with her natural and spiritual resources, they are one even though operating from such different levels. You see, beloved ones, it takes many sorts of individuals in incarnation to achieve the healing of a planetary body whose diseases are so complex."

- Maitreya

(Dictation through Elizabeth Clare Prophet / The Summit Lighthouse / July 3, 1993)
