

# More Tips for Teens

(Helpful for Adults to remember as well)

## Tips for Being Happy & Successful

- **Follow Your Heart** – (conscience, intuition, “Inner Teacher”)
- **Always Strive for Excellence** – (love doing well in all things)
- **Be Accepting and Grateful** – (see the best in all situations)
- **Be Kind** – (to people, animals, and the planet)
- **“What One can do, All can do!”** – (Purify, Prepare, & Take Action)
- **The Power of Perseverance** – (Be a winner, not a quitter!)
- **Victorious Mindset** – (Be a victor, not a victim!)
- **Choose Role Models Wisely** – (We become who / what we focus on.)
- **Find Good Mentors** – (Learn from those with more experience, knowledge, & skills)

## Tips for Healthy Relationships

- **The Golden Rule**
- **Lust is NOT Love.**
- **Forgive and move on.**
- **Let go!** – of control, insecurity, emotional blackmail, neediness, clinginess, jealousy, unfaithfulness, pretending, & deceiving
- **Live & Let Live** – respect Free Will and the “Right to BE”.
- **Be Pure, Strong, & Whole** – you will not need to “find someone”, because the right person will find you.
- **If you want to be with a “Princess” or “Prince Charming”, then work to be worthy and deserving of it.** – do not simply expect “the best”; you must strive to earn it. We must become what we hope to attract.

## Important Reminders for Life

- **Listen compassionately.**
- **Speak truthfully.**
- **Act wisely.**
- **Serve selflessly.**
- **Defend fearlessly.**
- **Live honorably.**