

# Tips for Teens – Ideas for Volunteer Work

(Local, State, National, & International)

- Assist local farmers.
- Become a Mentor – (e.g., *Big Brothers / Big Sisters* or at community groups / schools).
- Become a Volunteer Firefighter.
- Become a “Youth Representative” for the local government – (maybe even at the state, national, or international level).
- Clean up trash – (e.g., beaches, highways, parks).
- Do yardwork for those who cannot maintain their yards and do not have money to pay someone to do it for them – (e.g., mow lawns, prune branches, rake leaves, trim bushes).
- Help in “Soup Kitchens”.
- Help injured / sick animals.
- Help the homeless.
- Help the illiterate to learn how to read & write.
- Join / Start a community service group for “Good Samaritans”.
- Join / Start a “Prayer Group”.
- Organize clothing / food / supplies for those in need – (especially for Christmas).
- Plant trees – (individually or with an established group / organization).
- Provide assistance / support when there are disasters.
- Share specific knowledge & skills with those who do not have them – (e.g., computers, construction, cooking, farming, fixing things, mechanics, plumbing, sewing).
- Visit sick children in hospitals.
- Visit the elderly in nursing homes.
- Work with children in pre-school, kindergarten, & elementary schools.